

JASPER COUNTY BOARD OF HEALTH

Jasper County Health Department: (641)787-9224

Date of Meeting: **Thursday, January 12, 2023** Time of Meeting: **11:00 AM**

Location of Meeting: Jasper Co. Office Building, 315 W 3rd St N, large conference #006, Newton, IA 50208

PUBLIC NOTICE IS HEREBY GIVEN THAT THE ABOVE-MENTIONED GOVERNMENTAL BODY WILL MEET AT THE DATE, TIME, AND PLACE ABOVE SET OUT. THE TENTATIVE AGENDA NOTICE, OF WHICH THE CONTENT CAN BE SUBJECT TO CHANGE, (PER CHAPTER 21, CODE OF IOWA), FOR SAID MEETING IS AS FOLLOWS:

The virtual meeting option is provided for convenience and cannot guarantee access; if a member of the public wishes to ensure participation in the meeting, they should attend in person.

Zoom or phone by calling (312) 626-6799, ID 97157736051# or link <https://jasper.zoom.us/j/97157736051>

Tentative Agenda: Jasper County Board of Health:

Item 1: Call to order: Roll call of Jasper County Board of Health members

Item 2: Margot Voshell- recognition for 12 years of service to the Board of Health from State of Iowa Health & Human Services- Heather Bombei (Information)

Item 3: Welcome, Jody Eaton, new Board of Health member. Appointed on 12/20/2022 by the Board of Supervisors for a 3-year term. (Information)

Item 4: Election of Chair for Board of Health 2023 (Action)

Item 5: Approval of the Agenda: (Action) (Attachment, 1 page)

Item 6: Approval of Minutes: November 10, 2022 (Action) (Attachment, 2 pages)

Item 7: Other Outside Agency Reports: (Information)

- 1.) Environmental Health report: Kevin Luetters, Community Development (Attachment, 1 page)
- 2.) MICA- WIC, First Five, I-smile (December 22 newsletter) (Attachment, 2 pages)
- 3.) EFR, Kairee Bishop (no handouts)

Item 8: Budget FY23 and FY24 (7/1/2023 to 6/30/2024) (Action)

Item 9: Public Health Emergency Preparedness NIMS training update - (Information)

Item 10: Program reports

- Jasper County Health Department report
- Jasper County Cares updates- meetings, resource guide, and projects (Attachment, 52 pages)
- LPHS Quarterly report- FY23, Q2 (Attachment, 3 pages)
- Iowa's 2023-2027 State Health Improvement Plan (Attachment, 16 pages)

Item 11: Public input: This is the time of the meeting that a citizen may address the Board on matters that are included in the agenda or a matter that is not on the regular agenda. After being recognized by the Chair, each person may be given three (3) minutes to speak as time allows. Comments and/or questions must be related to the policies or services and shall not include derogatory statements or comments about any individual. Except in cases of legal emergency, the Board cannot take formal action at the meeting but may research the matter or have the matter placed on a subsequent agenda.

Item 12: Next meeting Date: Thursday, March 9, 2023, 11:00 AM

Location: Jasper County Office Building, 315 W 3rd St N, large conference room #006, Newton, Iowa 50208

Item 13: Motion to Adjourn: (Action)

JASPER COUNTY BOARD OF HEALTH

Jasper County Health Department: (641)787-9224

Date of Meeting: **Thursday, November 10, 2022**

Time of Meeting: **11:00 AM**

Location of Meeting: Jasper Co. Office Building, 315 W 3rd St N, large conference 006, Newton, IA 50208

Item 1: Call to order: 11:00 AM

Roll call: Board of Health Members: Margot Voshell, Julie Smith, Mike Balmer

Absent Dr. Cope, Donna Akins

Employees: Becky Pryor, Kristina Winfield, Melissa Gary

Outside agencies: Environmental Health, Kevin Luetters

ZOOM: American Lung, Reshana VanDeuren; MICA, Megan Thompson; Newton News, Jamee Pierson

Item 2: Approval of the Agenda:

Motion to approve by: Mike Balmer **Second by:** Julie Smith **Motion Passed:** Unanimously

Item 3: Approval of Minutes: September 08, 2022

Motion to approve by: Julie Smith **Second by:** Mike Balmer **Motion Passed:** Unanimously

Item 4: Other Outside Agency Reports:

1.) Environmental Health report: Kevin Luetters, Community Development – Kevin stated the last 14 grants for septic systems were approved by the DNR. Since it is late in the year, a lot of the systems will not be installed until next year. A total of just over \$400,000 in grant money was given to Jasper County residents for new septic systems. Jamie has started indoor pools, tanning, and tattoo inspections. Kevin stated that indoor pools are hard due to the overturn with hotel staff. They have been called for a lot of stray dogs. If they can find the owners, they will take the dogs to the owners before taking them to Parkview Animal Hospital. Shelby is understanding all the different parts of her job and is doing very well. See 1 page attachment

2.) I-smile FY22, 4th quarter final report, Melissa Woodhouse not present – As Marion County is no longer in Jasper County's service area, Marshall County will provide these services through their MICA program. See 2-page attachment

3.) American Lung Association of Iowa: Annual Tobacco Control Report – See 3-page attachment

Item 5: Environmental contract: Swimming pool, spa, and tattoos (7/1/2022 to 6/30/2025) - This contract includes all indoor pools, tanning, and tattoo inspections in Poweshiek County as well as Jasper County. See 7-page attachment.

Motion to Approve by: Mike Balmer **Second by:** Julie Smith **Motion Passed:** Unanimously

Item 6: Board of Health dates for 2023 – See 1 page attachment

Motion to approve by: Julie Smith **Second by:** Mike Balmer **Motion passed:** Unanimously

Item 7: Program reports

- Jasper County Health Department: Becky discussed the grant billing for September and October. She explained that all the staff's working time is billed to grants as of right now. See the 1-page attachment.
- Jasper County Cares Meetings – There has been 2 meetings, both have been successful. Becky explained the Health Department has been working on the contact list and recourse guide for Jasper County. See the 1- page attachment.
- Ebola Virus Disease – See the 1-page attachment
- School Immunization Audits complete for 5 school districts – A total of 5146 immunization records have been audited. See the 1-page attachment.
- Events: Trick or Treat, Red Ribbon Week, Literacy Night

CPPC funded trick-or-treat bags and flashlights for all kindergarteners in Jasper County. Officer Julie Britton with the Newton Police Department also handed out the trick-or-treat bags at the YMCA Family Fall Festival and on Halloween. Officer Britton stated there were over 3,000 at the event on Halloween. We delivered bags with coloring books and pages, red ribbons, substance misuse information, posters, and giveaways to all the schools in Jasper County for Red Ribbon Week from October 24-28. We also donated books to Literacy Night at Lynnville Sully School.

Homecare – (Melissa Gary) One less client; the total is now 9. “Home Instead has been a wonderful asset to the clients, they are getting the time they need, weekly, as scheduled.” All agencies have been informed of the rate increase and the ability to add a half hour to the client’s times as needed.

Item 9: Public input: None

Item 10: Next meeting Date: Thursday, January 12, 2023, 11:00 AM

Location: Jasper County Office Building, 315 W. 3rd Street N., large conference room #006, Newton, Iowa

Item 11: Motion to Adjourn: **Time:** 11:49am

Motion to approve by: Mike Balmer **Second by:** Julie Smith **Motion passed:** Unanimously

Minutes taken by: Melissa Gary on November 10, 2022, at the BOH meeting

January 12, 2023

Board of Health

Environmental Reporting to Jasper County Board of Health
For FY2023

Environmental Reporting	FY2023	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Septic Eval & Inspections		12	18	13	12	14	11						
Time of Transfer Inspections		8	9	7	10	7	7						
New Water Wells		1	0	0	0	0	0						
Plugged Water Wells		2	4	0	1	2	1						
Water Tests		1	0	0	0	2	1						
Pool/Spa Inspections		6	0	0	0	9	3						
Tanning Facility Inspections		0	0	0	0	5	5						
Tattoo Facility Inspections		0	1	0	0	2	6						
Septic Tank Pumper Inspections		0	0	0	0	0	0						
Nuisance Complaints		7	5	4	4	5	5						
Rabies / Dog Bites		3	3	0	0	0	0						
Radon Test Kits Sold		0	1	0	0	0	0						
Any Issues or Complaints		0	0	0	0	0	0						



Mid-Iowa Community Action (MICA)

Helping People. Changing Lives. Building Communities.

Serving Families in: Boone, Hardin, Jasper, Poweshiek,
Marshall, Story and Tama Counties.

Board of Health Newsletter December 2022

WIC Participation	November 2022
Marshalltown	1271
Grinnell	177
Tama	208
Colfax	61
Newton	370
Settlement	10
Boone	249
Ames	1043
Nevada	105
Traer	30
Brooklyn	30
Agency Total	3554

*WIC grant requires participation numbers in all BOH newsletters.

MICA'S Learning Communities

IDEA (Inclusion, Diversity, Equity & Action) Members are planning the annual Equity Summit, a learning opportunity for all MICA staff. Guest speakers will talk about cultural competence and incorporating equity strategies into our practices.

Trauma Informed Resiliency Team
Working to improve onboarding process for new staff. Implementing Health and Wellness Initiatives at the agency to improve overall health for staff.

Data & Process Committee
Coordinating the rollout of a new data system that will allow MICA programs integrate services and collect data in a more streamlined approach.

MICA Health Services staff decorated a tree for the Festival of Trees in Grinnell. The team put together a tree highlighting all of MICA's health programs.



Pictured above are Deanna Coop, Noemi Nava-Castellanos, Jana Larsen and Araceli Roberts.

May your holidays be full of warmth and cheer.

~The MICA Health Team

For more information about MICA Health Services call 641-752-7162

Additional Health Program Updates:

Child Care Nurse Consultant (CCNC)

The Child Care Nurse Consultant program is looking to hire another RN to work in Jasper & Poweshiek Counties. This nurse will provide Child Care Nurse Consultant duties as well as direct Child Health services at local WIC/Child Health clinics. So far, in FY23 the CCNC has engaged 62 childcare providers, done 48 site visits and has taken 172 technical assistance calls. TA calls consisted of illness exclusion for RSV, influenza, COVID, pneumonia, croup, hand foot and mouth, impetigo, bed bugs or scabies, emergency preparedness info, potty training guidance, social emotional wellness issues, infant feeding/breastfeeding, toddler feeding, immunization guidance, playground equipment and surfacing guidance. The CCNC has completed three trainings; training 36 childcare providers in Medication Administration and completing a skills check-off for each.

WIC

One goal of the WIC program is to provide education and support for breastfeeding participants. Since the beginning of FY23, MICA's WIC program has started to work on specific breastfeeding initiatives. One of the goals we are working towards is for all of our dietitians/nutrition educators to have a breastfeeding credential. We currently have two International Board Certified Lactation Consultants (IBCLC) and three staff with either the Certified Lactation Counselor (CLC) certification or Certified Lactation Specialist certification. By mid FY23 all of our dietitians/nutrition educators will have this credential which will ensure all families who need additional breastfeeding support will be able to receive quality support and all of our dietitians/nutrition educators will have the knowledge and confidence to provide that education and support.

Breastfeeding Peer Counseling

The BFPC team continues to support local women as they start or continue their breastfeeding journey. Peer counselors are on call any time to help moms work through common breastfeeding issues. They are available to meet with families in person, virtually, over the phone or through text or email communications. These support mechanisms give moms the education, support and confidence needed to continue breastfeeding their baby, which provides numerous health benefits for both mom and baby.

1st Five

1st Five funding has been awarded for the FY23 grant year, which starts January 1, 2023. The service area will look a little different this year; MICA will provide 1st Five services in Boone, Story, Marshall, Tama, Jasper and Poweshiek Counties.

Maternal Health

The Maternal Health Program continues to provide education and support services for pregnant women in our 6 county service area. The Maternal Health Director will be starting a local Maternal Health Coalition. This group will allow providers and community partners a time and space to dive into local services, gaps and ways to better support maternal health initiatives in Central Iowa. If you are interested in being a part of the Maternal Health Coalition contact Jana Larsen, jana.larsen@micaonline.org

Pick A Better Snack

Pick A Better Snack lessons are in full swing in 7 local elementary schools. Anson, Hoglan, Fisher, Franklin, Rogers, Woodbury and South Tama Elementary Schools are participating in these lessons for 2nd and 3rd graders.

I-Smile

The I-Smile Team has been busy placing sealants at local eligible schools. Since October 1, 2022, they have completed oral health screenings on 787 kids and placed 1,964 sealants on 432 kids. These sealants are placed at no cost to students in schools with 40% or higher free and reduced lunch rates.

