

JASPER COUNTY BOARD OF HEALTH

Jasper County Health Department: (641)787-9224

Date of Meeting: **Thursday, November 9, 2023** Time of Meeting: **11:00 AM**

Location: Jasper Co. Office Building, 315 W 3rd St N, **Small Conference Room**, Newton, Iowa

PUBLIC NOTICE IS HEREBY GIVEN THAT THE ABOVE-MENTIONED GOVERNMENTAL BODY WILL MEET AT THE DATE, TIME, AND PLACE ABOVE SET OUT. THE TENTATIVE AGENDA NOTICE, OF WHICH THE CONTENT CAN BE SUBJECT TO CHANGE, (PER CHAPTER 21, CODE OF IOWA), FOR SAID MEETING IS AS FOLLOWS:

The virtual meeting option is provided for convenience and cannot guarantee access; if a member of the public wishes to ensure participation in the meeting, they should attend in person.

Zoom or phone by calling (312) 626-6799, ID 97157736051# or link <https://jasper.zoom.us/j/97157736051>

Agenda: Jasper County Board of Health:

Item 1: Call to order: Roll call of Jasper County Board of Health members

Item 2: Approval of the Agenda: (Action) (Attachment, 2 pages)

Item 3: Approval of Minutes: September 7, 2023 (Action) (Attachment, 2 pages)

Item 4: Other Outside Agency Reports: (Information)

1.) Environmental Health: (Attachment, 2 pages)

Jamie Elam, subcontracted with Jasper County Community Development

- Also sample report from the State (Attachment, 2 pages)

2.) Mid-Iowa Community Action (MICA) report (Attachment, 2 pages)

Megan Thompson, Health Services Coordinator

3.) American Lung Association of Iowa FY2024 Initiatives for Jasper County (Attachment, 2 pages)

Emmaline Krapfl, Specialist

4.) Employee and Family Resources (EFR):

FY2024 Work Plan- still have not received from the State as of 10/30/2023.

Maddy Lemons, Prevention Specialist

Old Business

Item 5: none

New Business

Item 6: Board of Health dates for 2024 (Action) (Attachment, 1 page)

Item 7: Board of Health member changes/recommendations for Board of Supervisors: Information Only (Attachment, 1 page)

1.) Reappointment of Donna Akins for a 3-year term.

2.) Mike Balmer does not wish to seek reappointment. <Certificate of Appreciation>

3.) Board of Supervisors will appoint new member from January 1, 2024-December 31, 2026.

Item 8: Administrator report

- Public Health Infrastructure Grant- IHHS slides (Attachment, 7 pages)
- Immunization Audits- Jasper County School Districts and Licensed Daycares (Attachment, 1 page)
- Local Healthcare Coalition Spotlight (Attachment, 3 pages)
- Empowering Local Public Health Champions- from the Administrator meeting (Attachment, 2 pages)
- Tuberculosis (TB) Healthcare Provider Alert (Attachment, 2 pages)
- COVID-19: 5 Things You Should Know (Attachment, 2 pages)
- Checklist for COVID-19 vaccine (Attachment, 3 pages)
- Health Improvement Strategies Throughout Iowa (Attachment, 40 pages)
- Jasper County Health Department Monthly Report (Attachment, 1 page)

Item 9: Public input: This is the time of the meeting that a citizen may address the Board on matters that are included in the agenda or a matter that is not on the regular agenda. After being recognized by the Chair, each person may be given three (3) minutes to speak as time allows. Comments and/or questions must be related to the policies or services and shall not include derogatory statements or comments about any individual. Except in cases of legal emergency, the Board cannot take formal action at the meeting but may research the matter or have the matter placed on a subsequent agenda.

Item 10: Next meeting Date: Thursday, January 11, 2024, 11:00 AM, Location: Jasper County Office Building, 315 W 3rd St N, large conference room #006, Newton, Iowa 50208. Board will need to elect chair in January.

Item 11: Motion to Adjourn: (Action)

JASPER COUNTY BOARD OF HEALTH

Date of Meeting: **Thursday, September 7, 2023** Time of Meeting: **11:00 AM**

Minutes: Jasper County Board of Health regular meeting

Item 1: Call to Order: 11:00 am

Roll Call of Jasper County Board of Health members:

Julie Smith, Jody Eaton, Dr. Andrew Cope, Donna Akins

Absent: Mike Balmer

Employees: Becky Pryor, Kristina Winfield, Melissa Gary

Outside Agencies: Jamie Elam, Community Development, Maddy Lemons, EFR (via Zoom), Heather Bombei, Iowa Department of Health and Human Services (via Zoom).

Members of the public: Jamee Pierson, Newton News (via Zoom)

Item 2: Approval of the Agenda: See 1 page attachment

Motion: Dr. Cope **Second by:** Jody Eaton **Motion Passes:** unanimously

Item 3: Approval of Minutes: July 13, 2023 – See 1 page attachment

Motion: Donna Akins **Second by:** Jody Eaton **Motion Passes:** unanimously

Item 4: Other Outside Agency Reports: (Information)

1.) Environmental Health: Jamie Elam, Community Development – See 1 page attachment

Jamie stated he is busy every day. Contractors are working hard now that the heat wave is over trying to get as much as possible done before the ground freezes. He stated there have been a few more well-fills this year compared to last year. Jamie also explained there is septic issue with a resident that is being resolved in court. Becky explained that with the new state alignment, parts of Environmental Health is under the DNR and the DNR merged with the Department of Inspections, Appeals and Licensing (DIAL).

2.) EFR; Maddy Lemons: IPN grant update. They are currently working on this year's goals and projects for the grant, but she believes it will be very similar to last year's. She stated she will email the plans to Becky for the Community Health Assessment.

3.) Iowa Department of Health and Human Services, Heather Bombei:

Heather stated next Thursday's meeting (September 14, 2023) is the 2nd year the state has required all 99 county administrators to attend.

Old Business

Item 5: none

New Business

Item 6: PHEP (Public Health Emergency Preparedness) Total grant funds (CRI, EMS and PHEP) from Polk County \$59,000 – See 1 page attachment

Motion: Jody Eaton **Seconded by:** Donna Akins **Motion Passes:** unanimously

Item 7: NIMS compliance – See 1 page attachment

Motion: Dr. Cope **Seconded by:** Jody Eaton **Motion Passes:** unanimously

Item 8: Community Health Worker (CHW) Professional Skills Training completion- See 1 page attachment

Item 9: School and Daycare Immunization requirements for audits- All five schools districts annual immunization audits, Newton, Baxter, Lynnville-Sully, Colfax-Mingo, and PCM, have been started or are scheduled to be completed before the required state deadline. Annual daycare immunization audits are started or are being scheduled also. - See 1 page attachment

Item 10: Staff reports: Kristina reported August was a busy month for immunizations. She gave many 7th and 12th-grade immunizations throughout the month. She stated we did run out of vaccines but only referred one child to another facility. Kristina explained the dates are set for county employee flu clinics located at, the Sherrif's Office, Elderly Nutrition, Secondary Roads/Engineers Office, the Administration Building, and Courthouse. She stated October 25, 2023, is the date for the county employee blood draw from 6:00 to 9:00 a.m. at Mercy One-Newton Lab. The Jasper County Wellness Committee funds are used to pay for the employee flu shots and blood draws. Kristina also reported that she been busy with communicable diseases and keeping the AED's pads and batteries up-to-date.

Becky reported on Melissa's 20 years of service with Jasper County and the different positions she has held. Starting as a Home care aide, working with Parents as Teachers, continuing as a Certified Passenger Safety Technician, and recently completing the Community Health Worker Training. Becky stated she thought the training would be a great opportunity for Melissa to learn new skills and help the residents of Jasper County by trying to fill in the gaps in services. Becky reported September and October will be very busy months with immunization audits and meetings with the state, emergency preparedness, Jasper County Cares, etc. Melissa reported she installed 5 car seats in August and has a few set up in September. For home care, she reported she discontinued a client due to the client no longer having the ability to live independently. Totally number of clients currently is 7 and the average cost per month is \$2,000.