Jasper County Health Department

Course Number Course Name	IS 100 Intro to ICS	IS 200 ICS for Single Resources	IS 700 NIMS An Introduction	IS 800 NRF	
Individual Responsible for NIMS at Healthcare Agency					
<i>Emergency Preparedness Coordinator</i>					
EP Coordinator	Rebecca "Becky" Pryor	Date 9/23/2013	Date 9/23/2013	Date 10/6/2013	Date 10/7/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study
Command Staff					
<i>Incident Commander</i>					
Primary Incident Commander	Rebecca "Becky" Pryor	Date 9/23/2013	Date 9/23/2013	Date 10/6/2013	Date 10/7/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study
Secondary Incident Commander	Kristina Winfield	Date 12/8/2016	Date 12/8/2016	Date 12/19/2016	Date 12/19/2016
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	EM Institute- Tony Russell
Tertiary Incident Commander	Josh Harding	Date 1/13/2011	Date 7/27/2015	Date 7/23/2015	Date 1/29/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Glenn A. Raines/Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Vilma S. Milmoe/ Independent Study
<i>Public Information Officer</i>					
Primary PIO	Josh Harding	Date 1/13/2011	Date 7/27/2015	Date 7/23/2015	Date 1/29/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Glenn A. Raines/Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Vilma S. Milmoe/ Independent Study
Secondary PIO	Rebecca "Becky" Pryor	Date 9/23/2013	Date 9/23/2013	Date 10/6/2013	Date 10/7/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study
Tertiary PIO	Kathy Ellis	Date 1/11/2011	Date 8/25/2011	Date 1/12/2011	Date 8/30/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Vilma S. Milmoe/ Independent Study	Vilma S. Milmoe/ Independent Study	Vilma S. Milmoe/ Independent Study	Vilma S. Milmoe/ Independent Study
<i>Liaison Officer</i>					
Primary Liaison Officer	Susan Young	Date 11/18/2020	Date 9/24/2021	Date 12/21/2020	
		Certificate Yes	Certificate Yes	Certificate Yes	
		FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	
Secondary Liaison Officer	Josh Harding	Date 1/13/2011	Date 7/27/2015	Date 7/23/2015	Date 1/29/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Glenn A. Raines/Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Vilma S. Milmoe/ Independent Study
Tertiary Liaison Officer	Rebecca "Becky" Pryor	Date 9/23/2013	Date 9/23/2013	Date 10/6/2013	Date 10/7/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study
<i>Safety Officer</i>					
Primary Safety Officer	Ryan Eaton	Date 4/16/2014	Date 4/16/2014	Date 3/20/2017	Date 2/13/2022
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	FEMA online, Jeffrey Stern
Secondary Safety Officer	Kevin Luetters	Date 7/30/2008	Date 8/5/2008	Date 3/6/2008	Date 12/20/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Fires Service Training Bureau/ Randal Novak	Ind Study- Russell
Tertiary Safety Officer	Josh Harding	Date 1/13/2011	Date 7/27/2015	Date 7/23/2015	Date 1/29/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Glenn A. Raines/Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	Vilma S. Milmoe/ Independent Study
General Staff					
<i>Operations Chief</i>					
Primary Operations Chief	Melissa Gary	Date 6/27/2019	Date 6/28/2019	Date 4/7/2020	Date 4/16/2020
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		FEMA online	FEMA online	FEMA online	FEMA online
		Date 4/16/2014	Date 4/16/2014	Date 3/20/2017	Date 2/13/2022

G-290 / PIO Basic
Course
Date 2/15-2/16/2017
Certificate Yes
Alex Carfrae/Oskaloosa
Date 2/15-2/16/2017
Certificate Yes
Alex Carfrae/Oskaloosa
Date 4/22/2022
Certificate Yes
Ind Study- Jeffrey Stern

Secondary Operations Chief	Ryan Eaton	Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	FEMA online, Jeffrey Stern
Tertiary Operations Chief	Kristina Winfield	Date 12/8/2016	Date 12/8/2016	Date 12/19/2016	Date 12/19/2016
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	EM Institute- Tony Russell
Planning Chief					
Primary Planning Chief	Kristina Winfield	Date 12/8/2016	Date 12/8/2016	Date 12/19/2016	Date 12/19/2016
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Tony Russell/ Independent Study	EM Institute- Tony Russell
Secondary Planning Chief	Kathy Ellis	Date 1/11/2011	Date 8/25/2011	Date 1/12/2011	Date 8/30/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study
Tertiary Planning Chief	Susan Young	Date 11/18/2020	Date 9/24/2021	Date 12/21/2020	
		Certificate Yes	Certificate Yes	Certificate Yes	
		FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	
Logistics Chief					
Primary Logistics Chief	Kevin Luetters	Date 7/30/2008	Date 8/5/2008	Date 3/6/2008	Date 12/20/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Fires Service Training Bureau/ Randal Novak	Ind Study- Russell
Secondary Logistics Chief	Susan Young	Date 11/18/2020	Date 9/24/2021	Date 12/21/2020	
		Certificate Yes	Certificate Yes	Certificate Yes	
		FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	FEMA online, Jeffrey Stern	
Tertiary Logistics Chief	Melissa Gary	Date 6/27/2019	Date 6/28/2019	Date 4/7/2020	Date 4/16/2020
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		FEMA online	FEMA online	FEMA online	FEMA online
Finance/Admin Chief					
Primary Finance/Admin Chief	Kathy Ellis	Date 1/11/2011	Date 8/25/2011	Date 1/12/2011	Date 8/30/2011
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study	Vilma S. Milmoie/ Independent Study
Secondary Finance/Admin Chief	Melissa Gary	Date 6/27/2019	Date 6/28/2019	Date 4/7/2020	Date 4/16/2020
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		FEMA online	FEMA online	FEMA online	FEMA online
Tertiary Finance/Admin Chief	Kevin Luetters	Date 7/30/2008	Date 8/5/2008	Date 3/6/2008	Date 12/20/2013
		Certificate Yes	Certificate Yes	Certificate Yes	Certificate Yes
		Tony Russell/ Independent Study	Tony Russell/ Independent Study	Fires Service Training Bureau/ Randal Novak	Ind Study- Russell

Jasper County Health & Human Services Information Guide



updated 1.2023

Please send any updates to
jaspercocares@jasperia.org

Help!

In the State of Iowa, Help is 3 Numbers Away



211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

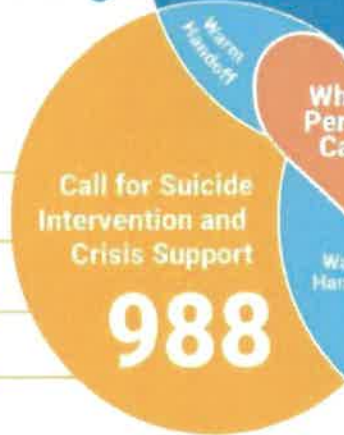


211 also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

988 provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress



911 provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation



Your Life Iowa - Crisis line and resources

Call: 855-581-8111

Text: 855-895-8398

Website: <https://yourlifeiowa.org/>

Live chat is available.

JASPER COUNTY OFFICES

County Office/Dept	Address	Phone Number
Assessor	101 1 st Street N., Newton	641-792-6195
Auditor	101 1 st Street N., Newton	641-792-7016
Board of Supervisors	101 1 st Street N., Newton	641-792-7016
CICS (Mental Health)	315 W. 3 rd Street N., Suite 200 Newton	641-791-2304
Community Development (Zoning & Environmental)	315 W. 3 rd Street N., Suite 150 Newton	641-792-3084
Conservation	1030 W. 2 nd Street S., Newton	641-792-9780
County Attorney	114 W. 3 rd Street N., Newton	641-792-5010
Driver's License	315 W. 3 rd Street N., Suite 500 Newton	641-792-3815
Elderly Nutrition	2401 1 st Avenue E., Newton	641-792-7102
Emergency Management	1030 W. 2 nd Street S., Newton	641-792-7555
Engineer	910 N. 11 th Avenue E., Newton	641-792-5862
General Assistance	315 W. 3 rd Street N., Suite 200 Newton	641-791-2609
Health Department	315 W. 3 rd Street N., Suite 100 Newton	641-787-9224
Recorder	101 1 st Street. N., Newton	641-792-5442
Sheriff	2300 Law Center Dr., Newton	641-792-5912
Treasurer (Property Taxes)	315 W. 3 rd Street N., Suite 500 Newton	641-792-7731
Veteran Affairs	315 W. 3 rd Street N., Suite 250 Newton	641-792-7993

Website: <https://www.jasperia.org/>

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ASSISTANCE

IMPACT

Addresses homeless prevention, low-income home energy assistance, food vouchers, emergency rent and utility assistance, low-cost, weatherization, senior living program, and legal aid.

600 N. 2nd Avenue W.

Newton, IA 50208

Phone: 515-518-4770

Website: www.iacommunityaction.org Open Thursdays 8 AM-4 PM or by appointment

United Way of Jasper County

Provides financial assistance to a variety of health and human services programs.

312 1st Avenue W.

Newton, IA 50208

Phone: 641-791-1684

Website: www.unitedwayofjaspercounty.org

United Way's 211 Service

Helpline that connects anyone with local support and resources. This is a free and confidential service available 24 hours a day 7 days a week.

Phone: 211 Text your Zip code to 898211

Website: <https://www.211iowa.org/>

General (Utility, Food, Clothing, Etc.)

Care for Yourself

Free mammograms, pap tests, HPV, & cervical diagnostic testing, & yearly office visit to women ages 40 -64 who are uninsured or under-insured, or women who have HPV cancer symptoms.

Phone: 515-286-2095

Website: <https://idph.iowa.gov/cfy>

Discover Hope

Free community meal available Monday thru Friday from 11:30am to 1pm.

733 1st Avenue E.

Newton, IA 50208

Phone: 641-841-0598

Website: www.discoverhope517.org

Free & Reduced Schools Lunch Program: *Income eligible children can have school lunch costs paid through the USDA. Please contact your child's school in your area to get more information.*

Jasper County General Assistance

Low-income Jasper County residents' assistance for individuals applying for Social Security Disability, crisis funds to avoid utility disconnect or eviction, & a 1 time fill for certain meds.

315 W. 3rd Street N., Suite 200

Newton, IA 50208

Phone: 641-791-2609

Website: <https://www.jasperia.org/170/General-Assistance>

Mid-Iowa Community Action, Inc. (MICA) - Jasper County Services

1001 S. 18th Avenue
Marshalltown, IA 50158
Phone: 641-752-7162

Website: www.micaonline.org

-Maternal & Child Health- MICA

For children 0-22 years old and women who are pregnant, or just had a baby. This program assists in finding healthcare coverage and healthcare providers or dentists, provides education to promote a healthy pregnancy, evaluates emotional stress and family adjustment to pregnancy and parenting, arranges transportation to medical and dental appointments, provides nutritional education, and a home visit after you deliver your baby.

-I-Smile

Provides free dental screening for those 0-21 and pregnant women. I-Smile works with all the schools to provide dental screenings and fluoride treatments, when needed.

-Women, Infants and Children (WIC) program.

Times and locations:

1.) Newton Salvation Army:

1st Monday of every month 9 AM-3 PM

2nd Tuesday of every month 10 AM-5 PM

2nd Monday and Wednesday of every month 8:30-4PM

2.) Howard St. Christian Church, Colfax

1st Wednesday of every month 8:30-4PM

Neighbors Helping Neighbors

Free laundry to those that need assistance.

Email: newtonneighbors@gmail.com

Website: <https://www.facebook.com/NHNNewton/>

Salvation Army

Emergency assistance with rent and utilities for low-income residents of Jasper County who have received utility disconnects or rental evictions. Also offers food pantry, clothing, and household assistance.

301 N. 2nd Avenue E.

Newton, IA 50208

Phone: 641-792-6131

Facebook: <https://www.facebook.com/SalvationArmyNewton/>

CHILDCARE

Assistance for Families in finding care, resources, & trainings for childcare providers

Child Care Resource & Referral of Central IA (CCR&R)

Connects families with quality early care and education options and facilitate professional development opportunities for the adults who care for and educate our youngest Iowans. Nurse consultants are available for daycares.

Agency Phone: 800-722-7619 or 641-820-1923

Website: <https://iowaccrr.org/>

Iowa State University Extension Outreach (ISUEO) Early Care and Education

Training tools to support professional growth, parent education, or technical support with childcare issues. Offers a wide variety of professional development training on early childhood topics, a resource library of educational materials and themed kits.

550 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-5437

Website: <https://www.extension.iastate.edu>

Daycare Centers and Preschools

Baxter

Baxter Community Pre-Kindergarten

Pre-Kindergarten classes for the Baxter Community School District.

202 E. State Street

Baxter, IA 50028

Phone: 641-227-3102

Website: www.baxtercsd.com/district

Growing Greatness Childcare Center

Childcare for children aged 6 weeks to 12 years. Preschool offered for 3 and 4 years old, before and after school programming, and a summer school age program.

110 N. High Street

Baxter, IA 50028

Phone: 641-227-3811

Email: growinggreatnesslearningcenter@gmail.com

Colfax-Mingo

Colfax Community Preschool, Inc.

Offers Pre-kindergarten classes through the Colfax-Mingo School District.

20 W. Broadway Street

Colfax, IA 50054

Phone: 515-674-9154

Email: colfaxcompreschool@aol.com

Young Heart Children's Center

Provides childcare for children aged 6 weeks to 12 years. Programs offered include before and after school programming, and a summer school age program.

31 E. State Street

Colfax, IA 50054

Phone: 515-674-9225 Email: younghearts@qwestoffice.net

Lynnville- Sully**Diamond Trail Children's Center**

Provides childcare for children aged 6 weeks to 12 years. Programs offered include 3- and 4-year-old preschool, 4-year-old Pre-Kindergarten classes for the Lynnville-Sully School District, before and after school programming, and a summer school age program.

301 East Street

Lynnville, IA 50153

Phone: 641-527-2200 Email: diamondtrail@netins.net

Inspirations Child Care and Preschool

Provides childcare for children aged 6 weeks- 12 years. Programs offered include 4-year-old Pre-kindergarten classes for the Lynnville-Sully District, before & after school programming, & a summer school age program.

1005 2nd Street

Sully, IA 50251

Phone: 641-594-3355

Email: inspirationsully@gmail.com

Newton**Drake University Head Start**

Provides 4-year-old Pre-kindergarten class through the Newton Community School District.

2713 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-792-2498 Preschool services is 515-271-1854 or 1-800-443-7253 ext. 1854

Website: <https://www.drakeheadstart.org/>

Imagine Childcare Center

Provides childcare for children aged 6 weeks to 12 years. Programs offered include 3- and 4-year-old preschool, before and after school programming, and a summer school age program.

1017 E. 7th Street N.

Newton, IA 50208

Phone: 641-787-9172 Email: Imaginechildcare22@gmail.com

Newton Early Learning Academy

Childcare for ages 6 weeks to 12 years. Preschool for 3- and 4-year-olds, before and after school programming, and a summer school age program.