Item 11: Public input: none

Item 12: Next meeting Thursday, November 9, 2023, 11:00 AM, Jasper County Office Building

Item 13: Motion to Adjourn: 11:31 am

Motion made by: Donna Akins **Second by:** Jody Eaton **Motion Passes:** unanimously

Minutes taken by Melissa Gary

Board of Health Member

Date

NAME County Board of Health Meeting
Environmental Health Summary of Activities
Meeting Date

Grants to Counties

of Wells Plugged:

- Well #, date
- Well #, date

of Wells Tested:

- Well Number
- % Ecoli
- % Total Coli
- % Nitrates
 - % > 10 ppb
 - % < 10 ppb
- % Arsenic < 10 ppb
- % Arsenic > 10 ppb
- % Manganese
- % PFAS

Sample

of Well Permits Issued:

- Well #, date
- Well #, date

GTC (1st, 2nd, 3rd, 4th) Quarterly Report:

- Date submitted

Total FY 2023 Budget: \$50,505 per county (Adjust for multi-county)

Funding Expended to Date/During 1st, 2nd, 3rd, 4th quarter:

Septic Permitting

Permits:

- Last Name
- Last Name
- Last Name

Completed Projects:

- Name of Project

Pending:

- Last Name, date
- Last Name, date
- Last Name, date

TOT Inspections

Binding Agreement for Demo

Binding Agreement for Future Install:

- ADDRESS 1
- ADDRESS 2

Request for Variances to Chapter 69(septic) :

Request for Septic Permit Extension:

Nuisance Complaints/Animal Bite :

Expired Septic Permits:

- Last Name, DATE

Septic Compliance Issues:

Pool/Tanning/Tattoo Inspections:

- Pool Inspection completed—notes on violations

Classes/Training Attended:

Claims/Expenditures:

-

Other:

- Vacation Dates - County will be covered as needed.
- Contracts that need approval (GTC, Septic Pumper)
- EH education with Community/Homeowner Education Events

Environmental Reporting to Jasper County Board of Health
For FY2024

Environmental Reporting	FY2024	Jul	Aug	Sep	Oct
Septic Eval & Inspections	15	5	12	13	
Time of Transfer Inspections	5	5	5	11	
New Water Wells	0	1	0	0	
Plugged Water Wells	4	2	1	3	
Water Tests	2	0	0	1	
Pool/Spa Inspections	0	0	0	1	
Tanning Facility Inspections	0	0	0	0	
Tattoo Facility Inspections	0	0	0	0	
Septic Tank Pumper Inspections	0	0	0	0	
Nuisance Complaints	2	0	0	1	
Rabies / Dog Bites	2	1	1	0	
Radon Test Kits Sold	1	0	0	1	
Any Issues or Complaints	0	0	0	0	

Grants to Counties

	Wells Plugged	Wells Tested	Well Permits	GTC Quarterly Report	Amt Submitted
1st Quarter G2C (07/01/2023-09/30/2023)	Well # 2230604 07/07/2023			Submitted 10/09/2023	\$4,311.58
	Well # 2230520 07/26/2023				
	Well # 2230523 08/18/2023				
	Well # 2230524 08/14/2023				
	Well # 2230606 08/18/2023				
	Well # 2230607 08/08/2023				
2nd Quarter G2C (10/01/2023 - 12/31/2023)					



Mid-Iowa Community Action (MICA)

Helping People. Changing Lives. Building Communities.

Serving Families in: Boone, Jasper, Poweshiek,
Marshall, Story and Tama Counties.

Board of Health Newsletter September 2023

WIC Participation	August 2023
Marshalltown	1355
Grinnell	177
Tama	198
Colfax	57
Newton	409
Settlement	18
Boone	226
Ames	1092
Nevada	118
Traer	28
Brooklyn	26
Agency Total	3704

*WIC grant requires participation numbers in all BOH newsletters.

*An increase of 112 participants between April and August

Cavity Free Iowa

Cavity Free Iowa is a medical-dental initiative, launched in 2017, focused on early oral health care and prevention of early childhood caries.

Dr. Rienera Sivesind and Dr. Lindsey Hay from Boone County Family Medicine North participate in Cavity Free Iowa. They received training from MICA's I-Smile Coordinator and can provide oral screenings, risk assessments, fluoride varnish application and referrals to local dentists to any child during well visits.

Highlight: Immunizations

On Aug. 25, the CDC announced that, for the first time since 2013, the proportion of 13–17-year-olds who received their first dose of the HPV vaccine did not increase; instead, vaccination coverage decreased among Medicaid-insured teens while remaining lowest among uninsured teens, two of the four groups eligible for the Vaccines for Children (VFC) program.

MICA's EPSDT Program promotes the HPV vaccine to 11-13 year olds through informing letters and phone calls.

MICA's Child Health Nurses are also able to educate parents on the importance of immunizations throughout childhood and can refer to local vaccine providers.

ACS (American Cancer Society) has a goal to achieve 80% HPV vaccination rates for 13-year-olds by 2026 as part of their Mission: HPV Cancer Free campaign.

2022-2023 HPV Vaccination Impact Report: [2022-23 HPV Impact Report FINAL \(hpvroundtable.org\)](https://www.hpvroundtable.org/2022-23-HPV-Impact-Report-FINAL)

Our staff who complete informing calls for Medicaid were able to meet a goal of 40% completion, meaning they spoke to 40% of families on the newly eligible Medicaid list. Through these calls, staff work with families to connect them to a medical or dental provider and address any barriers with transportation. In addition, families also receive a resource packet with a flyer that includes 988, 211 and 911 and when they should use each number. We encourage families to become familiar with their Medicaid benefits, local resources and how to utilize different health care services.

For more information about MICA Health Services call 641-752-7162

Additional Health Program Updates:

Child Care Nurse Consultant (CCNC)

We have a second Child Care Nurse Consultant, Jenn West, working in Jasper and Poweshiek Counties. Jenn has completed her training and is observing Tara Berstler, Child Care Nurse Consultant for Boone, Story, Hardin, Marshall and Tama Counties. Together they will provide support to local childcare providers to improve health and safety, ensuring quality early learning environments are available for young children.

WIC

WIC provided services to a total of 5, 528 individuals in FY23. This includes 1,256 women, 1,660 infants and 2,292 children. Our participation numbers steadily increased by 149 participants and we are serving more participants now than this time in FY22.

Also in FY23, two Registered Dietitians and one Nutrition Educator earned their Certified Lactation Specialist certification. All of our nutrition experts now have a breastfeeding credential ranging from CLC/CLS to IBCLC. This will help us to better support breastfeeding parents in their journey!

Breastfeeding Peer Counseling

The BFPC team celebrated World Breastfeeding Month in August by supporting and cheering on MICA participants who are currently in their breastfeeding journeys.

1st Five

1st Five welcomes local Peer Consultant, Dr. Tara Andersen, from Ames McFarland Pediatrics. Tara will serve as the local expert on developmental screenings and is able to assist other providers and clinics with development screening workflow. 1st Five has also seen an increase in the number of referrals recently. Developmental Support Specialists are working hard to get families connected to early intervention services and local resources.

Maternal Health

The Maternal Health Program provides education and support services for pregnant women in our 6 county service area. Anyone interested in the Maternal Health Program can call 641-752-7162 to enroll. There is also a newly formed Maternal Health Coalition that meets quarterly to collaborate on maternal health initiatives. If you work with pregnant or postpartum individuals and are interested in joining the Maternal Health Coalition contact Jana Larsen, jana.larsen@micaonline.org

Child Health

The Child Health Team is working on immunization promotion. The latest HPV Vaccine report shows that HPV vaccines among adolescents have decreased the past two years, Medicaid and Uninsured children are showing the largest rates of decline. To promote immunizations all newly eligible Medicaid recipients ages 0-19 will receive age-appropriate immunization information as well as follow up calls to help connect them to preventative care. In addition, MICA nurses educate families on the importance of immunizations and where to obtain them locally.

Pick A Better Snack

Pick A Better Snack is planning fall lessons that will take place in six Marshalltown Elementaries as well as South Tama Elementary. Pick A Better Snack promotes healthy snack choices and an active lifestyle to kids in grades K-4.

I-Smile

The I-Smile Team is gearing up to provide school sealants again this year. The I-Smile @ School team will serve 26 schools in Central Iowa providing free dental screenings, fluoride varnish, sealants, and oral health education to children in 2nd and 3rd grades at no cost.

DID YOU KNOW?

3,000+

Is the number of individuals who utilized Quitline Iowa in FY23.

FEATURED RESOURCE

[Quitline Iowa](#)

Offers free tobacco cessation services to all Iowans!

FY2024 Initiatives for Jasper County

Youth Prevention:

In Jasper County local tobacco control staff are assisting schools and youth organizations with youth tobacco cessation resources and forming youth tobacco chapters called I-STEP.

- ✓ In April, staff tabled at and provided resources to students at Prairie City-Monroe High School's Health Advocacy Day.
- ✓ In FY24, staff will work on forming an ISTEP chapter with a Jasper County school or youth organization.

In Jasper County local tobacco control staff are providing community member education and presentations on the topic of youth vaping.

- ✓ In FY23 Q4, staff met with 4 staff/faculty members (in 3 separate presentations) at Prairie City-Monroe High School and Berg Middle School.
- ✓ Staff met with Julie Smith, the Center Director at Capstone Behavioral Healthcare, to provide resources and to discuss youth vaping and tobacco use.

Policy Systems Change:

In Jasper County local tobacco control staff are working on assisting childcare centers, worksites, and multi-unit housing with policy change and tobacco cessation resources.

- ✓ In FY23 Q4, staff conducted outreach for policy change and conducted resource drop offs to 17 childcare facilities, businesses, golf courses and clinics.