2713 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-787-2002 Email: thenelafamily@gmail.com

Peck Child Development Center

Provides before, after and no school childcare along with summer childcare. 3- and 4-year-old preschool is available. Childcare is available for children 2 years of age and older.

513 E. 5th Street N.
Newton, IA 50208
Phone: 641-792-7228
Email: peckchildcare513@gmail.com

SHARE Preschool

Provides a 3-year-old preschool class and a 4/5-year-old preschool class.

1115 S. 8th Avenue E.
Newton, IA 50208
Phone: 641-792-8639
Email: sharepreschoolnewton@gmail.com

YMCA Child Care Center & Preschool

Provides childcare for children aged 6 weeks to 12 years. Preschool: 3- and 4-year-old pre-school, Pre-kindergarten for the Newton School District, before & after school, and a summer school age program.

1701 S. 8th Avenue E.
Newton, IA 50208
Phone: 641-792-4006
Website: www.newtonymca.org

Freedom for Youth- Newton

Faith based before, after and summer programs for all school aged children. They meet on Thursdays from 3:30-5:30 pm and this includes a dinner for the kids!

733 1st Ave E
Newton, IA 50208
Website: <https://freedomforyouth.org/newton>

PCM Community School District

Monroe Elementary School

Provides Pre-Kindergarten classes for the PCM Community School District.

400 N. Jasper Street
Monroe, IA 50170
Phone: 515-994-8222
Website: www.pcmschools.org

Prairie City Elementary School

Provides Pre-Kindergarten classes for the PCM Community School District.

309 E. Plainsmen Road
Prairie City, IA 50228
Phone: 515-994-8222
Website: www.pcmschools.org

CHIROPRACTIC SERVICES

Hunter Clinic of Chiropractic

207 S. 2nd Avenue E.

Newton, IA 50208

Phone: 641-791-2224

Fikse Chiropractic

612 4th Street

Sully, IA 50251

Phone: 641-594-4299

Website: www.fiksechiropractic.com

Koenen Chiropractic

200 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-787-1710

Website: www.koenenchiropractic.com

Mattes Family & Sports Chiropractic

119 1st Avenue W.

Newton, IA 50208

Phone: 641-787-0311

Website: www.matteschiropractic.com

Midwest Wellness Chiropractic Clinic

206 E. Marion Street

Monroe, IA 50170

Phone: 641-259-3044

Website: <https://www.midwestwell.com/>

Parsons Chiropractic

222 1st Street N.

Newton, IA 50208

Phone: 641-792-2344

Website: www.parsonschironewton.com

Trier Family Chiropractic

9 N. Walnut Street

Colfax, IA 50054

Phone: 515-674-3272

Baxter Chiropractic

107 S. Main Street

Baxter, IA 50028

Phone: 641-227-3730

COMMUNITY GROUPS

Boy Scouts of America, Mid-Iowa Council

6123 Scout Trail

Des Moines, IA 50321

Phone: 515-266-2135

Website: <https://scoutingiowa.org/>

Girl Scouts of Greater Iowa

10715 Hickman Road

Des Moines, IA 50322

Phone: 800-342-8389

Website: <https://www.girlscoutsiowa.org/>

Greater Newton Area Chamber of Commerce

113 1st Avenue W.

Newton, IA 50208

Phone: 641-792-5545

Website: <http://experiencenewton.com>

Jasper County 4H (ISU Extension and Outreach)

550 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-6433

Website: <https://www.extension.iastate.edu/jasper/4h>

Newton Noon Kiwanis

This nonprofit organization helps in serving the children of the community in various ways.

Members meet at first and third Wednesdays at United Presbyterian Church at 11:50 AM.

223 E. 4th Street N.

Newton, IA 50208

Website: www.newtonkiwanis.org

DENTISTS & DENTAL SERVICES

Associated Dentists

600 E. 17th Street, Suite A
Newton, IA 50208
Phone: 641-792-4832
Website: <https://www.associateddentistsofnewton.com/>

Colfax Dental Services

475 N. Walnut Street
Colfax, IA 50054
Phone: 515-674-4466
Website: www.colfaxdentalservices.com

Family Dentistry

613 4th Street
Sully, IA 50251
Phone: 641-594-4285
Website: <https://www.grinnelldentist.com/>

Loucks Buren Orthodontics

411 E. 17th Street S.
Newton, IA 50208
Phone: 641-792-7811
Website: <https://www.loucksburenortho.com/>

I-Smile MICA

I-Smile is for kids and pregnant women, I-Smile at school is for preventative care for school aged children, and I-Smile Silver is for all adults within a ten-county pilot project area.

1001 S. 18th Avenue
Marshalltown, IA 50158
Phone: 641-752-7162
Website: www.micaonline.org

Love Your Neighbor Dental Clinics (LYN)

Serves the needs for Jasper County residents. Basic dental needs are provided. These services include a basic cleaning, fillings, and extractions. A \$10 copay for all procedures to cover the cost of the paper items. Dentists volunteer their time. Must make an appointment only.

108 N. 2nd Avenue E.
Newton, IA 50208
Phone: 641-792-9600
Website: <https://macefamilydentistry.com/> More information on Facebook

Mace Family Dentistry

108 N. 2nd Avenue E.
Newton, IA 50208
Phone: 641-792-9600
Website: <https://macefamilydentistry.com/>

Prairie City Dental Service

111 N. Main Street

Prairie City, IA 50228

Phone: 515-994-2210

Website: www.colfaxdentalservices.com

The Dental Practice

1919 1st Avenue E.

Newton, IA 50208

Phone: 641-792-2780

Website: <http://thedentalpractice.net>

Van Hemert Family Dentistry

320 E. 3rd Street N.

Newton, IA 50208

Phone: 641-792-4234

Website: <https://www.vanhemertfamilydentistry.com/>

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Department of Health and Human Services (DHHS) Local Office- Newton

315 W. 3rd Street N., Suite 600

Newton, IA 50208

Phone: 641-792-1955

Website: <https://dhs.iowa.gov/>

Department of Health and Human Services (DHHS) Des Moines Office

2309 Euclid Avenue

Des Moines, IA 50314

Phone: 515-725-2600

Website: <https://dhs.iowa.gov/>

- **Child Care Assistance:** *Helps pay for childcare while parents or caretakers work, attend school, look for employment or are unable to care for children due to medical reasons.*
- **Families First:** *Department of Health and Human Services (DHHS) program to help families stay together and prevent the need for foster care.*
- **Parent Partners:** *An innovative social work practice. It is unique because it celebrates individuals that have overcome obstacles through change, recovery, and accountability. Parent Partners are advocates for families. They also hold families accountable by through their case plan goals.*
- **Supplemental Nutrition Assistance Program (SNAP):** *An entitlement program that provides monthly benefits to assist low-income households in purchasing the food, they need to maintain adequate nutritional levels.*

DEPARTMENT OF HEALTH AND HUMAN SERVICES-IA MEDICAID ENTERPRISE

Iowa-HIPP UNIT

Affordable Care Act Health Insurance Marketplace

Phone: 1-800-987-6810

Website: <https://www.healthinsurance.org/states/iowa/>

Website: www.healthcare.gov

Hawk-I (Healthy & Well Kids in Iowa) & Hawk-I Dental Only

To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-I income limits. Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get Hawk-I.

Medicaid (also called Title 19)

Provides health coverage through a Managed Care Organization (MCO). Some members get coverage through the Medicaid Fee-for-Service Program.

Toll Free: 800-338-8366

Managed Care Organization (MCO) Contact Information

- Amerigroup Member Services – 1-800-600-4441
Website: <http://www.myamerigroup.com/IA>
Amerigroup Transportation Request.: Call LogistiCare at 1-844-544-1389
- Iowa Total Care Member Services - 1-833-404-1061
Website: <https://www.IAtotalcare.com/>
Iowa Total Care Transportation Request: 1-833-404-1061

Non-Emergency Medical Transport (NEMT)

Services are for members with full Medicaid benefits, who need travel reimbursement or a ride to get to their medical appointments. Eligible members will receive NEMT services from different NEMT brokers depending on their eligibility status and whether they receive coverage directly from IA Medicaid Fee-for-Service or are enrolled in the IA Health Link managed care program.

Iowa Health and Wellness Plan (IHAWP)

Provides Comprehensive health coverage at low or no cost to Iowans between the ages 19-24. Eligibility is based on household income. An IA Medicaid program.

Phone: 515-256-4606 Toll Free: 800-338-8366

Website: <https://dhs.iowa.gov/ihawp>

DISABILITY SERVICES

Capstone IHH Program

Capstone's Integrated Health Program provides a team of professionals working together to provide whole-person, patient-centered, coordinated medical, behavioral and social support services for Medicaid eligible adults with mental illness. The program is designed to improve access to care; improve the overall health care experience; and improve health outcomes of participants.

1123 1st Avenue E.

Newton, IA 50208

Phone: 641-792-4012

Website: www.capstonebh.com

Salvation Army Loan Closet

The Loan Closet accepts donation of used medical equipment (wheelchairs, beds, crutches, etc.) Equipment is sanitized & loaned to those who are unable to purchase new equipment.

424 S. 2nd Avenue E.

Newton, IA 50208

Phone: 641-792-6113

Progress Industries (PI)

Residential and vocational services for children and adults with mental & physical disabilities. Home & community-based services, supported community living, intermediate care facility for persons with mental retardation, pre-vocational work services, psychological rehabilitation for people with mental illness, supported employment, & day habilitation program.

202 N. 3rd Avenue W.

Newton, IA 50208

Phone: 641-792-6119

Website: www.progressindustries.org

Kid Assist

Loan of equipment such as walkers, bath & toileting aids, adapted bikes, low-tech switches & toys, bedside tables, adapted swim aids, swings, & other types of positioning aids for sitting & standing individuals with disabilities can have the opportunity to experience an improved quality of life.

213 N. 3rd Avenue E.

Newton, IA 50208

Phone: 641-521-1153

Website: <https://www.facebook.com/KidAssistInc>

DISASTER ASSISTANCE

American Red Cross – Iowa Rivers Chapter

2116 Grand Avenue

Des Moines, IA 50312

Phone: 515-243-7681 24 hr. Phone: 515-243-4054

Website: <https://www.redcross.org/local/iowa.html>

Jasper County EMA (Emergency Management Agency)

1030 W. 2nd Street S.

Newton, IA 50208

Phone: 641-792-7555

Website: www.jasperema-hls.org

EDUCATION-COMMUNITY BASED

24/7 Dads – Discover Hope

A 12-week comprehensive class offering dads the tools, strategies, and exercises for all fathers and at any stage of fatherhood.

733 1st Avenue E.

Newton, IA 50208

Phone: 641-841-0598

Website: www.discoverhope517.org

Iowa State University Extension & Outreach (Jasper County Office)

Programs, resources, & educational opportunities: Agriculture & Natural Resources, Business & Industry, Communities, Continuing Education, Families, & 4H & Youth Development.

550 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-6433

Website: <https://www.extension.iastate.edu/jasper/>

Parents As Teachers (PAT)

Provides information, support, and encouragement parents need to help their children develop optimally from prenatal to age 5.

Marion County Public Health

2003 N. Lincoln Street

Knoxville, IA 50138

Phone: 641-828-2238 ext. 223

Website: <https://marionph.org/parents-as-teachers/>

Pregnancy Center of Central Iowa

Free and confidential pregnancy testing, counseling, information, practical assistance, & referrals. Earn While You Learn with Pregnancy, infant care & development, toddler, & parenting classes. "Money" earned can be spent in our store for diapers, infant and children's clothing, maternity clothing, and baby equipment.

709 1st Avenue W., Suite 1

Newton, IA 50208

Phone: 641-792-3050 Website: www.pccia.org

Understanding Dads for Moms

This is an 8-week class aimed at helping moms with the challenges of motherhood via improved communication skills, co-parenting, and understanding the father's role in parenting. The class is sponsored by Children and Families of IA and facilitated by DH517 volunteers.

Discover Hope

733 1st Avenue E.

Newton, IA 50208

Phone: 641-841-0598

Website: www.discoverhope517.org

EDUCATION-SCHOOLS

College

DMACC – Newton Campus

600 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-791-3622 or 800-362-2127

Website: www.dmacc.edu

Elementary, Middle, High School, Alternative School Baxter Community School District

Baxter School District Office

202 E. State Street

Baxter, IA 50028

Phone: 641-227-3102

Website: www.baxtercsd.com/

Baxter Elementary School, Phone: 641-227-1121

Baxter High School, Secondary: 641-227-3103

Colfax-Mingo Community School District

Colfax-Mingo School District Office

1000 N. Walnut Street

Colfax, IA 50054

Phone: 515-674-3646

Website: www.colfax-mingo.k12.ia.us

Colfax-Mingo Elementary School

20 W. Broadway Street

Colfax, IA 50054

Phone: 515-674-3465

Colfax-Mingo Middle and High School

204 N. League Rd

Colfax, IA 50054

Phone: 515-674-4111

Lynnville-Sully Community School District

Lynnville-Sully Elementary, Middle, and High School

12476 Hwy. F-62 E.

Sully, IA 50251

Phone: 641-594-4445

Website: www.lshawks.org

Sully Christian School

12629 S. 92nd Avenue

Sully, IA 50208

Phone: 641-594-4180

Website: <https://sullychristian.org/>

Newton Community School District

Newton Christian School

1710 N. 11th Avenue E.

Newton, IA 50208

Phone: 641-792-1924

Website: www.newtonchristianschool.com

Newton Schools Administration Offices

1302 1st Avenue W.

Newton, IA 50208

Phone: 641-792-5809

Website: www.newton.k12.ia.us/

Newton Senior High School

800 E. 4th Street S.

Newton, IA 50208

Phone: 641-792-5797

Berg Middle School

1900 N. 5th Avenue E.

Newton, IA 50208

Phone: 641-792-7741

Aurora Heights Elementary School

310 E. 23rd Street S.

Newton, IA 50208

Phone: 641-792-7324

Emerson Hough Elementary

700 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-792-3982

Thomas Jefferson Elementary School

112 Thomas Jefferson Drive

Newton, IA 50208

Phone: 641-792-2498

Woodrow Wilson Elementary

801 S. 8th Avenue W.

Newton, IA 50208

Phone: 641-792-7311

West Academy Alternative High School

Provides an alternative educational environment for Jasper County as well as Pella Students.

1302 1st Avenue W.

Newton, IA 50208 Phone: 641-792-0335

PCM School District

Monroe Elementary School

400 N. Jasper Street
Monroe, IA 50170
Phone: 641-259-2314
Website: www.pcmschools.org/

Prairie City Elementary School

309 E. Plainsmen Road
Prairie City, IA 50228
Phone: 515-994-2377

Prairie City Monroe Middle School

407 E. Plainsmen Road
Prairie City, IA 50228
Phone: 515-994-2686

Prairie City Monroe High School

400 E. Hwy. 163
Monroe, IA 50170
Phone: 641-259-2315

EDUCATION-SPECIAL SERVICES

Heartland Area Education Agency – Newton Office

Works in partnership with public & accredited private schools to provide educational services, programs & resources for improving student achievement & building cultural competence. serve children from birth to age 21, families, educators, & communities.

600 N. 2nd Avenue W., Suite 259
Newton, IA 50208
Phone: 641-792-4870 or 800-670-5740
Fax: 641-792-4518
Website: www.heartlandaea.org

Newton Public Library

Provides free educational services in the community. Offers free library cards.

100 N. 3rd Avenue W.
Newton, IA 50208
Phone: 641-792-4108
Website: www.newtongov.org/90/Library

EMPLOYMENT SERVICES

Employment Network Services

Services people 18-retirement age who receive social security income (SSI) or social security disability income (SSDI) or both with tools and job services for those who are eligible to enter the workforce or gain independence.

The Place for Progress

113 S. 2nd Avenue E

Newton, IA 50208

Phone: 641-275-3363

Website: www.progressindustries.org

Iowa Workforce Development-Promise Jobs

200 Army Post Road

Des Moines, IA 50315

Phone: 515-281-9619

Website: www.iowaworkforcedevelopment.gov/

Iowa Vocational Rehabilitation Services (IVRS)

Works for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include college funding, job training, employment search, assistive technology, medical & psychological assessment, and physical/mental restoration services.

Website: <https://ivrs.iowa.gov/>

Iowa Valley Community College/Marshalltown Community College

3702 S. Center Street

Marshalltown, IA 50158

Phone: 641-844-5628

Website: www.iavalley.edu

FOOD

Also see IHHS, schools free/ reduced meals, & Jasper Co. Elderly Nutrition.

Baxter Food Pantry

203 S. Main Street

Baxter, IA 50028

Phone: 641-227-3391 Hours: M-F 10am-7pm, Bread Line: 2nd Tues. 9:30-10:30am

Colfax-Mingo Area Food Pantry-Organized by the Assembly of God Church

126 E. Howard Street

Colfax, IA 50054

Phone:515-674-4335, Tracy:515-971-2292, Mandy:515-661-2045, Matt:515-210-6900,
Judy:515-953-9953 Hours: Mon-Sat. 8am-8pm by appointment only.

East Jasper Christian Food Pantry

423 2nd Street

Kellogg, IA 50135

Phone: 641-594-4483

Grace Church of Newton

1620 N. 11th Avenue E.
Newton, IA 50208
Phone: 641-792-1793 Hours: Mon. 9am-10am **Closed holidays that fall on a Monday*

Heart to Heart Food Pantry

14263 Hwy F-62 E.
Lynnville, IA 50153
Phone: 641-780-3022

PCM Food Pantry-Organized by Monroe Presbyterian Church

115 S. Main Street
Monroe, IA 50170
Phone: 641-259-2657 Hours: Mon.-Thurs. 9am-12pm Mon. 6-7pm

Salvation Army-Food Pantry

301 N. 2nd Avenue E.
Newton, IA 50208
Phone: 641-792-6131
Hours: M-F 10am-11:45am & 1-3pm, Bread Line: Tues & Fri 9:30am-11:30am **bring bags*

Newton Farmers Market

N. 2nd Avenue W.
Newton, IA 50208
Phone: 641-792-5545 Hours: Tuesdays in June through September from 4:30pm-6:30pm

Prairie City Farmers Market- Garden Square

103 E. Jefferson Street
Prairie City, IA 50228
Hours: Thursday: May 30 through end of September from 4:30pm-6:30pm

HEALTHCARE, MEDICAL, HOSPICE

AIDS/HIV Healthcare Premium Program

Helps persons living with AIDS/HIV-related illness by paying their health insurance premiums when they become too ill to work.

Bureau of HIV, STI and Hepatitis – Iowa Department of Public Health

321 E. 12th Street, 6th Floor

Des Moines, IA 50319

Phone: 515-601-0143

Website: <https://idph.iowa.gov/hivstihep>

American Cancer Society

Provides information on cancer, staying healthy, treatment & support (transportation/lodging) & more. Helps with questions about health insurance.

1717 Ingersoll Avenue, Suite 111

Des Moines, IA 50309

Phone: 515-253-0147

Website: www.cancer.org

Senior Health Insurance Information Program (SHIIP)

Office Location: Mercy One Newton

204 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-792-1273

Website: <https://shiip.iowa.gov/>

HOSPICES

Hospice of the Midwest

629 W. Street S, Suite 100

Grinnell, IA 50112

Phone: 641-236-3006

Website: <https://hospiceofthemidwest.com/>

St. Croix Hospice

1555 SE Delaware Ave

Ankeny, IA 50021

Phone: 515-207-5321

Website: <https://www.stcroixhospice.com>

WesleyLife Hospice

501 E. 2nd Street. N.

Newton, IA 50208

Phone: 641-791-4500

Website: www.wesleylife.org

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HOSPITALS & CLINICS

Care More

Available for those who are eligible for Medicaid and who enroll in services from Amerigroup Iowa. Mobile Clinic can be provided in Newton.

1530 E. Euclid Avenue

Des Moines, IA 50313

Phone: 515-989-6001

Website: www.caremore.com

Newton Clinic

300 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-792-2112

Website: www.newtonclinic.com

Office hours: Mon-Fri 7:30am-6pm, Sat. 9am-Noon

Newton Express Care Clinic

1501 1st Avenue E.

Newton, IA 50208

Phone: 641-792-9416 ext. 2701

Website: www.newtonclinic.com Office Hours: Mon.-Fri. 11am-7pm Sat.-Sun. Noon-4pm

MercyOne Newton Medical Center (HOSPITAL)

204 N. 4th Avenue E.

Newton, IA 50208

Phone: 641-792-1273

Website: www.mercyone.org

Prairie City Medical Clinic (Pella Regional Health Center)

404 E. 2nd Street

Prairie City, IA 50228

Phone: 515-994-2617 Office Hours: Mon-Fri. 8am-5:30pm

Website: www.pellahealth.org

Quick Visit Urgent Care

1817 1st Avenue E.

Newton, IA 50208

Phone: 641-698-9008 Office hours: Mon-Fri. 7am-7pm Sat. 8am-6pm Sun. 1pm-5pm

Website: www.quickvisiturgentcare.com

Sully Medical Clinic (Pella Regional Health Center)

704 3rd Street

Sully, IA 50251

Phone: 641-594-3150 Office hours: Mon, Tues, Thurs, Fri. 8am-5pm Wed. 8am-Noon

Website: www.pellahealth.org

Child Health Specialty Clinic- Iowa City Clinic

Community based public health agency serving children & youth with special healthcare needs.

100 Hawkins Drive
Iowa City, IA 52242
Phone: 319-356-3808 or 866-219-9119
Website: <https://chsciowa.org/>

Primary Health Care

Based on the needs of the communities we serve, PHC offers a spectrum of medical and dental services including family practice, behavioral health, HIV care and services, and pharmacy.

101 Iowa Avenue W., Suite 102
Marshalltown, IA 50158
Phone: 641-753-4021
Website: <https://phciowa.org/>

HOUSING OR HOMELESS

HUD Des Moines Field Office

Income based rental programs.

210 Walnut Street, Room 937

Des Moines, IA 50309

Phone: 515-284-4512

Website: www.hud.gov/states/iowa/offices

Habitat for Humanity

A nonprofit organization that helps families build and improve places to call home. We believe affordable housing plays a critical role in strong and stable communities.

2200 E Euclid Avenue

Des Moines, IA 50317

Phone: 515-471-8686

Website: <https://gdmhabitat.org>

Central Iowa Regional Housing Authority (CIRHA)

Provides ongoing rental assistance for public and section 8 housing to individuals and families that qualify.

201 S.E. Gateway Drive

Grimes, IA 50111

Phone: 515-986-1882

Website: www.cirhahome.org

Central Iowa Shelter and Services

Shelter, meals, and support services at no cost to adults experiencing homelessness, while also facilitating their move towards self-sufficiency.

1420 Mulberry Street

Des Moines, IA 50309

Phone: 515-284-5719

Website: <https://centraliowashelter.org/>

Newton Housing Development Corporation

123 W. 2nd Street N.

Newton, IA 50208

Phone: 6411-521-6031

Website: <https://www.newtongov.org/752/Housing>

USDA Rural Development

The agency's direct and guaranteed rural credit programs help families find affordable housing, assist businesses, and allow communities to build or improve facilities.

Iowa Rural Development State Office

210 Walnut Street, Room 873

Des Moines, IA 50309

Phone: 800- 414-1226

LAW ENFORCEMENT & CRIME PREVENTION

Baxter Police Department

109 S. Main Street

Baxter, IA 50028

Phone: 641-227-3594 Website: <https://www.baxter-IA.com/police>

Colfax Police Department

15 E. Howard Street

Colfax, IA 50054

Phone: 515-674-9668 or 515-674-4096

Website: <https://colfaxia.gov/government/police-department/>

Jasper County Sheriff's Office

2300 Law Center Drive

Newton, IA 50208

Phone: 641-792-5912 Website: <http://www.jasperia.org/643/Sheriff>

Monroe Police Department

107 N. Monroe Street

Monroe, IA 50170

Phone: 641-259-2311 Website: <https://monroeia.com/departments/police>

Newton Police Department

101 W. 4th Street S.

Newton, IA 50208

Phone: 641-791-0850

Website: www.newtongov.org

Prairie City Police Department

203 E. Jefferson Street

Prairie City, IA 50228

Phone: 515-994-2649

Website: www.prairiecityIA.us

LEGAL SERVICES

Iowa Legal Aid- Des Moines

Free legal assistance in civil legal issues such as housing, domestic violence, public benefit program denials, utility shut-offs, tax problems & consumer issues, to low-income persons.

1111 9th Street, Suite 230

Des Moines, IA 50314

Phone: 800-532-1275

Website: www.iowalegalaid.org/

Legal Hotline for Older Iowans (60 and over) Phone 800-992-8161

LIBRARIES

Baxter Public Library

2020 E. State Street
Baxter, IA 50028
Phone: 641-227-3934

Hours: Mon & Wed noon-6pm
Tues 9am-6pm, Thurs 9:00-5pm
Sat 9am-11am Website: www.baxter.lib.ia.us

Colfax Public Library

25 W. Division Street
Colfax, IA 50054
Phone: 515-674-3625
Website: www.colfax.lib.ia.us

Hours: Tues 11am-7pm
Wed & Thru: 11am-5pm
Fri 11am-2:pm Sat 9am-noon

Lynnville Public Library

404 East Steet
Lynnville, IA 50153
Phone: 641-527-2590
Website: www.lynnville.lib.ia.us

Hours: Mon & Tues 11am-3pm
Wed 2pm-7pm Thurs 3pm-7pm
Sat 9am-noon

Mingo Public Library

307 Mohawk Drive
Mingo, IA 50168
Phone: 641-363-4631
Website: www.facebook.com/MingoPublicLibrary

Hours: Mon 3-5pm Wed 1-5pm
Tues & Thurs 9-noon
Sat 9-11 am

Monroe Public Library

416 S. Buchanan Street
Monroe, IA 50170
Phone: 641-259-3065
Website: www.monroe.lib.ia.us

Hours: Mon, Wed, Fri 12:00-5:00
Tues 10:00-5:00 Thurs 10:00-6:00
Sat 9:00-12:00

Newton Public Library

100 N. 3rd Avenue W
Newton, IA 50208
Phone: 641-792-4108
Website: www.newtongov.org/Library

Hours: Mon-Thurs 9:00-7:00
Fri 9:00-5:00
Sat 9:00-1:00

Prairie City Public Library

100 E. 5th Street
Prairie City, IA 50228
Phone: 515-994-2308
Website: www.prairiecity.lib.ia.us

Hours: Mon & Fri 1:00-5:00
Tues & Thurs 4:00-8:00 Sat 9:00-12:00
Wed 9:00-11:00/1:00-5:00

Sully Community Library

318 6th Avenue
Sully, IA 50251
Phone: 641-594-4148
Website: www.sully.lib.ia.us

Hours: Mon & Wed 10:00-6:00
Thurs 9:00-12:00
Sat 9:00-12:00 (as schedule allows)

MENTAL HEALTH

Substance Misuse, Domestic Violence, Abuse, & Crisis Intervention

2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three-digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7.

Phone: 2-1-1 Website: <https://www.211iowa.org/>

9-8-8 Suicide and Crisis Lifeline

National Suicide Prevention Lifeline

Phone: 9-8-8 call or text

Website: www.samhsa.gov/find-help/988

Alliance of Coalitions for Change- Iowa

AC4C (Alliance of Coalitions for Change) is a collection of coalitions that work to provide substance abuse prevention, mental health strategies & provide resources to communities.