Cessation:

In Jasper County local tobacco control staff are promoting [Quitline Iowa](#) and [My Life My Quit](#) to the community.

- ✓ In FY23 Q4, staff provided resources to 18 organizations in Jasper County.

In Jasper County local tobacco control staff are assisting healthcare providers and with Quitline Iowa Ask, Advise, Refer Trainings.

- ✓ Staff would like to thank Capstone Behavioral Healthcare and Diane DeJong, PA-C, at the Pella Regional Medical Clinic in Sully for the time and work they put in discussing tobacco, nicotine, the Quitline and MyLifeMyQuit with patients!
- ✓ The Quitline has added new trainings to their program. To learn more and to earn CEUs, visit [Quitlogix Education | Quitlogix Education for Iowa Providers](#).

Asks of Coalition:

- If your organization would be interested in resources or more information on policy, please reach out!

News and Resources:

- Youth Programs and resources are linked here: <https://bit.ly/3EWCY7A>
- See [Iowa Youth Survey 2021](#), & [Point of Sale](#) data
- American Lung Association Toolkits:
 - Addressing Tobacco use in Black Communities Toolkit
 - <https://www.lung.org/getmedia/a13f1949-8d58-4e99-bed0-f28bcd18acfc/addressing-tobacco-use-in-black-comm-toolkit.pdf>
 - Addressing Commercial Tobacco Use in Indigenous Communities Toolkit
 - <https://www.lung.org/getmedia/054b62e2-ed3a-4880-a576-16ab52015d63/IndigenousToolkit>
 - Addressing Tobacco use in Hispanic or Latino Communities Toolkit:
 - https://www.lung.org/getmedia/1063c716-425d-4684-8647-14a37a72580a/Hispanic_Latino_Communities_Toolkit_ENG.pdf
 - <https://www.lung.org/getmedia/6958ab6d-fd74-4d8c-8939-53cad07e9a34/Herramientas-para-abordar-el-consumo-de-tabaco.pdf>

The American Lung Association holds the Community Partnership grant funded by the Iowa Department of Public Health, Division of Tobacco Use Prevention & Control for eight counties in Iowa. We serve Adair, Dallas, Jasper, Madison, Marshall, Polk, Union, and Warren Counties and follow best practices for tobacco control outline by the CDC:

1. *Prevent the Initiation of tobacco use among young people.*
2. *Eliminate non-smokers exposure to secondhand smoke.*
3. *Promote quitting among young people and adults.*
4. *Identify and eliminate tobacco-related disparities among population groups.*

JASPER COUNTY

HEALTH DEPT.

Board of Health dates 2024

Second Thursday of odd months

January 11 - elect Chair

March 14

May 9

July 11

September 12

November 14

Time: 11am at Jasper County Office Building

315 W 3rd St N, Large Conference Room, Newton, IA 50208

Meeting dates subject to change with Board of Health Approval

(Required to have 6 per year)

Jasper County Board of Health Roster as of 11.2.2023

Mike Balmer

Term Expires: December 31, 2023- not seeking re-appointment

Member since 2015- 8 years

Dr. Andrew Cope, Medical Director

Term Expires: December 31, 2024 (BOS November 9, 2021)

Member since 2018 – 6 years

Donna Akins

Term Expires: December 31, 2023, seeking reappointment, new term until 2026

Member since 2019- 4 years

Julie Smith

Term Expires: December 31, 2024

Member since 1/2022- 2 years

Jody Eaton

Term Expires: December 31, 2025

Member since 1/2023- 1 year

Public Health Infrastructure Grant

October 10, 2023



1

CDC Grant Goals

1. Meet critical infrastructure needs in the short-term
2. Make strategic investments that will have lasting effects on public health agencies
3. Support strategically strengthening public health infrastructure and systems related to workforce, foundational capabilities, and data infrastructure
4. Support larger investments to rebalance investments in public health in rural areas

HHS Goals

1. Assess the current system
2. Strengthen HHS-wide capacity for enhanced data analysis and dissemination
3. Increase system-wide support for local public health agencies and local contractors
4. Invest in workforce development and training
5. Enhance existing efforts for data modernization

HHS PHIG Governance Team

- Dr. Kruse, State Medical Director
- Ken Sharp, Public Health Operations Deputy
 - Grant Authorizing Official
- Marisa Roseberry, Bureau Chief of Performance
 - Grant Principal Investigator
- Eliza Daly, PHIG Coordinator
 - Grant management

Workforce Focus Area

1. Strengthen support for grant implementation
2. Bolster HHS' ability to make timely, evidence-based public health decisions
3. Hire staff in areas of HHS that are traditionally underfunded
4. Support and sustain the public health workforce
5. Train new and existing public health staff
6. Build multi-discipline Public Health Support Teams made up of state staff to improve support for local public health

Public Health Support Teams

Focused on advancing the local public health system to:

- Bolster the system's ability to ensure Iowans receive all 10 Essential Public Health Services and local public health agencies meet all of the foundational public health capabilities; and
- Strengthen the system's capacity for enhanced data analysis using county-level data



PHIG Funded Support Team Positions

Support for LPH, in addition to the Regional Community Health Consultants in Local Public Health Services:

LPH Planning and Performance Consultants (2)

- Provide education and TA on strategic planning and performance improvement efforts including assessments, work plans, reporting, and communicating progress

LPH Workforce Development Consultants (2)

- Provide education and TA on workforce development efforts including assessments, work plans, and reporting; identify or develop training opportunities to meet workforce needs

Population Health Advisors (2)

- Provide education and TA on the foundational public health capabilities; help guide statewide population health efforts; provide education and TA on population health to local public health partners
- These positions have been filled

PHIG Funded Support Team Positions

Support for LPH, in addition to current CADE Field Epidemiologists and other HHS Epi positions:

LPH Epidemiologists (4)

- Conduct surveillance activities; provide education and TA to LPH to help them increase their ability to collect and analyze county-level data.

Support for LPH, in addition to current staff in Environmental Health:

LPH Environmental Health Consultants (2)

- Provides education and TA to local staff, using an environmental health sciences approach, to help guide environmental health focused population health efforts

Environmental Population Health

Examples of using an environmental sciences approach influencing the health of a population:

- Several counties have used Iowa DNR's PFAS dashboard to develop a targeted testing strategy for private wells
- The Environmental Public Health Tracking (EPHT) team developed custom reports and data visualizations related to risk factors and testing rates by county for lead-inspector instructors to reinforce their understanding of lead poisoning risk factors and testing measures

Iowa HHS plans to hire a toxicologist to provide TA and interpret standards and risks of emerging contaminants in groundwater, air quality concerns, and other environmental hazards.

Foundational Capabilities Focus Area

Hire staff to bolster HHS' ability to ensure Iowans receive all 10 Essential Public Health Services

Assure HHS is situated to meet all the foundational capabilities of public health, specifically in the following areas:

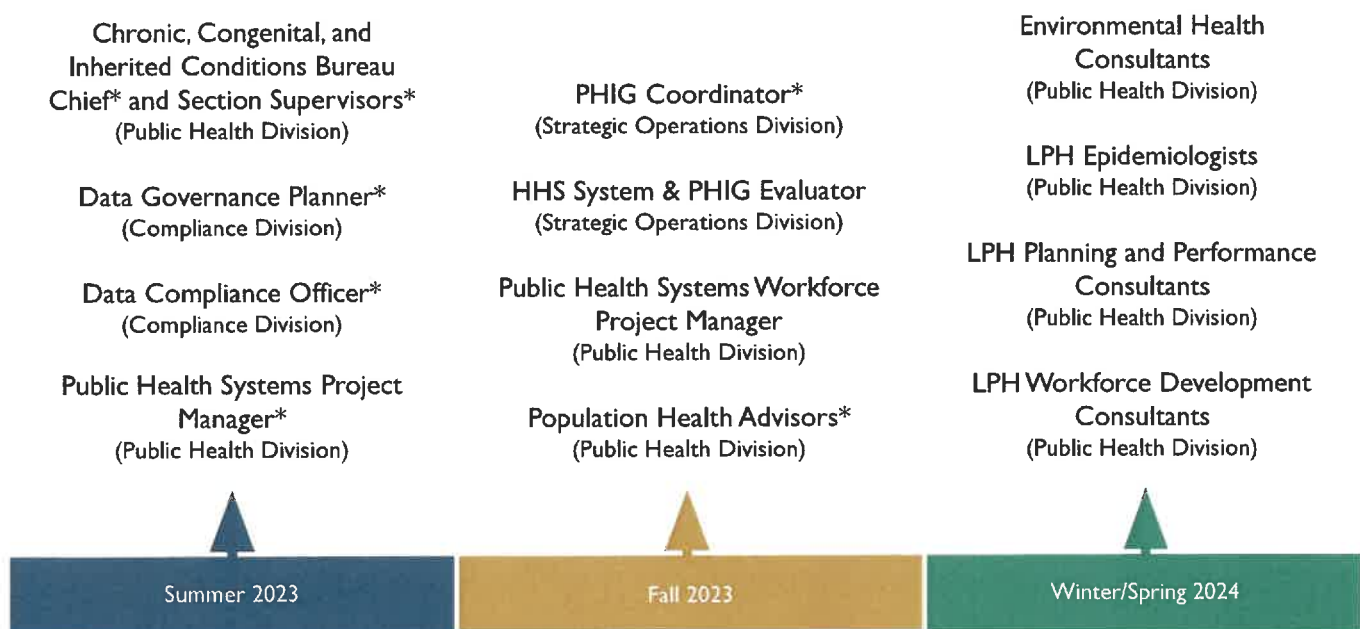
- Communications
- Data governance
- Community partnership development and engagement
- Systems development
- Health equity