Website: <https://ac4c.org/>

American Lung Association

Provides guidance and resources to assist those who want to quit smoking

2530 73rd Street

Urbandale, IA 50322

Phone: 515-309-9507

Website: <https://www.lung.org>

Capstone Behavioral Healthcare

Assistance for psychiatric services and medication management, mental health, substance abuse and chemical dependency counseling, supported independent living, residential, and representative payee services, prevention and awareness education, & a 24/7 crisis hotline.

1123 1st Avenue E., Suite 200

Newton, IA 50208

Phone: 641-792-4012 24/7 Crisis Line: 800-332-4224

Website: www.capstonebh.com

Capstone Connections Center

Connections is a peer run center where person can access various activity rooms available for those seeking activities to participate in and a common area to relax and unwind. There is a donation room available for those in need of clothing, shoes, coats, gloves, etc. Staff can offer support and assistance with finding housing, applying for medical benefits, and finding additional services/resources clients.

306 N. 3rd Avenue E.

Newton, IA 50208

Phone: 641-275-3516

Hours: Monday – Friday 9am-3pm

Central Iowa Psychological Services

Provides adult & pediatric mental health services: individual therapy, TMS therapy, substance misuse counseling, medication management and group therapy. Telehealth is available.

215 N.W. 18th Street

Ankeny, IA 50023

Phone: 515-348-8258

Website: www.iowacounseling.com

Child Abuse 24 Hour Reporting Hotline

If a child under the age of 18 is suspected of being abused or neglected, call the Child Abuse Hotline. Phone: 800-362-2178

Website: <https://dhs.iowa.gov/child-abuse>

CICS (Central Iowa Community Services)

Provides funding & coordination for persons with disabilities. Services include service coordination, resource information & referrals for services including state & federal programs. Funding for mental health & community-based services are also available for those who qualify.

315 W. 3rd Street N., Suite 200

Newton, IA 50208

Phone: 641-791-2304

Website: <https://www.cicsmhds.org/>

Clearview Recovery, Inc.

Long term residential substance abuse treatment to women. Assists clients develop long term sobriety skills. Many clients live in the facility with their children, and whole family wellness services are offered through collaboration with community providers.

501 N. Sherman Street

Prairie City, IA 50228

Phone: 515-994-3562 (24/7 line)

Website: www.clearviewrecoveryinc.org

Clive Behavioral Health

1450 NW 114th Street

Clive, Iowa 50325

Website: www.clivebehavioral.com

To Make a Referral call 24/7: (844) 680-0504

Fax Referral Information to our Admissions Team: (515) 461-2234

Community Support Advocates (CSA)

Care coordination of services which helps individuals with disabilities in gaining access to appropriate housing, medical, & social, vocational, and educational services. To qualify persons must have a qualifying mental health diagnosis and full Medicaid.

6000 Aurora Avenue, Suite B

Des Moines, IA 50322

Phone: 515-883-1776

Website: www.teamcsa.org

Crisis Intervention Services

Offers help with sexual assault and offers personal advocacy.

500 High Avenue W.

Domestic Violence: 800-464-8340

Oskaloosa, IA 52577

Emergency Housing: 844-673-5499

Phone: 641-670-1505 (24/7 Line)

Sexual Assault: 800-270-1620

Website: <https://stopdvsa.org/>

Community Support Advocates (CSA)

Partner for individuals & families impacted by mental health or disabilities.

6000 Aurora Avenue, Suite B

Des Moines, IA 50322

Phone: 515883-1776

Website: <https://teamcsa.org>

Discover Hope 517 Ministry

A faith-based ministry and addiction resource center dedicated to providing recovery and restoration for those struggling with addiction.

733 1st Avenue E.

Newton, IA 50208

Phone: 641-841-0598

Website: <https://discoverhope517.org>

Elder Abuse

Phone: 800-362-2178 (toll-free, 24 hours a day, 7 days a week)

Website: <https://dhs.iowa.gov/DependentAdultProtectiveServices/Families>

If a person is in imminent danger, call 911.

Ellipsis formerly Youth Emergency Services & Shelter (YESS)

Ellipsis is Iowa's "no wrong door" care provider for kids and families. We're an agency that welcomes and works with people however they come or are referred to us, reducing barriers to programming and services that keep families connected and thriving.

Ellipsis Pediatric Integrated Health Home (IHH)

Available for youth who have a qualifying mental health diagnosis. IHH brings together mental, physical, and social health services into one integrated program.

918 SE 11th St.

Des Moines, IA 50309

Phone: 515-243-3459

Website: <https://www.ellipsisowa.org/>

Employee and Family Resources (EFR)

Gambling, substance misuse, employee assistance services, case management, professional development, & education/communication to youth, adults, & families.

505 5th Avenue, Suite 600

Des Moines, IA 50309

Phone: 515-288-9020

24/7 Help Line: 515-244-6090 or 800-327-4692

Website: www.efr.org

First Resources Corporation

People with disabilities, mental health services, family & children services, and substance abuse treatment & recovery.

102 N. Hancock Street
Ottumwa, IA 52501
Website: <https://yourlifeiowa.org/>

Family Crisis Center

Safety & advocacy to victims of intimate partner violence in Jasper County. 24-hour crisis line, one-on-one counseling, support services, court, medical, & housing advocacy.

1014 N. Elm Street
Ottumwa, IA 52501
Phone: 641-683-1750 Website: <https://familycrisiscenteriowa.org/>

Four Oaks

The Total Child approach where children and families are served in an all-encompassing way, rather than addressing one issue at a time.

5400 Kirkwood Drive S.W.
Cedar Rapids, IA 52404
Phone: 319-364-0259 Website: <https://fouroaks.org>

House of Mercy – Newton Center

Outpatient treatment center that serves adults, adolescents, and children with substance abuse and mental health needs. Services include outpatient substance abuse assessment, outpatient chemical dependency treatment, OWI assessments, and mental health & expressive arts therapy.

200 N. 8th Avenue E.
Newton, IA 50208
Phone: 641-792-0717 Website: www.mercyone.org/desmoines/house-of-mercy/

Iowa Victim Call Center

Certified Domestic Violence Advocates are available 24/7 to offer crisis support, help victims find safe solutions statewide, answer questions, and provide resource referrals.

Phone: 800-770-1650 Website: www.survivorshelpline.org

Integrated Treatment Services

Outpatient evaluation & treatment including OWI evaluations, DUI classes, substance abuse treatment programs (including co-occurring substance abuse/mental health disorders) for children & adults, socialization, anger management, & employment training programs.

303 S. 2nd Avenue W.
Newton, IA 50208
Phone: 641-792-0045 Website: www.integratedtreatmentservices.org

Judicial Mental Health Advocates – Jasper, Polk, and Marion Counties

P.O. Box 35593
Des Moines, IA 50315
Phone: 515-250-6150

Mobile Crisis-Eyerly Ball, Des Moines

Assists those in a mental health crisis by coming to your location and talking to you.

945 19th Street

Des Moines, IA 50314

Phone: 515-241-0982

24 hr. Mobile Crisis Response Team: 1-844-258-8858

Mental Health Crisis Line: 515-205-9213

Website: www.everlyball.org

Optimae Life Services, Inc.

Provides home based services & counseling primarily to individuals with intellectual disabilities or mental illness, as well as behavioral health, home health services, and 24-hour residential sites. Offers comprehensive, customer services which encourage choice, empowerment, and community integration.

730 1st Avenue E.

Newton, IA 50208

Phone: 641-787-9133 Website: www.optimaelifeservices.com

Quakerdale Family Services

Help children and families overcome challenges, support families, resolve conflict in times of crisis, & restore youth and their families to health and functionality. In-home or in-office counseling and telehealth, mental health assessments, functional family therapy, & equine therapy.

2932 240th Street

Marshalltown, IA 50158

Phone: 641-752-3912 Website: www.quakerdalefamilyservices.org

Sheepgate (formerly Teen Challenge of the Midlands)

Offers a 12-month, residential discipleship program for men and women with life-controlling addictions includes mentoring classes, Graduate Equivalent Degree (GED) support, and work study opportunities. Admission is based on eligibility requirements. Assistance to local churches in establishing and operating ministries for individuals and families in need of support.

900 N. League Road

Colfax, IA 50054

Phone: 515-674-3713 Website: www.mysheepgate.org

Safe Families for Iowa

A family preservation movement motivated by hospitality, generosity, & compassion to keep children safe and families together. We bring church and community together mobilizing an army of volunteers to advocate for vulnerable children and socially isolated families.

Website: <https://safe-families.org>

UCS Healthcare

Substance use disorder therapy services, addiction treatment services & mental health therapy.

813 N. Lincoln Street, Suite 9

Knoxville, IA 50138

Phone: 515-280-3860

Website: <https://www.ucsonline.org>

Your Life Iowa

Crisis line and resources

Call: 855-581-8111

Text: 855-895-8398

Website: <https://yourlifeiowa.org/>

Live chat is available.

MENTAL HEALTH – PRIVATE PRACTICE

Dr. Sally Kuhn, ARNP, DNP, PMHNP-BC

Prescribing mental health medications for ages 5 and up.

110 W. 3rd Street S.

Newton, IA 50208

Phone: 641-521-5557

Dr. Jim Thorpe, PhD

A psychologist. and health service provider serving Jasper County a few times a month with other locations in Altoona, Ankeny, and Johnston.

2525 N. Ankeny Blvd. Suite. 113

Ankeny, IA 50023

Phone: 515-289-9136 ext.13

Website: www.cie-ankeny.com

Dr. Karen Quinn, PhD

A psychologist. serving individuals aged 12 and older.

501 W. 3rd Street N.

Newton, IA 50208

Phone: 641-275-9276

Seasons Change Counseling LLC, Tammy Foster Harban, MS LMHC

Provides therapy to children 5 and older, adults/families and couples. She has experience in the following areas for children; childhood stress, domestic violence, substance abuse, sex abuse, physical abuse and neglect along w/ other childhood traumas. She has experience in the following areas for adults; physical, sexual, mental, emotional abuse, PTSD, depression, anxiety, and trauma. Takes Medicaid and Private Insurance.

1422 1st Avenue E.

Newton, IA 50208

Phone: 641-787-0026

Website: <https://www.facebook.com/seasonschange counseling/>

PHARMACIES

Benzer Pharmacy

101 N. Walnut Street

Colfax, IA 50054

Phone: 515-674-3503

Website: <https://www.facebook.com/benzercolfaxia/>

Hy-Vee Pharmacy

1501 1st Avenue E.

Newton, IA 50208

Phone: 641-792-1000

Website: www.hy-vee.com

Medicap Pharmacy

212 1st Street N.

Newton, IA 50208

Phone: 641-792-3528

Website: www.mymedicapharmacy.com/newton

NuCara Pharmacy and Home Medical Equipment

1719 1st Avenue E.

Newton, IA 50208

Phone: 641-792-9339

Website: www.nucara.com

Walgreens Pharmacy

1204 1st Avenue E.

Newton, IA 50208

Phone: 641-792-7379

Website: www.walgreens.com

Walmart Pharmacy

300 Iowa Speedway Dr.

Newton, IA 50208

Phone: 641-792-9237

Website: www.walmart.com

PUBLIC HEALTH PROGRAMS

Jasper County Health Department- public health for Jasper County

Variety of health services including certain communicable disease and food borne illness investigations, VFC immunizations, school and daycare immunization audits, and public health education, community health plans, public health emergency preparedness.

315 W. 3rd Street N., Suite 100

Newton, IA 50208

Phone: 641-787-9224

Website: www.jasperia.org

- **Child and Adolescent Immunizations by appointment (VFC)**

Call for details on who qualifies and to make an appointment.

<https://www.cdc.gov/vaccines/programs/vfc/index.html>

- **Safe Kids Jasper County**

Childhood injury prevention, provides free child passenger safety seat checks, events

- **The Center for Acute Disease Epidemiology**

Website: <https://idph.iowa.gov/cade>

Jasper County Environmental Health (Community Development)

Inspections (pool, septic, tattoo, & tanning), safe water supply & testing, septic system (permits, education, & tanker education), rabies education, & radon test kits (for sale)

315 W. 3rd Street N, Suite 150

Newton, IA 50208

Phone: 641-792-3084

Website: www.jasperia.org

RECREATION

Ashton Wildwood Park and Observatory

Our open season at Ashton Observatory from April through October. We are glad to report that beginning Saturday, July 9, 2022, Ashton Observatory will begin hosting visitors for outdoor viewing. This will be for outside viewing only - the Observatory and its domes will not be open. Saturday public nights at Ashton Observatory are every Saturday evening, from April through October. Except for the first. Saturday of each month. Free admission and all ages are welcome.

8755 W. 122nd Street N.

Mingo, IA 50168

Website: <https://dmastronomy.com/our-observatory>

Baxter Park and Facilities

Provides information on parks, trails, the Caboose and more activities for the whole family.

203 Main Street

Baxter, IA 50028 Website: <https://www.baxter-iowa.com/>

Explore Colfax

Provides information on parks, activities, Trainland and more family friendly areas to explore.

20 W. Howard Street

Colfax, IA 50054 Website: <https://colfaxia.gov>

Jasper County Conservation

Quality parks, recreation, conservation and outdoor education systems. Nearly 3,000 acres of parks, trails, and natural areas just waiting to be explored!

1030 W. 2nd Street S.

Newton, IA 50208

Phone: 641-792-9780 Website: www.jasperia.org

Community of Lynnville

Provides information on locally owned businesses, a brand-new library, and several different parks including one with campsites.

308 East Street

Lynnville, IA 50153 Website: <https://www.facebook.com/CityofLynnville>

Diamond Trail Golf Club

9364 E. 146th Street S.

Lynnville, IA 50153

Phone: 641-527-2600 Website: <https://www.facebook.com/DiamondTrailGolfClub>

Monroe Activities and News

Provides information on Monroe's annual Old Settlers Days, city activities, and more.