Data Modernization Focus Area

Expand current data modernization efforts beyond reportable diseases to include additional public health datasets within the department

- Invest in more modern and efficient data infrastructure
- Work toward increased data interoperability
- Increase availability and use of public health data
- Create a steering committee to assist with assessment and implementation of department-wide data modernization initiative
- Update and expand existing data modernization assessment
- Create an implementation plan
- Incorporate and link this work to better inform and support both the CHA&CHIP and SHA&SHIP processes to identify leading public health concerns

PHIG Positions: Hiring Timeline



*This position has been filled

Questions

Jasper Co. Immunization Audits - Fall of 2023

Total number of school audits	Total number of provisionals written	Total number of religious exemptions	Total number of medical exemptions	Total number of Noncompliant students
5486	82	173	21	0
Total number of daycare audits	Total number of provisionals written	Total number of religious exemptions	Total number of medical exemptions	Total number of Noncompliant students
903	29	10	3	2
Totals				
6389	111	183	24	2
				Date: 10/26/2023

Invited Organizations

• Education

- Colleges
- K-12 Schools

• First Responders

- Emergency Management
- Emergency Medical Services
- Fire Departments
- Police Departments
- Sheriff's Office

• Government

- Attorney's Office
- Auditor
- Board of Supervisor's
- General Assistance
- Iowa Health and Human Services
- Juvenile Court Services
- Legal Aid
- Treasurer
- Veteran's Affairs

• Healthcare

- Assisted Living
- Behavioral Health
- Clinics
- Elderly Nutrition
- Health Department
- Hospices
- Hospital
- Nursing Homes
- Physical Therapy
- Urgent Care
- Rehabilitation Centers

(continued on next page)



Invited Organizations **P.1-2**

Building the Local Healthcare Coalition **P.1**

Agenda Items **P.2**

Successes and Challenges **P.2**

Meeting Postcard Examples **P.3**

Building the Local Healthcare Coalition

The Jasper County Health Department created the Jasper County Cares Coalition in 2016 due to AC4C (Alliance of Coalitions for Change) providing a consult. Initially, the group included various health, human services, school, and city police representatives. Since then, the invitee list has grown to include more first responders, government offices, healthcare entities, and non-governmental organizations such as non-profits, local businesses, and churches due to Becky reaching out to new employees as they join the community. In total, the current distribution list includes nearly 200 contacts and the monthly meetings regularly have around 50 agencies attend! As a result of the great attendance and participation from partners in the county, there are less meetings (from six separate meetings to one!) and the time is spent more productively.

While Jasper County Cares Coalition no longer receives the funding that enabled the initiation of the coalition, the relationships built have allowed for numerous projects to be funded by United Way, Walmart, Jasper County Community Foundation, and other attendees. Along with the participation of local organizations, The Coalition has a very involved leadership committee that includes six people that meet quarterly to work on goals or gaps in service and identify what they can do better. The Coalition has a Facebook page that engages with the community and allows for the invited organizations to post information on the page such as events or new services and they have a logo (see above).



Invited Organizations (continued)

• Non-Governmental

- Aging Resources of Central Iowa
- Alliance of Coalitions for Change
- American Lung Association
- Alzheimer's Association, Iowa Chapter
- Central Iowa Shelter & Services
- Churches
- Community Support Advocates
- Crisis Intervention Services
- Ellipsis – YESS and IHH
- Employee and Family Resources
- Families First
- Family Crisis Center
- Four Oaks
- Freedom for Youth
- Greater Poweshiek Community Foundation
- Heartland AEA
- HIRTA
- Immanuel Pathways Central Iowa
- IMPACT Community Action Partnership
- Kid Assist
- Library
- Media Partners
- Mid Iowa Community Action Agency
- Mid Iowa Habitat
- Neighbors Helping Neighbors
- Salvation Army
- United Way

Agenda Items

Agenda items include everyone introducing themselves along with them discussing information they want to share in regard to changes or updates at their agency, updates to the Jasper County Resource Guide, relevant grants (such as the Opioid Settlement fund), and a briefing of work completed as a result of subgroup meetings. Many of the subgroup meetings are initiatives linked to the Community Health Improvement Plan and they meet either before or after the main meeting. Additionally, Jasper County Care Coalition comes together for county exercises and training.

Successes and Challenges

An example of some of the successes:

- Relationships/Networking, Communication, Organization, Leadership, and Consistency/Purposeful meetings.
- The number of partners that participated in the coalition. The networking!
- Making things happen in Jasper County such as identifying gaps in service, funding opportunities, and communication about upcoming events.
- The resource table on meeting day and the resource guide.
- The Leadership team (which includes six people) is amazing and always willing to go the extra mile.
- Projects such as working together for Red Ribbon Week at all Jasper County Schools that included them purchasing and handing out bracelets and ribbons. Jasper County Cares has also been able to utilize Opioid Settlement Funds for additional coalition projects.
- Open conversation and facilitation about issues in County.

The Jasper County Resource Guide is regularly updated and available online at: https://www.jasperia.org/files/health/resource_guide_54108.pdf

The majority of challenges are linked to the amount of time it takes to complete, such as:

- The coordination of the coalition.
- Maintaining the distribution list due to turnover at organizations and adding new partners.
- Regularly updating the Jasper County Resource Guide.

Despite the time that it takes to complete all of the work associated with Jasper County Cares Coalition, Becky echoes that it has all been worth it and has made their community stronger!

Follow Jasper County Cares Coalition on Facebook at: <https://www.facebook.com/JasperCountyCaresCoalition>





Jasper County Cares Coalition

Meeting 10:30 AM to noon
December 13, 2023, Wednesday

Location: Jasper County Office Building, Large Conference Room
315 W 3rd St N, Suite 008, Newton, IA 50208




Stronger Together!



Help is available
Jasper County Resource Guide



 SCAN ME

Please send any updates to
jaspercocares@jasperia.org

EMPOWERING LOCAL PUBLIC HEALTH CHAMPIONS

Everyone has a role in public health, either officially or unofficially. Identify & empower partners that can progress public health initiatives in your community.

Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.
-World Health Organization

Take a few minutes to brainstorm potential partners within your community that represent or provide services across all the social determinants of health.

Category	Examples	Potential Partners
Health Care Access & Quality	Doctors, nurses, dentists, chiropractors, therapists, dieticians, hospital leadership, health coaches, medical interpreters, first responders, pharmacists, insurers, etc.	
Education Access & Quality	Principals and school leadership, teachers, childcare providers, child welfare advocates, Area Education Agencies (AEAs), ESL educators, university or community college staff, students, etc.	
Neighborhood & Built Environment	Transit agencies, city planners and administrators, local health initiative leaders, Metropolitan Planning Organizations (MPOs), Council of Governments (COGs), law enforcement, landlords, housing advocates, grocers, parks and recreation leaders, etc.	
Economic Stability	Chambers of Commerce, financial assistance providers, employers, banks, economic development leaders	
Social & Community Context	Religious leaders, service providers, civic groups, Ethnic Community Based Organizations (ECBOs), libraries, community members, etc.	
Underserved Voices	Advocates that serve, or members of communities that identify as, a racial, ethnic, gender or religious minority, low socio-economic status, person with a disability, justice involved, etc.	



Once you have identified potential partners, offer options with various levels of commitment that will allow them to contribute to the CHA CHIP process.

- **Survey Participant:** Completes the stakeholder survey - 15-20 minute commitment
- **CHA Advocate:** Promotes and assists people in completing the community survey - 1-2 month commitment
- **Interview Participant:** Answers more in depth questions about community health among the populations they serve - 30-60 minute commitment
- **Workshop Participant:** Attend a consensus building workshop to help select the top health priorities to be included in the CHIP- 4-6 hour commitment
- **CHIP Champion:** Lead health improvement activities to help the county make progress on specific CHIP goals - ongoing commitment over 3 years

Some partners may be able to contribute in multiple roles; others may choose just one.

Tuberculosis Healthcare Provider Alert

Increase in Tuberculosis (TB) Cases Among Persons from Pacific Island Communities

October 18, 2023

The Iowa Department of Health and Human Services Division of Public Health requests clinicians in Iowa implement routine baseline TB screening and testing for all persons from designated Pacific Island communities.