206 W. Sherman Street

Monroe, IA 50170

Phone: 641-259-2319 Website: <https://monroeia.com>

Newton YMCA

Programs include sports and recreation for youth and adults, fitness facilities and classes, swimming lessons, youth and teen activities, dance, gymnastics, arts and crafts, summer camps, and sports camps. Childcare and preschool programming is available through the YMCA Child Care Center. Financial assistance is available based on true financial need.

1701 S. 8th Avenue E.

Newton, IA 50208

Phone: 641-792-4006 Website: www.newtonymca.org

Newton Parks and Recreation

Provides information on Newton's parks, Maytag Pool, Westwood Golf Course, and other areas in Newton for families to go for family fun.

403 W. 4th Street N., Suite 501

Newton, IA 50205

Website: www.newtongov.org

Oakland Acres Gold Club

13476 Highway 6 E.

Grinnell, IA 50112

Phone: 641-236-7111

Website: <https://golfoaklandacres.com>

Prairie City Parks and Recreation

Prairie City's parks, trails, tennis courts and other recreational opportunities for everyone.

203 E. Jefferson Street

Prairie City, IA 50228

Phone: 515-994-2649 Website: <https://prairiecityiowa.us/>

Sully Parks and Recreation

Sully's parks, facilities, fitness center and other family friendly places to visit.

318 6th Avenue

Sully, IA 50251

Phone 641-594-3493 Website: <https://sullyia.com>

RESPIRE CARE**Lutheran Services of Iowa**

Offers respite care, remedial/instructional support, and Supported Community Living (SCL).

3116 University Avenue

Des Moines, IA 50311

Phone: 515-271-7411 Website: <https://lsiowa.org/>

SENIOR SERVICES

Aging Resources of Central Iowa

Offers community, nutrition, and case management services, as well as access to community resources. Agency contracts with local providers to help provide services to individuals living in a community setting to allow them to remain in the same restrictive environment.

5835 Grand Avenue, Suite 106

Des Moines, IA 50312

Office Phone: 515-255-1310 Toll Free: 800-747-5352

Website: www.agingresources.com

Alzheimer's Association (Greater Iowa Chapter)

Provides services and support to individuals, families, and care partners through the advancement of research, enhancing care and support for all affected by the disease, and reducing the risk of dementia through the promotion of brain health.

1730 28th Street

West Des Moines, IA 50266

Phone: 800-272-3900

Website: <https://www.alz.org/iowa>

Comfort Keepers- Home Care Assistance

19 S. Center Street, Suite 2

Marshalltown, IA 50158

Phone: 641-752-0715

Website: www.comfortkeepers.com

Every Step Care & Support Services

Medical & social services to women, children, adults, seniors, & families. Nursing services include home visits, family support, parent education, transportation, & flu immunizations.

1111 9th Street, Suite 320

Des Moines, IA 50314

Phone: 515-558-9591

Website: www.everystep.org/

Home Instead

Private pay home care services

119 W. 2nd Street N.

Newton, IA 50208

Phone 641-792-1800

Website: www.homeinstead.com/

Jasper County Elderly Nutrition

Home-delivered meals, on site meals in Colfax, Monroe, & Newton, holiday, emergency, and weekend meals, & Farmer's Market. Donations are encouraged for their meals based on income.

2401 1st Avenue E

Newton, IA 50208

Phone: 641-792-7102

Website: <http://www.co.jasper.ia.us/205/Elderly-Nutrition>

Immanuel Pathways PACE *(Program of All-inclusive Care for the Elderly)*

Centers offer whole-person wellness for seniors qualifying for nursing home care yet still living in their home. Our centers offer enriching activities and friendships along with complete medical needs from primary physician services to physical therapies, dental appointments, wellness consultations and more. Participants can remain living independently for as long as possible and Medicaid qualifying individuals receive Pathways services at no cost.

7700 Hickman Road

Des Moines, IA 50324

Phone: 515-512-4908

Website: <https://immanuel.com>

Retired & Senior Volunteer Program (RSVP)

Opportunities for volunteers aged 55 & over who are willing to share their experience, abilities, and skills for the betterment of their community and themselves. Volunteers have opportunities to be involved with the Heart Literacy Program helping elementary students with reading, providing transportation for citizens to vital appointments, the Tax Assistance Program helps eligible citizens prepare tax forms, warning siren monthly reporters, as well as additional opportunities with Jasper County Elderly Nutrition, Neal Smith Wildlife Refuge, and many more.

ISU Extension Office

550 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-6433

Website: <https://www.extension.iastate.edu/jasper/page/retired-senior-volunteer-program-rsvp>

Willowbrook, WesleyLife Adult Day Center, Home Care and Hospice

501 E. 2nd Street. N.

Newton, IA 50208

Phone: 641-791-4500

Website: www.wesleylife.org

SENIOR HOUSING

ASSISTED, INDEPENDENT LIVING, LONG TERM CARE, HOME CARE & HOSPICE

Accura HealthCare – West-changing 2/1/2023 to Traditions Memory Care

2130 W. 18th Street S.

Newton, IA 50208

Phone: 641-791-1127 Website: www.accura.com/location/newton-west.

Accura HealthCare – East

1743 S. 8th Avenue E.

Newton, IA 50208

Phone: 641-792-5680 Website: www.accura.com/location/newton-east.

Newton Health Care Center

200 S. 8th Avenue E.

Newton, IA 50208

Phone: 641-792-7440

Website: www.newtonhealthcarecenter.com

Newton Village

110 N. 5th Avenue W.

Newton, IA 50208

Phone: 641-792-0115

Website: <https://www.newtonvillage.org>

Park Centre – A Wesley Life Community

500 1st Street N.

Newton, IA 50208

Phone: 641-791-5000

Website: www.wesleylife.org

SUPPORT GROUPS

AA-Alcoholics Anonymous

Membership is open to anyone who wants to do something about his or her alcohol use.

Meeting Times and Location:

St. Stephens Episcopal Church

223 E. 4th Street N.

Newton, IA 50208

Phone: 515-282-8550

Mondays, 12pm & 7pm; Tuesdays, 12pm & 8pm; Wed., 12pm & 5:30pm; Thursdays, 7pm.

Fridays, 7pm; Saturdays, 10am

Al-Anon

Strength and hope for friends and families of alcoholics.

Meetings on Sundays at 6pm:

St. Stephen's Episcopal Church

223 E. 4th Street N.

Newton, IA 50208

Phone: 515-277-5059

NA-Narcotics Anonymous

Every addict in the world has the chance to experience our message in his or her own language & culture & find the opportunity for a new way of life. Meeting location below.

St. Stephens Episcopal Church

223 E. 4th Street N.

Newton, IA 50208

Phone: 800-897-6242

Meeting times: Sundays, Wednesdays, & Fridays at 7pm

NAMI of Central IA

The National Alliance on Mental Illness is the nation's largest, grassroots mental health organization dedicated to building better lives for millions of Americans.

For information and support call 641-521-0979

Family Support Group 641-521-0979

Phone: 515-292-9400

Website: <https://namicentraliowa.org/>

TRANSPORTATION

HIRTA (Heart of Iowa Regional Transit Agency)

Anyone can ride with 24hr advanced notice. Trips must be scheduled 24hrs. in advance by call the number listed below. See rates online.

Phone: 877-686-0029

Website: www.rideHIRTA.com

Jasper County Ride

Provide free rides to medically necessary appointments within Jasper County and to surrounding counties. Clients need to be residents of Jasper County and meet one of the following eligibility requirements: Age 65 or older, be on disability, a veteran, and/or qualify for low-income assistance.

Retired & Senior Volunteer Program

550 N. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-6433

Website: <https://www.extension.iastate.edu/jasper/page/retired-senior-volunteer-program-rsvp>

UTILITIES & SANITATION

Cable/Internet/Phone

Lynnville/Sully Telephone

305 7th Avenue

Sully, IA 50251

Phone: 641-594-2509

Website: www.sullytel.com

Mahaska Communication Group

315 W. 4th Street N.

Newton, IA 50208

Phone: 641-841-2000

Website: www.mahaska.org

Mediacom

2205 Ingersoll Avenue

Des Moines, IA 50312

Phone: 515-633-4226

Website: www.mediacomcable.com

Partner Communications

101 E. Church Street

Gilman, IA 50106

Phone: 641-498-7701

Website: www.pcctel.net

Windstream

115 S. 2nd Avenue W.

Newton, IA 50208

Phone: 641-792-4436

Website: www.windstream.com

Cell Phone Providers

Iowa Lifeline Plans

Government assisted wireless services to low-income families and individuals in Iowa.

Phone: 888-543-3620

Website: <https://www.lifewireless.com/plans/iowa-lifeline-free-phone-service>

Cricket Wireless

Provides free phone through Iowa Lifeline Plans.

1718 1st Avenue E.

Newton, IA 50208

Phone: 641-275-3022

Website: www.cricketwireless.com

T-Mobile

301 1st Avenue E.

Newton, IA 50208

Phone: 641-791-9614

Website: www.t-mobile.com

U.S. Cellular

2617 1st Avenue E, Suite 8-10

Newton, IA 50208

Phone: 641-791-7800

Website: www.uscellular.com

Verizon

335 IA Speedway Dr.

Newton, IA 50208

Phone: 641-450-3601

Website: www.verizon.com

Electric/Natural Gas

Alliant Energy

Customer Service: 1-800-255-4268

Website: www.alliantenergy.com

Consumers Energy

2074 242nd Street

Marshalltown, IA 50158

Phone: 641-752-1593

Website: consumersenergy.coop/

Mid-American Energy

666 Grand Avenue

Des Moines, IA 50309

Phone: 888-427-5632

Website: www.midamericanenergy.com

Pella Electric

2615 Washington Street

Pella, IA 50219

Phone: 641-628-1040

Website: www.pella-cea.org

Utilities and Sanitation

Central Iowa Water Association (Iowa Regional Utilities Association)

1351 Iowa Speedway Drive

Newton, IA 50208

Phone: 641-792-7011

Website: www.irua.net

City of Baxter

203 S. Main Street

Baxter, IA 50028

Phone: 641-227-3120

Website: <https://www.baxter-iowa.com/>

City of Colfax

20 W. Howard Street

Colfax, IA 50054

Phone: 515-674-4096

Website: <https://colfaxia.gov/>

City of Lynnville

308 East Street

Lynnville, IA 50153

Phone: 641-527-2790

Website: <https://lynnvilleiowa.com/>

City of Mingo

100 N. Station Street
Mingo, IA 50168
Phone: 515-363-4441
Website: www.mymingoia.com

City of Monroe
206 W. Sherman Street
Monroe, IA 50170
Phone: 641-259-2319
Website: www.monroeia.com

City of Newton
101 W. 4th Street S.
Newton, IA 50208
Phone: 641-792-2787
Website: www.newtongov.org

City of Prairie City
302 E. Jefferson Street
Prairie City, IA 50228
Phone: 515-994-2649
Website: prairiecityiowa.us/

City of Sully
318 6th Avenue
Sully, IA 50251
Phone: 641-594-3493
Website: www.sullyia.com

Mid-West Sanitation
815 W. 10th Street
Pella, IA 50219
Phone: 641-628-2610
Website: www.midwestsanitation.com

Skunk River Sanitation
18 S. Iowa Street
Colfax, IA 50054
Phone: 515-674-9058

Versteeg Sanitary Service
1004 W. 6th Street S.
Newton, IA 50208
Phone: 641-792-3300

VETERAN SERVICES

Jasper County Veteran Affairs

Helps with the following claim forms: compensation, pension, burial, headstone application, education, dependency and indemnity, eligibility verification report, healthcare, insurance, and home loans. Independent veteran assistance is also available for housing, food, and utilities.

315 W. 3rd Street N., Suite 250

Newton, IA 50208

Phone: 641-792-7993

Website: <https://www.co.jasper.ia.us/258/Veterans-Affairs>

US Department of Veteran Affairs

Website: <https://www.va.gov/>

VETERINARY SERVICES

Baxter Veterinary Services

102 Railroad Street

Baxter, IA 50028

Phone: 641-227-3405

Lynnville-Sully Veterinary Services

12818 Hwy. F-62 E.

Sully, IA 50251

Phone: 641-594-3191

Midland Prairie Veterinary Services

28 E. Howard Street

Colfax, IA 50054

Phone: 515-674-3228

Monroe Animal Clinic

110 N. Commerce Street

Monroe, IA 50170

Phone: 641-259-2019

Newton Animal Clinic

2445 Highway F-48 W.

Newton, IA 50208

Phone: 641-792-4860

Parkview Animal Hospital

2012 1st Avenue E.

Newton, IA 50208

Phone: 641-792-0340

VISION CARE

Eye Care Center of Newton

100 N. 4th Avenue W.
Newton, IA 50208
Phone: 641-792-7900
Website: <http://newtoneyecare.net>

Newton Eye Clinic P.C.

111 1st Avenue E.
Newton, IA 50208
Phone: 641-792-7375

Walmart Vision & Glasses

300 Iowa Speedway Drive
Newton, IA 50208
Phone: 641-791-5332

OTHER RESOURCES

Community Partnerships for Protecting Children (CPPC)

CPPC is not a program, but rather an initiative to engage community members and agencies to bolster supports for vulnerable families and their children.

Website: <https://dhs.iowa.gov/child-welfare/CPPCfamilies>

Jasper, Marion, Poweshiek (JMP) Early Childhood Iowa

Collaborative efforts among Jasper, Marion, and Poweshiek counties will provide families with young children the opportunities, resources, and supports necessary to fulfill our vision.