This correspondence contains updated information for Iowa healthcare providers regarding the significant increase in TB disease cases occurring in Iowa among persons from designated Pacific Island communities. The Pacific Island communities include the Republic of the Marshall Islands (RMI), Republic of Palau, and the Federated States of Micronesia (FSM), which includes the island states of Yap, Chuuk, Pohnpei and Kosrae. Citizens of these communities do not have the benefit of medical screening for communicable diseases, including tuberculosis, upon entry to the United States. TB case rates in these regions are amongst the highest in the world.

In Iowa, the reported number of verified cases of TB disease in persons from Pacific Island Communities continues to rise and represents a significant proportion of the current TB morbidity in Iowa. In the ten-year time period of 2011-2020, Iowa reported a total of 17 cases in this population. Since 2021, Iowa reported 41 cases to date in the Pacific Islander population:

- **2023: January-October 2023: 23 confirmed/ One (1) suspect TB disease case with treatment regimen initiated**
- 2022: 10 confirmed TB disease cases
- 2021: 8 confirmed TB disease cases
- 2011-2020: 17 confirmed TB disease cases

Routine baseline TB screening and testing for all persons from these designated Pacific Island communities consists of two components: (1) assessing for current symptoms of active TB disease and (2) testing using a single IGRA (QuantiferON or T-SPOT) (TST < 2 years of age) to screen for latent TB infection (LTBI). After baseline testing is accomplished, serial testing is not recommended.

Children and adults with signs and symptoms consistent with TB require a Chest X-ray:

- Perform a chest X-ray (CXR) at the initial exam. Do not wait for the TST or IGRA result.
- Hilar lymphadenopathy is the hallmark of pediatric tuberculosis and is often the only radiographic finding.
- Medical consultation on an abnormal CXR is available by contacting the Iowa HHS TB Control Program.

Suspected TB Disease:

- Evaluate for both pulmonary and extrapulmonary sites of disease.
 - TB can occur in any body site. The most common extrapulmonary sites of disease include: pleura, lymph nodes, bone and joint, urogenital tract and meninges.
 - Call the Iowa HHS TB Control Program to report suspected TB disease.
-

TB TREATMENT**LTBI Treatment:**

- Persons with a positive TST or IGRA require a medical exam to rule out active TB disease, the chief component of which is a two view chest x-ray.
- [CDC Treatment Regimens for LTBI](#)
- Medications are free of charge using the [LTBI Patient Information Sheet for Treatment](#)

TB Disease Treatment:

- TB disease treatment is managed by the TB Control Program
- All patients on TB disease treatment are managed using directly observed therapy (DOT) conducted by LPHAs.
- Patients with infectious (pulmonary/laryngeal) TB are placed on LPHA isolation until the criteria is met to release from isolation.
- Patients with pulmonary/laryngeal TB are required to complete TB treatment by DOT with a LPHA.

Contact the Iowa HHS TB Control Program with any questions.

- Allan Lynch, Program Manager: 515-281-7504
- Shirlee Hasstedt, Nurse Consultant: 515-281-8636



Respiratory Viruses

5 Things You Should Know about COVID-19 Vaccines

October 13, 2023, 2:00 PM EDT

CDC is posting updates on respiratory viruses every week; for the latest information, please visit CDC Respiratory Virus Updates.

1. Updated 2023-2024 COVID-19 vaccines save lives and prevent hospitalizations.

In the first ten months that COVID-19 vaccines were available, they saved over 200,000 lives and prevented over 1.5 million hospitalizations in the United States. This is the purpose of these vaccines: to save lives and prevent severe disease. They can also reduce the risk of Long COVID.

The virus is constantly changing, and our immunity, whether from vaccines or previous infections, fades. Getting updated vaccines like the updated COVID-19 vaccines that are available now continues to be important, especially for older people and those with certain medical conditions. People who fall into these categories should also practice other preventive measures and should seek treatment if they get COVID-19. It is also important to know that healthy children and adults can experience severe disease from COVID-19, so they should stay up to date with the vaccine, as well.

Getting vaccinated builds protection against COVID-19, protecting people from the potentially serious consequences of getting the disease, including hospitalization and death.

2. COVID-19 vaccines are effective.

We have multiple years of experience showing the effectiveness of COVID-19 vaccines. However, the strains of virus causing most of the disease change and immunity wanes over time. The changes from last year's vaccines are small, but they help make the vaccine better at targeting the virus strains circulating now and give your immune system a boost.

To put a finer point on it, the Food and Drug Administration (FDA), the agency that authorizes or approves vaccines, considers the 2023-2024 vaccine update to be a minor change that does not require new clinical trials. This is consistent with how FDA handles annual influenza vaccine strain updates.

Based on three years of experience with these vaccines, we can expect the vaccines to increase protection and save lives.

Evidence supports the benefits of this year's updated COVID-19 vaccines:

- People vaccinated with Moderna's updated COVID-19 vaccine showed a strong immune response against common variants.
- In laboratory studies, Novavax's and Pfizer's updated COVID-19 vaccine also produced strong immune responses, which brings better protection against severe illness, hospitalization, and death.

There are many studies that continue to try to assess how well vaccines work in practice. Real-world vaccine effectiveness studies need to be conducted carefully and interpreted with the understanding that there are many factors that can affect results, like how recently someone was infected or how long it has been since they were vaccinated. When considering vaccine effectiveness studies, it is critical to evaluate the **totality of evidence** across many studies which shows that:

- COVID-19 vaccines provide **sustained protection against severe disease and death**, the purpose of the vaccine.
- The protection against infection tends to be modest and sometimes short-lived, but the vaccines are very effective at protecting against severe illness.

Immune protection from both vaccines *and* previous infections can decline over time and as new variants emerge. It is important to stay up to date with recommended COVID-19 vaccines, especially for people at higher risk of severe disease, such as older adults and people with medical conditions.

3. When side effects from COVID-19 vaccines occur, they are usually mild or moderate.

COVID-19 vaccines have undergone—and continue to undergo—the most intense vaccine safety monitoring in U.S. history.

The reactions that can happen after COVID-19 vaccines are typically mild to moderate and are similar to those that can occur after other vaccines, such as pain at the injection site or fatigue. These reactions usually go away within a few days. Swelling of the lymph nodes (lymphadenopathy) has been observed after COVID-19 vaccines. As with any medicine or vaccine, there is a rare risk of severe allergic reaction, including anaphylaxis, after COVID-19 vaccines.

There is a rare risk of inflammation of the heart or its surrounding tissue (myocarditis or pericarditis) after COVID-19 vaccines, often in adolescent and young adult males. However, importantly, in one study, the risk of cardiac complications in males 12-17 years old was **1.8 – 5.6 times higher after getting COVID-19 disease** than after receiving an mRNA COVID-19 vaccine.

Most people who were reported to have myocarditis after mRNA COVID-19 vaccination responded well to medicine and rest and had resolution of symptoms by the time they went home from the hospital. A study found that most patients with myocarditis after mRNA COVID-19 vaccination were considered to have recovered by their healthcare provider after at least 90 days since onset.

It is important to look at the whole picture in the context of the benefit-risk balance, and the evidence strongly supports that the benefits of COVID-19 vaccines outweigh the risks.

4. Talk to your healthcare provider before you believe everything you see or hear from others.

A single scientific finding is not conclusive and can be used out of context, or there may be other inaccurate information circulating about COVID-19 vaccines.

COVID-19 vaccines do not make you magnetic. They do not alter your DNA. They do not contain microchips to track your movements. The reality is that COVID-19 vaccines are safe and effective. They save lives.

If you have questions or concerns about the COVID-19 vaccine, talk to your healthcare provider.

5. The updated COVID-19 vaccine recommendations are based on data and science.

The available evidence includes extensive safety and effectiveness data on the original and bivalent COVID-19 vaccines and data on the updated vaccines from the three manufacturers, including clinical trial data from Moderna and pre-clinical data from Novavax and Pfizer. On September 12, the Advisory Committee on Immunization Practices (ACIP) recommended the use of the updated 2023-2024 vaccines in everyone 6 months and older after lengthy discussion and public comment. A recently published MMWR summarizes these considerations.

Bottom line: CDC recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this fall and winter. This is especially important for older adults and people with weakened immune systems, who are at highest risk for severe illness.

Last Reviewed: October 13, 2023

Source: National Center for Immunization and Respiratory Diseases

Checklist of Current Versions of U.S. COVID-19 Vaccination Guidance and Clinic Support Tools



Information current as of 8 a.m. ET on 06 October 2023

This checklist, which is updated at least monthly, provides links to key COVID-19 vaccination resources and indicates when they were last updated (as of the date shown above).

- View this checklist online at www.immunize.org/catg.d/p3130.pdf to access the resources directly
- For additional COVID-19 vaccine information, go to www.immunize.org/covid-19

Primary CDC Guidance on Use of COVID-19 Vaccines

Web page	Date last updated
Use of COVID-19 Vaccines in the United States: Interim Clinical Considerations	15 Sept 2023
COVID-19 ACIP Vaccine Recommendations	29 Sept 2023

COVID-19 Immunization Schedule (print ready PDF document)

Schedule	Date last updated
Interim 2023–2024 COVID-19 Immunization Schedule for Persons 6 Months of Age and Older	22 Sept 2023

Fact Sheets and Package Inserts

FDA: **FACT SHEETS** (for Vaccines with Emergency Use Authorization [EUA]) and **PACKAGE INSERTS** (for Vaccines with full FDA Licensure)

Manufacturer	Age Indication	Presentation*	Identifying Colors		Fact Sheet (FS) or Pkg Insert (PI)	Date last updated	
			Cap	Label		For Healthcare Providers	For Recipients & Caregivers
Pfizer-BioNTech	6 mos through 4 yrs	3-dose MDV	Yellow	Yellow	FS	11 Sept 2023	11 Sept 2023 translations†
	5 yrs through 11 yrs	SDV	Blue	Blue			
	12+ yrs (<i>Comirnaty</i>)	SDV	Gray	Gray	PI	Sept 2023	Sept 2023 ‡ (see last pages)
		MFS	n/a	n/a			
Moderna	6 mos through 11 yrs	SDV	Dark blue	Green	FS	11 Sept 2023	11 Sept 2023 translations†
		SDV	Dark blue	Blue	PI	Sept 2023	Sept 2023 ‡
	MFS	n/a	n/a				
Novavax	12+ yrs	5-dose MDV	Blue	Blue	FS	03 Oct 2023	03 Oct 2023 translations†

* Presentation: SDV = single-dose vial/ MDV = multiple-dose vial/ MFS = manufacturer-filled syringe

† Translations for Recipient & Caregiver Fact Sheets (select manufacturer and language): [Pfizer-BioNTech/ Moderna/ Novavax](#)

‡ A COVID-19 vaccine information statement (VIS) is not yet available for use with licensed *Comirnaty* and *Spikevax* vaccines. Per CDC's [Current VISs](#) page, providers may use the manufacturer's patient package insert, written FAQs, or any other document (including provider-produced information materials) to inform patients about the benefits and risks of that vaccine.

CDC COVID-19 Vaccine Clinic Support Tools (print ready PDF documents)

CDC: PREVACCINATION CHECKLIST

Checklist	English	Spanish
Prevaccination Checklist for COVID-19 Vaccines (for use by vaccine recipients)	13 Jan 2023	25 Jan 2023
Prevaccination Checklist for COVID-19 Vaccines (Information for healthcare professionals)	23 Dec 2022	n/a



COVID-19 Vaccine Clinic Support Tools (cont.)

CDC: STANDING ORDERS FOR ADMINISTERING VACCINE (all available at www.immunize.org/standing-orders)

Manufacturer	Age Indication	Presentation*	Identifying Colors		Date last updated
			Cap	Label	
Pfizer-BioNTech	6 mos through 4 yrs	3-dose MDV	Yellow	Yellow	29 Sept 2023
	5 yrs through 11 yrs	SDV	Blue	Blue	29 Sept 2023
	12+ yrs (<i>Comirnaty</i>)	SDV	Gray	Gray	
		MFS	n/a	n/a	
Moderna	6 mos through 4 yrs	SDV	Dark blue	Green	29 Sept 2023
	5 yrs through 11 yrs	SDV	Dark blue	Green	29 Sept 2023
	12+ yrs (<i>Spikevax</i>)	SDV	Dark blue	Blue	
		MFS	n/a	n/a	
Novavax	12+ yrs	5-dose MDV	Blue	Blue	<i>coming soon</i>

* Presentation: SDV = single-dose vial/ MDV = multiple-dose vial/ MFS = manufacturer-filled syringe

CDC: STORAGE AND BEYOND-USE DATE (BUD) TRACKING LABELS

Product	Age Indication	Identifying Colors		Date last updated
		Cap	Label	
Pfizer-BioNTech	6+ mos	All <i>(yellow, blue, gray)</i>	All <i>(yellow, blue, gray)</i>	<i>coming soon</i>
Moderna	6+ mos	All <i>(dark blue)</i>	All <i>(green, blue)</i>	<i>coming soon</i>
Novavax	12+ yrs	Blue	n/a	28 Sept 2023

CDC: VACCINATION INFOGRAPHICS

Infographic	Date last updated
COVID-19 Vaccination Recommendations Infographic (for people NOT moderately or severely immunocompromised)	20 Sept 2023
COVID-19 Vaccination Recommendations Infographic (for people moderately or severely immunocompromised)	20 Sept 2023

CDC: COVID-19 VACCINE STORAGE TEMPERATURE LOGS

Storage Unit	Celsius	Fahrenheit
Ultra-Cold Freezer (<i>Pfizer-BioNTech</i>)	03 Nov 2021	03 Nov 2021
Freezer (<i>Moderna</i>)	15 July 2021	15 July 2021
Refrigerator (<i>all COVID-19 vaccines</i>)	07 Jan 2021	07 Jan 2021

CDC: TRANSPORTING VACCINE FOR VACCINATION CLINICS HELD AT SATELLITE, TEMPORARY, OR OFF-SITE LOCATIONS

Manufacturer	Date last updated
Pfizer-BioNTech	02 May 2023
Moderna	02 May 2023
Novavax	n/a

COVID-19 Vaccine Clinic Support Tools (cont.)

"At-A-Glance" Summaries (print ready PDF documents)	
Summary	Date last updated
Pfizer-BioNTech COVID-19 Vaccine At-A-Glance	29 Sept 2023
Moderna COVID-19 Vaccine At-A-Glance	29 Sept 2023
Novavax COVID-19 Vaccine At-A-Glance	coming soon

Comprehensive CDC Resources for All COVID-19 Vaccines	
Clinic Resource	Date last updated
FAQs for the Interim Clinical Considerations for COVID-19 Vaccination (website)	to be updated
Interim Clinical Considerations (Appendix B): Vaccine Administration Errors and Deviations	15 Sept 2023

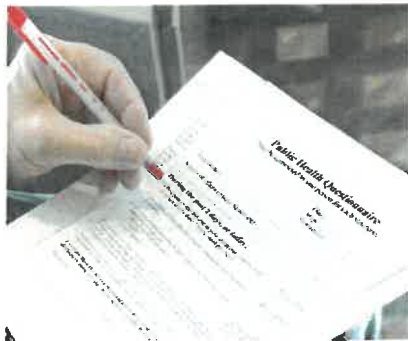
Immunize.org and Additional CDC COVID-19 Webpages	
Web page	Date last updated
Vaccines: COVID-19 (Immunize.org)	06 Oct 2023
Ask the Experts: COVID-19 (Immunize.org)	14 June 2023 (to be updated)
COVID-19 Vaccination Clinical and Professional Resources (CDC)	13 May 2022
MMWR Index: COVID-19 (COVID-19 vaccine filter selected) (CDC)	06 Oct 2023
Communication & Print Resources (COVID-19 filter selected) (CDC)	03 Aug 2023



A Companion
Document to
Iowa's 2023-2027
State Health
Improvement Plan

PARTNERS IN ACTION

Health Improvement Strategies Throughout Iowa



PUBLISHED IN OCTOBER 2023

STATE OF IOWA DEPARTMENT OF
Health AND Human
SERVICES

Table of Contents

A Message on Sharing	4
Background	5
Access to Care	6
Alzheimer’s Disease and Related Dementias.....	7
Assessing and Accessing Community Resources.....	7
Dental and Oral Health	8
Family Planning.....	9
Health Care Access	10
Health Insurance.....	10
Heart Disease and Stroke	10
Infectious Disease Prevention	11
Injury and Violence Prevention	11
Providers and Workforce	12
Transportation.....	13
Vision Screening	14
Cancer	15
Comprehensive State Plan	16
Environment.....	16
Preventive Services and Screenings	16
Vaccinations.....	17

Economic Stability & Income 18

Healthy Eating & Active Living 20

 Alzheimer’s Disease and Related Dementias..... 21

 Breastfeeding..... 21

 Diabetes 21

 Dual Healthy Eating & Active Living Strategies 21

 Food Access and Security 24

 Nutrition and Healthy Eating..... 25

 Physical Activity and Active Living..... 27

Housing 29

Mental Health & Mental Disorders 31

 Access to Care 32

 Awareness, Education and Reducing Stigma 33

 Brain Injuries 34

 Providers and Workforce 34

 Suicide Prevention 34

Substance Use 36

 Drug and Alcohol Use 37

 Tobacco and Nicotine Use 38

Acknowledgments 40

A Message on Sharing

"Beg, borrow, steal...don't reinvent the wheel!"