Website: <https://jmpeci.org/>

The Jasper Community Foundation

The Jasper Community Foundation was established in 1997 for the purpose of accepting tax-deductible bequests and gifts in the form of cash or property from individuals, corporations and other organizations that have an interest in improving the quality of life of people residing in Jasper County. The foundation has broad, flexible purposes assisting arts and culture, economic development, education, environment, health and human services, recreation areas and other high-impact community opportunities.

Website: <http://www.jaspercommunityfoundation.org/>

Iowa Road Conditions

Road conditions including weather

Website: <https://511ia.org/>

App available for cell phones.

Heating and Cooling Centers in Jasper County

Please see the following

- Call 211 for resources
- Connections Center
- Libraries
- Discover Hope
- Homeless Shelters in Des Moines

Some funding may be available for certain housing resources at the following:

- Salvation Army
- General Assistance

**FY23 LPHS QUARTERLY REPORT
Quarter #2 Jasper**

GOALS

1. Develop systems to improve local public health's capacity to address health priorities and health disparities, ultimately leading to healthy people in healthy communities.
2. Assure core public health functions are met and essential public health services are delivered by the Contractor.
3. Improve organizational capacity of Local Boards of Health.

INSTRUCTIONS

Population Health Activities and Services: Before reporting on the required objectives for this quarter, review the activities listed under each objective, for each area of work, to make sure they match the work plan that was submitted with your application. Reach out to your assigned Regional Community Health Consultant if the activities do not match. If the activities are correct, please proceed to report on those activities that were worked on, with Local Public Health Services (LPHS) funds, for each required objective. If you did not do work activities under an objective, answer no and move to the next section.

Non-population Health Services: If you are not using LPHS funds to provide non-population health services you do not need to complete this portion of the quarterly report. If LPHS funds were used for non-population health services this quarter, please report the number of people served for each activity.

Submit the completed report by uploading it to Quarterly Report under the Progress Report component of IowaGrants.

POPULATION HEALTH ACTIVITIES AND SERVICES

Area #1: Leadership and Governance

Objective #1: Engage in health policy, plan, and/or law development, discussion, adoption, and implementation with the agency's governing body and other local policymakers.

- Activities:
- Investigate, diagnose, and address health problems and hazards affecting the population.
 - Develop and champion policies, plans, or laws that guide the practice of public health.
 - Foster leadership skills at all levels.
 - Provide vaccines that prevent diseases for adults and children

Did you work on activities under Area #1: Objective #1 this quarter (Yes or No)?

Yes

If yes, describe the activities completed this quarter under Area #1: Objective #1.

Jasper County Health Dept completed five school district school audits, along with daycares in Jasper County. We had disease investigations including Ebola traveler. We also worked with the schools on numerous sick children and high absenteeism. Staff member attended Safe Kids Webinar. We also had a long time Board of Health chair choose not to be reappointed and a new BOH member appointed. State Auditors were in our County. For leadership, we continue to have weekly staff meetings and work on employee goals. We are continuing to coordinate COVID vaccine for our County. We provide VFC vaccine clinics. We also worked to update the CHA/HIP with updated information. All these activities are in addition to the normal day to day office coverage, emails, budget, BOH billing, paying bills, to do lists, etc

What successes did you have this quarter (if any)?

We have a small staff with two nurses and we completed all the audits in a timely manner. We also learned more about Ebola.

<p>What challenges did you encounter this quarter (if any)?</p> <p>Having a small staff is challenging especially during school audits and being out of the office so much.</p>	
<p>Area #2: Health Promotion</p>	
<p>Objective #1: Develop and implement proactive health education/health promotion strategies, with multi-sector partners, which meet the unique needs of the population.</p> <p>Activities: • Develop and disseminate accessible health information and resources, including through collaboration with multi-sector partnerships.</p>	
<p>Did you work on activities under Area #2: Objective #1 this quarter (Yes or No)?</p>	<p>Yes</p>
<p>If yes, describe the activities completed this quarter under Area #2: Objective #1.</p> <p>We have worked to update the Jasper County Resource Guide for Health and Human Services. We also helped make children safety bags for all the schools and a local truck or treat event. We continued car seat installs.</p>	
<p>What successes did you have this quarter (if any)?</p> <p>The Jasper County Resource Guide is a great asset and the community members and organizations appreciate the updated information.</p>	
<p>What challenges did you encounter this quarter (if any)?</p> <p>The Resource Guide is constantly changing.</p>	
<p>Objective #2: Disseminate timely and accurate information to the public using a variety of communication methods (including electronic methods).</p> <p>Activities: • Use appropriate communications channels (e.g., social media, peer-to-peer networks, mass media, and other channels) to effectively reach the intended populations.</p>	
<p>Did you work on activities under Area #2: Objective #2 this quarter (Yes or No)?</p>	<p>Yes</p>
<p>If yes, describe the activities completed this quarter under Area #2: Objective #2.</p> <p>We promote numerous public health activities with our socials such as Facebook, Instagram, Twitter. We also utilize our website and distribution lists. We often issue press releases and interview with the newspaper and radio.</p>	
<p>What successes did you have this quarter (if any)?</p> <p>We had a daily post on Facebook and updated our website.</p>	
<p>What challenges did you encounter this quarter (if any)?</p> <p>Social media has challenging people that try to tag our organization in posts that have nothing to do with public health.</p>	
<p>Area #3: Strengthen Local Public Health Infrastructure</p>	
<p>Objective #1: Create, convene, and maintain partnerships to protect and improve the health of people in the community.</p>	

Activities: • Foster and build genuine, strengths-based relationships with a diverse group of partners that reflect the community and the population.

Did you work on activities under Area #3: Objective #1 this quarter (Yes or No)?

Yes

If yes, describe the activities completed this quarter under Area #3: Objective #1.

Jasper County Cares (numerous health and human service agencies) has continued to be a huge contribution from our department. We are working on projects with the schools for mental health and substance misuse.

What successes did you have this quarter (if any)?

Working with the schools on projects related to our CHA/HIP such as speakers and resources. A school district was struggling with a suicide and the group was able to pull resources to help the school.

What challenges did you encounter this quarter (if any)?

The staff is constantly changing with health and human service providers. There is a shortage of healthcare workers and our partners are struggling to staff especially nurses.

Objective #2: Assess and monitor population health status, factors that influence health, and community needs and assets.

Activities: • Engage community members as experts and key partners.

Did you work on activities under Area #3: Objective #2 this quarter (Yes or No)?

Yes

If yes, describe the activities completed this quarter under Area #3: Objective #2.

We have worked to establish a good working relationship with the Board of Supervisors and other county offices. We subcontract home care and have added another agency which is helping be more consistent.

What successes did you have this quarter (if any)?

The Board of Supervisors appointed a new Board of Health member. A new home care agency is more consistent.

What challenges did you encounter this quarter (if any)?

We had a Board of Supervisor pass away, the Auditor left 12/31/2022, and the Board of Health chair did not seek reappointment.

Iowa's 2023-2027 State Health Improvement Plan



Published in January of 2023





Acknowledgements

Healthy Iowans would not be possible without the participation and support of organizations and community members across Iowa, as well as the Healthy Iowans Partnership. Thank you for your dedication to Healthy Iowans' assessments and plans. Your work is important to health improvement among all who live, learn, work and play in Iowa.

Healthy Iowans is coordinated by:

Public Health
IOWA HHS

**This is a living document.
Changes will occur as
needed.**

Suggested Citation

Iowa Department of Health and Human Services, Division of Public Health, Bureau of Public Health Performance. *Iowa's 2023-2027 State Health Improvement Plan*. Des Moines: Iowa Dept. of Health and Human Services. Published January 2023. Web. <https://idph.iowa.gov/healthy-iowans/plan>



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What Is the Healthy Iowans Partnership?

The Healthy Iowans Partnership is a collaborative group consisting of a steering committee, local organizations and individuals throughout Iowa. This group is coordinated by Iowa Health and Human Services' (HHS) Division of Public Health. Together, the Partnership works to address the priorities outlined in the state health assessment (SHA) and state health improvement plan (SHIP). As time passes, the Partnership plans to include more direct service providers and community decision makers such as: private businesses, infrastructure-based organizations, healthcare providers, elected officials, faith-based organizations and other community leaders. To join the Healthy Iowans Partnership, please email Iowa HHS' Healthy Iowans team at healthyiowans@idph.iowa.gov.



Healthy Iowans Partnership Steering Committee

The Healthy Iowans Partnership Steering Committee is a group dedicated to providing leadership throughout the Healthy Iowans process. The Steering Committee consists of representatives from 22 different organizations. Members were selected for their state or regional focus, their commitment to improving health and their experience with health equity initiatives. We are grateful to have the following organizations represented:

- Delta Dental of Iowa Foundation
- Iowa Department of Education
- Iowa Department of Human Rights
- Iowa Department on Aging
- Food Bank of Iowa
- Great Plains Action Society
- Healthiest State Initiative
- Iowa ACEs 360
- Iowa Behavioral Health Association
- Iowa Economic Development Authority
- Iowa International Center
- Iowa Medicaid Enterprise
- Iowa Primary Care Association
- Iowa Public Health Association
- Iowa Rural Health Association
- ISU Extension and Outreach
- NAACP - Iowa Nebraska Chapter
- NAMI Iowa
- One Iowa
- The Wellmark Foundation
- United Way of Central Iowa
- University of Iowa Center for Disabilities and Development

By guiding a strong coalition of partners, the Steering Committee works to inspire structured, collective action aimed at improving the health of all who live, learn, work and play in Iowa. Yet, this list does not represent all parties needed to improve health. For example, more than 100 organizations contributed to the [Healthy Iowans 2017-2021 plan](#). Similarly, the 2023-2027 SHIP will be an interactive process that engages much of the state. To stay informed on health improvement initiatives, [subscribe](#) to our monthly newsletter and monitor our [website](#).

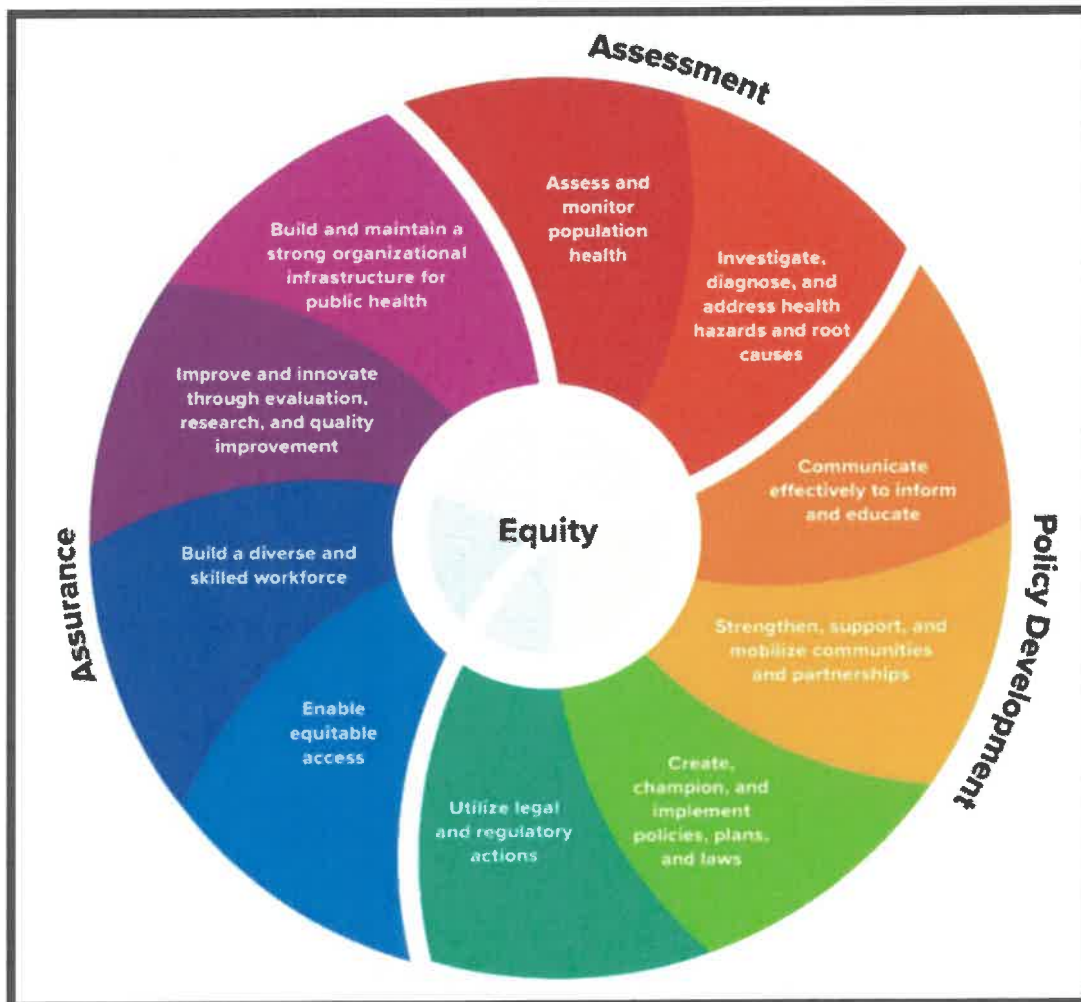


Public Health Accreditation

The Public Health Accreditation Board (PHAB), a non-profit accrediting body, oversees public health agencies throughout the United States. Through the accreditation process, PHAB helps verify that public health agencies are providing essential services (Figure 1) and strengthening public health infrastructure. Since the SHA and SHIP are instrumental tools that all states use to guide public health work, PHAB has included these items as required elements of accreditation. As public-facing, statewide documents, the SHA and SHIP must meet the [highest standards](#) possible.

Prior to aligning with the Iowa Department of Human Services in July 2022, the Iowa Department of Public Health (IDPH) received national accreditation from PHAB in November 2018. Operating under PHAB standards, IDPH has made significant strides towards improving the quality, accountability and performance of services - including the SHA and SHIP processes. Reaccreditation occurs every five years to ensure continuous improvement.