This phrase - in addition to being widely popular among public health professionals - emphasizes the importance of sharing thoughts, ideas and actions with each other. In doing so, we are able to leverage existing resources, build partnerships, and have a greater impact on the people we serve.

In Iowa, there are hundreds of organizations dedicated to health improvement efforts. Rather than doing this work in isolation, organizations are encouraged to publicly share their expertise, experience, and lessons learned. This document was created as a way to enhance the visibility of this work.

In reading this document, we hope you draw inspiration from the work of others and potentially establish new partnerships based on common goals.


The Healthy Iowans Team

Background

Over the last few years, the Healthy Iowans Team has been hard at work collecting, analyzing and compiling data on the health of people in our great state. In June of 2022, Iowa HHS officially published the 2021-2022 State Health Assessment. The data within this report clearly outlined seven main health priorities affecting Iowans: Access to Care, Cancer, Economic Stability & Income, Healthy Eating & Active Living, Housing, Mental Health & Mental Disorders, and Substance Use. After assessing available resources and capacity, the Healthy Iowans Steering Committee selected Access to Care: Behavioral Health and Healthy Eating & Active Living as their focus for the 2023-2027 State Health Improvement Plan. Although their efforts will center around these two priorities, organizations throughout the state will continue vital work in all seven priority areas.

To gain a better understanding of ongoing health improvement efforts, the Healthy Iowans Team created the "Strategies Survey." In the survey, respondents were asked to highlight up to three programs, initiatives, or strategies their organization leads now - or has specific plans to lead before 2027. In total, there were over 100 submissions from more than 75 unique organizations.

These submissions represent the magnitude of work being done throughout the state. The programs, initiatives, and strategies span all seven priority areas and represent efforts by countless different sectors. Additionally, the submissions directly relate to over 200 objectives in Healthy People 2030, a national health improvement plan set forth by the U.S. Department of Health and Human Services' Office of Disease Prevention and Health Promotion (ODPHP).

The connections to Healthy People 2030, as well as places to find other evidence-based strategies, are spotlighted throughout this document. Along with exploring these, we encourage you to engage with submitting organizations by clicking on their website link () or calling the phone number listed. Please note, organizations' contact information may be subject to change over time.

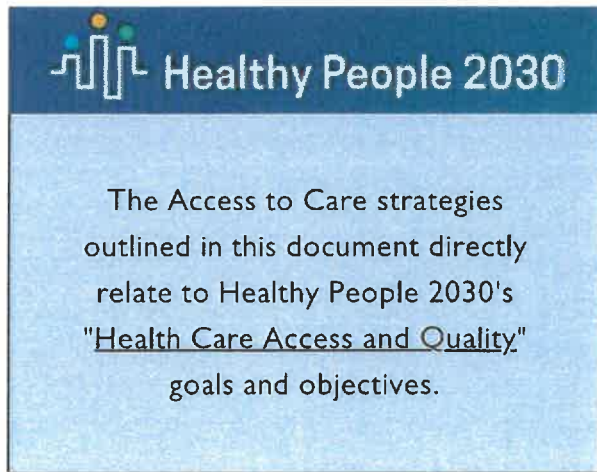
Moving forward, the Healthy Iowans Team plans to update this document twice a year. If you would like your organization's efforts to be included in a future update, please fill out the Strategies Survey.



Access to Care

Organizations throughout the state are working to improve lowans' ability to engage with public health and health care services. Strategies range from developing telehealth programs to repaying student loans to providing transportation to medical appointments and beyond. Read on to learn more about these innovative initiatives and to connect with organizations who have similar goals.

Connections to Other Plans



Healthy People 2030

The Access to Care strategies outlined in this document directly relate to Healthy People 2030's "Health Care Access and Quality," goals and objectives.





Explore Evidence-Based Strategies



To find additional inspiration in this priority area, explore evidence-based strategies published by the Healthy People 2030 Initiative and County Health Rankings & Roadmaps.





Access to Care



Alzheimer's Disease and Related Dementias



Alzheimer's Association - Iowa Chapter		  800-272-3900
Strategy Name	Goal or Desired Outcome	
Alzheimer's-related services in Iowa	Increase the number of unduplicated individuals receiving services from the Alzheimer's Association - Iowa Chapter by 50% by the end of fiscal year 2025.	

Iowa HHS - Alzheimer's Disease & Related Dementias Program		  515-217-8955
Strategy Name	Goal or Desired Outcome	
Alzheimer's Disease & Related Dementias Program	Increase the number of Iowans who talk to their doctor about memory changes or concerns.	

Assessing and Accessing Community Resources

Appanoose County Public Health		  641-437-4332
Strategy Name	Goal or Desired Outcome	
Community Health Needs Assessment	Obtain input from our community regarding health care priority needs.	

Black Hawk County Health Department		  319-292-2220
Strategy Name	Goal or Desired Outcome	
Care for Kids	Assist parents whose children receive Medicaid find resources in the community and go over health care benefits.	

ChildServe		  515-727-8750
Strategy Name	Goal or Desired Outcome	
Centralized Access	Help children and young adults with special healthcare needs and their families access timely, efficient, cost-effective, high-quality care by centralizing referrals and providing a single point of entry.	

Access to Care

Dallas County Health Department



515-993-3750

Strategy Name	Goal or Desired Outcome
Health Navigation	Ensure county residents will have access to resources needed to meet their basic needs and help them overcome barriers to health.

Floyd Valley Community Health



712-546-3733

Strategy Name	Goal or Desired Outcome
Resource Navigation home visits	Connect individuals in Plymouth County, IA with the resources they qualify for to allow them to stay in their home longer.

One Iowa



563-320-8711

Strategy Name	Goal or Desired Outcome
LGBTQ Iowan Health Needs Assessment	Understand the inequities that LGBTQ individuals in the state face and correct any program One Iowa does to address said inequities.

Dental and Oral Health

Infinity Health



641-446-2383

Strategy Name	Goal or Desired Outcome
Adding dental clinic sites in SE Iowa	Increase the number of patients receiving complete dental care.

Iowa HHS - Wellness & Preventive Health/Oral Health



515-204-3450

Strategy Name	Goal or Desired Outcome
Community Water Fluoridation	Increase the proportion of people served by community water systems with optimally fluoridated water.

Access to Care

Iowa HHS - Wellness & Preventive Health/Oral Health



866-528-4020

Strategy Name	Goal or Desired Outcome
I-Smile initiative	Connect Iowa children and families with dental, medical, and community resources to ensure a lifetime of health and wellness.
I-Smile Silver project	Connect Iowa adults in 10 counties with dental, medical and community resources for a lifetime of health and wellness.

Medicaid Medicare CHIP Services Dental Association

Strategy Name	Goal or Desired Outcome
Oral Health Equity Self Assessment	Decrease oral health inequities by improving access to care.

Oral Health Iowa



Strategy Name	Goal or Desired Outcome
Increasing access to dental providers in Iowa	Increase access to dental providers to ensure all Iowans have access to comprehensive oral health care.

Family Planning

Iowa HHS - Family Planning Program



515-321-8159

Strategy Name	Goal or Desired Outcome
Title X family planning program	Ensure all individuals have access to a broad range of family planning and preventive health services.

Prevent Child Abuse Iowa







515-244-2200

Strategy Name	Goal or Desired Outcome
Community Adolescent Pregnancy Prevention	Reduce pregnancy and sexually transmitted infections among youth ages 10-19, including subsequent pregnancies.


Access to Care



Health Care Access

Iowa HHS - Human Rights Agency   515-343-6412	
Strategy Name	Goal or Desired Outcome
Youth Justice Council	Ensure youth in the juvenile justice system have access to the relevant and necessary health care (both physical and mental) that they need and ask for.



Wayne County Public Health   641-872-1167	
Strategy Name	Goal or Desired Outcome
Free, monthly health care clinic	Provide free health care to persons who are unable to afford it but need it.

Health Insurance

Iowa ACEs 360 	
Strategy Name	Goal or Desired Outcome
Health care coverage for new moms	Ensure new mothers will be able to maintain health coverage for the duration of the postpartum period (12 months after giving birth).

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions   800-257-8563	
Strategy Name	Goal or Desired Outcome
Hawki - Healthy Well Kids in Iowa & Hawki Outreach	Assure all children have access to medical and dental health care coverage/homes.

Heart Disease and Stroke

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions   515-204-3284	
Strategy Name	Goal or Desired Outcome
Cardiovascular Health Program	Improve cardiovascular health in Iowans at the highest risk of cardiovascular disease by identifying and addressing clinical and social needs through a network of clinical and community partners.

Access to Care

Infectious Disease Prevention

Iowa HHS - Center for Acute Disease Epidemiology



800-362-2736

Strategy Name	Goal or Desired Outcome
CADE partnership with State Hygienic Laboratory	Detect and identify disease-causing pathogens early to inform public health recommendations and to reduce disease burden for Iowans.