Figure 1: The Ten Essential Public Health Services





How Are People in Iowa Doing?

The health of people in Iowa continues to be impacted by a variety of factors, including the COVID-19 pandemic, social determinants of health, systemic inequities, and more.¹ According to data from the [Iowa Behavioral Risk Factor Surveillance System Survey \(BRFSS\)](#),² more than one in eight adults in Iowa (12.6%) considered their general health to be fair or poor in 2020. This grew to 13.2% of adults reporting fair or poor health in 2021.³ Fair or poor health was more prevalent in people of racial/ethnic minorities, those with less than a high school education, households with an income of less than \$15,000 per year and adults with disabilities.²⁻³

In 2021,

13.9%

of adults in Iowa reported experiencing frequent mental distress³

Health-related quality of life (HRQOL) of people in Iowa has also changed (both positively and negatively) since the last Healthy Iowans cycle.³ As defined by the [Centers for Disease Control and Prevention](#),⁴ HRQOL refers to “an individual’s or group’s perceived *physical* and *mental* health over time.” In 2021, 9.2% of adults in Iowa reported experiencing frequent *physical* distress.³ This is the lowest percentage reported since 2011.³ The prevalence of frequent *physical* distress was higher among older adults, those with a lower household income, people with a lower level of education and those living with disabilities.³

In terms of mental health, many people in Iowa are struggling. In 2021, 13.9% reported experiencing frequent *mental* distress.³ This percentage has been increasing since 2013, but at a higher rate since 2018.³ The rate reported in 2021 is the highest percentage to date.³ Frequent *mental* distress was significantly more prevalent among the LGBT+ population, those with a lower household income and people living with disabilities.³

Other statewide surveys such as the [Iowa Youth Risk Behavior Survey \(YRBS\)](#) and the [Iowa Youth Survey \(IYS\)](#) have found that Iowa should also focus on improving the health of youth. In the 2021 [IYS State Report](#),⁵

between 25% and 29% of youth in grades 6, 8, and 11 reported being physically active for at least 60 minutes on all seven days in the past week. The Healthy Iowans Partnership would like to see this percentage increase, as physical activity has been shown to reduce symptoms of anxiety and depression, as well as lower the risk of developing chronic diseases in adulthood.⁶ Another worrisome trend in Iowa is the decline of youth mental health. In 2021, YRBS results indicated that nearly two out of five 9th through 12th graders reported feeling sad or hopeless almost every day for at least two weeks in a row during the past year.⁷ Furthermore, 22.6% of Iowa high school students have seriously considered attempting suicide during the last 12 months.⁷ Based on these statistics, it is clear Iowa must take action. Through the 2023-2027 SHIP, the Healthy Iowans Partnership hopes to build upon the positive changes while also addressing the factors that may have led to negative changes in the health of people in Iowa.

In 2021,

39.1%

of 9th-12th graders reported feelings of prolonged sadness or hopelessness during the past year⁷



State Health Assessment (SHA) Overview

The first step in the Healthy Iowans process was to conduct a SHA. To capture a complete picture of health in Iowa, Iowa HHS' Division of Public Health reviewed Iowa's [2016 SHA](#), the national [Healthy People 2030 objectives](#) and state health data. Through this review, over 40 issues were identified as having an impact on health. Yet, the Healthy Iowans Partnership wanted to focus on issues that are most important to people in Iowa. In June 2021, Iowa HHS solicited feedback from people in Iowa and community organizations using the Iowa State Health Assessment Survey. In total, more than 2,700 people in Iowa responded to the survey. Based on their responses, the final list of priorities identifies seven different issues.

The [2021-2022 SHA](#) highlights the seven priority areas that shape health for all who live, learn, work and play in Iowa. Iowa's current health priorities include:



For further descriptions of these priority areas, please reference the [2021-2022 SHA](#).



State Health Improvement Plan (SHIP) Overview

The Healthy Iowans Partnership Steering Committee used the seven priorities identified in the [2021-2022 SHA](#) to begin development of the SHIP. This required extensive group reflection to determine resources and capabilities. Based on feasibility and potential impact on health in Iowa, the Steering Committee chose to begin with Access to Care: Behavioral Health and Healthy Eating & Active Living as their two main priorities for the 2023-2027 SHIP. Then, the Steering Committee set goals for each priority area. The resulting goals were chosen after careful consideration and serve as the broad, overarching targets for the 2023-2027 SHIP. Objective and strategy development will continue into 2023 and will be added to this document once complete.

While the SHIP only outlines two of the seven priority areas, work will not end in the other five categories. There are numerous organizations throughout the state that will continue to address these important issues.



Health Equity: The Anchor of the SHIP

Health Equity means that “everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and healthcare.”⁸



Many groups of people in Iowa experience health disparities; in particular, people of color (such as African American and Indigenous people), people with disabilities, people who are lesbian, gay, bisexual, and transgender, and people who live in rural areas. These disparities often stem from broad, systemic inequities that have created deep-rooted barriers to good health.⁹

As an integral part of improving statewide outcomes, health equity serves as the anchor of the 2023-2027 SHIP. The Healthy Iowans Partnership is dedicated to using data, community voices, and evidence-based strategies to create meaningful solutions for health inequities. As a result, the 2023-2027 SHIP uses a health equity lens that focuses on ending long-standing disparities.

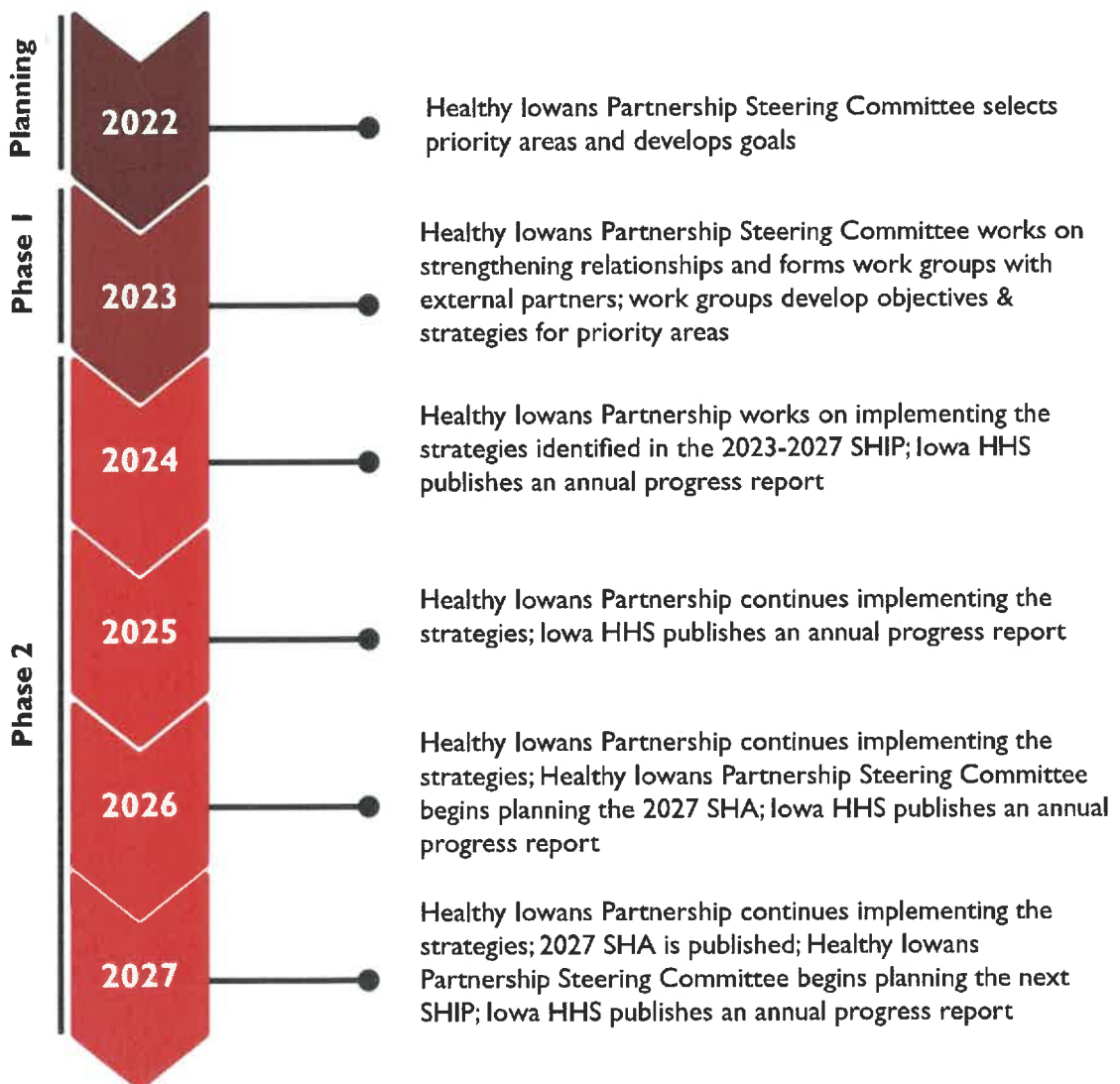


Timeline

Implementation of the 2023-2027 SHIP will occur in two phases. In phase one, the Healthy Iowans Partnership will focus on strengthening relationships. As part of this phase, workgroups will be developed for the two priority areas. Together, the workgroups will create objectives and strategies, build action plans, and prepare for implementation of phase two. Strengthening relationships within the partnership is important, as it will create a solid foundation for phase two. This foundation will allow for increased collaboration as organizations work to address Access to Care: Behavioral Health and Healthy Eating & Active Living. Phase one implementation will occur during 2023.

From 2024-2027, the Healthy Iowans Partnership will begin phase two of this plan. Phase two will require the Partnership to actively address Access to Care: Behavioral Health and Healthy Eating & Active Living. The success of the SHIP will be dependent on contributions from the Healthy Iowans Partnership and community members across the state. Iowa HHS will monitor the implementation of the SHIP to ensure accountability from all contributing initiatives.

Figure 2: Healthy Iowans Timeline





Phase One 2023





Strengthening Relationships

To make maximum impact in the 2023-2027 SHIP priority areas, organizations throughout the state must work together. As stated by the [Centers for Disease Control and Prevention](#),¹⁰ “partnerships can avoid duplication of effort, ensure synergy of resources, and enhance the overall leadership within the state.” To help foster the success of these relationships, it is important to have a shared directional framework. The goal, objectives, and strategies listed below will help facilitate these joint efforts within the Healthy Iowans Partnership.

GOAL I

To build a strong
Healthy Iowans
Partnership

Objectives

I.1: By the end of 2023, the Healthy Iowans Partnership will have an operating framework.

I.2: By the end of 2023, the Healthy Iowans Partnership will be prepared to address each priority area of the 2023-2027 SHIP.



Strengthening Relationships

Plan of Action

Strategy	Responsible Party	Target Date	Source
Finalize and publish the Partnership's mission statement	Healthy Iowans Partnership Steering Committee	December 2023	N/A: This is a new strategy
Finalize and publish the Partnership's vision statement	Healthy Iowans Partnership Steering Committee	December 2023	N/A: This is a new strategy
Develop a charter for the Partnership	Iowa HHS	December 2023	N/A: This is a new strategy
Create core values for the Partnership	Healthy Iowans Partnership Steering Committee	December 2023	N/A: This is a new strategy
Create SMARTIE objectives for each priority area	Healthy Iowans Partnership	December 2023	N/A: This is a new strategy
Develop strategies for addressing each priority area	Healthy Iowans Partnership	December 2023	N/A: This is a new strategy
Host a Partnership-wide summit	Iowa HHS	December 2023	N/A: This is a new strategy
Incorporate core values in action plans	Healthy Iowans Partnership	December 2023	N/A: This is a new strategy



Phase Two 2024-2027





Access to Care: Behavioral Health

Behavioral Health is “the promotion of mental health, resilience and wellbeing; the treatment of mental and substance use disorders; and the support of those who experience and/or are in recovery from these conditions, along with their families and communities.”¹¹

The healthcare system is complex and hard to navigate for many people in Iowa. This is especially true when people in Iowa are in need of behavioral health services. The Healthy Iowans Partnership is committed to strengthening the behavioral health workforce and removing barriers to care. In no particular order, the goals for this priority area include:



* Objectives, strategies and a plan of action will be published by the end of 2023.



Healthy Eating & Active Living

Proper nutrition and regular physical activity are key to one's overall health. Benefits include - but are not limited to - boosted immunity, stronger bones, improved mental health and more.¹²⁻¹³ Yet, many people in Iowa lack access to healthy foods, beverages and safe recreational areas. The Healthy Iowans Partnership hopes to make Healthy Eating & Active Living more attainable for all people in Iowa. In no particular order, the goals for this priority area include:

GOAL 1

To reduce barriers to affordable, nutritious foods for all people in Iowa

GOAL 2

To increase engagement in active living among all people in Iowa

* Objectives, strategies and a plan of action will be published by the end of 2023.



Stay Connected

The 2023-2027 SHIP is a living document. This means that changes may occur throughout the course of the next five years. To stay up to date with these changes, and the Healthy Iowans process, please use the following resources:

- *Healthy Iowans Newsletter*
 - A monthly publication, the Healthy Iowans Newsletter provides updates on the Healthy Iowans process, and also includes links to pertinent public health trainings, events, news and resources.

- To [subscribe](#), scan this QR code with your phone's camera:



- *Healthy Iowans website*
 - <https://idph.iowa.gov/healthy-iowans>

- *Iowa Department of Health and Human Services' social media:*



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13. Centers for Disease Control and Prevention. 10 reasons to get moving today! <https://www.cdc.gov/nccdphp/dnpao/features/physical-activity/index.html#:~:text=Getting%20enough%20physical%20activity%20can.to%20your%20neighbors%20and%20friends>.