Siouxland District Health Department



712-279-6119

Strategy Name	Goal or Desired Outcome
Access to Immunizations	Increase access to immunization services by removing barriers.

Injury and Violence Prevention

Happy at Home Consulting



515-635-4050

Strategy Name	Goal or Desired Outcome
Access to Home Modifications for Living in Place	Decrease falls in older adults and individuals with disabilities.

Iowa Poison Control Center



712-279-3717

Strategy Name	Goal or Desired Outcome
Increasing access to the Iowa Poison Control Center	Achieve the best outcomes for poisoned and overdosed patients.

Prevent Child Abuse Iowa



515-244-2200

Strategy Name	Goal or Desired Outcome
Iowa Child Abuse Prevention Program	Help parents develop knowledge and skills, build social supports, and access community resources.

Access to Care

Providers and Workforce

Iowa CareGivers



515-223-2805

Strategy Name	Goal or Desired Outcome
Iowa CareGivers: "Go To Place" for those in Direct Care	Ensure an adequate supply of well-prepared, well-compensated, informed and empowered direct care workers who are equipped to meet the care and support needs of all Iowans.

Iowa Community HUB



515-635-1285

Strategy Name	Goal or Desired Outcome
HUB Navigation Program	Improve identification, referral and enrollment into evidence-based community health promotion programs to advance health equity.

Iowa HHS - Bureau of Policy & Workforce Services



515-229-3913

Strategy Name	Goal or Desired Outcome
Primary Care Provider Loan Repayment Program	Provide assistance with the repayment of qualifying educational loans to eligible primary care medical, dental, and mental health practitioners.

Iowa HHS - Iowa Health Care Workforce Initiative



515- 954-9537


Strategy Name	Goal or Desired Outcome
Strategic Planning and Stakeholder Engagement	Identify actionable solutions that would advance Iowa's health care workforce through input from local communities and health care workforce stakeholders.

Iowa HHS - Iowa Rural Hospital Flex Program

Strategy Name	Goal or Desired Outcome
Improving core care transition measures	Increase in number of Critical Access Hospitals reporting Emergency Department Transfer Communication.

Access to Care

Iowa School Nurse Organization

 319-721-1769

Strategy Name	Goal or Desired Outcome
Addressing school nurse shortages	Increase the number of Iowa school nurses so there is at least one full-time, registered school nurse in every building, every day, all day.

Primary Health Care, Inc.

Strategy Name	Goal or Desired Outcome
The PHC Way	Reduce patients' wait time, ensure schedules are full and patients have needed access, and improve work-life balance among employees by finishing charting prior to going home.

University of Iowa Center for Disabilities and Development


 

Strategy Name	Goal or Desired Outcome
Training health care providers	Increase health care providers' comfort level when caring for people with disabilities; which promotes preventative care, reduces disparities, and reduces implicit bias.

Transportation

Harrison County Home and Public Health


 

 712-644-2220

Strategy Name	Goal or Desired Outcome
Transportation Services	Provide transportation to vulnerable populations to help them access health care and stay in an independent living situation as long as possible.

Iowa Department of Transportation

 515-233-7870

Strategy Name	Goal or Desired Outcome
Public Transit Services	Support Iowa's public transit agencies in providing local public transit services with funding assistance and regulation interpretation.

Access to Care

Vision Screening

Iowa KidSight at the University of Iowa Children's Hospital



319-353-7616

Strategy Name	Goal or Desired Outcome
Increasing vision screening in children	Provide vision screenings in communities throughout Iowa to children 6 months of age through kindergarten at no charge to families.


————— **End of Access to Care** —————



Cancer

Organizations are also implementing a number of unique strategies to address Iowa's ever-growing rates of cancer. In addition to improving health outcomes by addressing inequities, organizations are working to decrease pesticide use, increase screening access and uptake, and more. Read on to learn how organizations in Iowa are fighting cancer.

Connections to Other Plans



Healthy People 2030

The Cancer strategies outlined in this document directly relate to Healthy People 2030's "Cancer" and "Tobacco Use" goals and objectives.



Explore Evidence-Based Strategies

To find additional inspiration in this priority area, explore evidence-based strategies published by the Healthy People 2030 Initiative (Cancer) (Tobacco Use), The Community Guide, and County Health Rankings & Roadmaps.



Cancer

Comprehensive State Plan

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions



515-204-7073

Strategy Name	Goal or Desired Outcome
Iowa Comprehensive Cancer Control Program	Collaborate with the Iowa Cancer Consortium on the Iowa Cancer Plan to provide direction and support for those who want to work collectively to reduce the burden of cancer.

Environment

UNI Center for Energy & Environmental Education



319-273-5429

Strategy Name	Goal or Desired Outcome
Good Neighbor Iowa	Reduce children's exposure to unnecessary pesticide use in public spaces by increasing county commitment to using ecological alternatives.

Preventive Services and Screenings

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions



866-339-7909

Strategy Name	Goal or Desired Outcome
Care for Yourself: Breast & Cervical Cancer Program	Reduce breast and cervical cancer incidence and mortality rates by increasing screening rates among vulnerable Iowans.

Polk County Health Department



Strategy Name	Goal or Desired Outcome
Healthy Women Program	Provide free breast and cervical cancer screenings to women, trans men, and nonbinary people with uteruses, who are also uninsured or underinsured.

Primary Health Care, Inc.



Strategy Name	Goal or Desired Outcome
Colorectal Cancer Screening Navigation	Increased screening completion through the use of an RN Patient Navigator to provide education, patient logistic and social barriers, and ensure follow-up and completion.

Cancer

Vaccinations

Henry County Public Health



319-385-0779

Strategy Name	Goal or Desired Outcome
HPV adolescent outreach	Increase HPV vaccination rate through an evidence-based announcement approach and semi-annual adolescent reminder recall.

Madison County Public Health



515-462-9051

Strategy Name	Goal or Desired Outcome
Human papillomavirus (HPV) vaccines	Increase the number of individuals receiving the HPV vaccine.

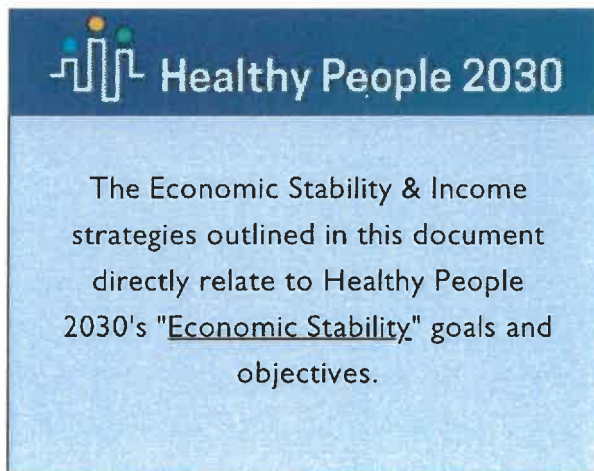
_____ End of Cancer _____



Economic Stability & Income

Without economic stability, many families struggle to afford the resources and behaviors necessary to live a healthy lifestyle. Despite its complexity, addressing this priority is incredibly important as it removes one of the biggest barriers to good health. Read on to learn how Iowa-based organizations are generating change in Economic Stability & Income.

Connections to Other Plans



Healthy People 2030

The Economic Stability & Income strategies outlined in this document directly relate to Healthy People 2030's "Economic Stability" goals and objectives.



Explore Evidence-Based Strategies

To find additional inspiration in this priority area, explore evidence-based strategies published by the [Healthy People 2030 Initiative](#) and [County Health Rankings & Roadmaps](#).



Economic Stability & Income

Amani Community Services



319-232-5660

Strategy Name	Goal or Desired Outcome
Step-Up Program	Give clients skills to find and sustain safe housing and other community resources.

Eastern Iowa Community Colleges - Muscatine



563-264-3863

Strategy Name	Goal or Desired Outcome
Fueling the Future	Help adults in low-income families (with children receiving weekend food subsidies) complete short-term training and get higher-paying jobs.

Iowa CareGivers



515-223-2805

Strategy Name	Goal or Desired Outcome
A Comprehensive System to Build A Strong Direct Care Workforce	Develop a streamlined system and infrastructure that provides the state, policymakers, and stakeholders with accurate health workforce data and analysis.

Iowa Community Action Association



515-244-0328

Strategy Name	Goal or Desired Outcome
Diaper distribution pilot program	Increase family economic stability and see long-term health benefits as a result of families having access to diapers.

Iowa HHS - Human Rights Agency



Strategy Name	Goal or Desired Outcome
Programs for Latino Iowans	Remove barriers for Latino Iowans and bridge existing cultural, language and service gaps.

Northeast Iowa Community Action Corporation



Strategy Name	Goal or Desired Outcome
Family Development and Self-Sufficiency Program	Improve the lives of families at risk of long-term welfare dependency or family instability by creating opportunities for self-sufficiency.


End of Economic Stability & Income



Healthy Eating & Active Living

Together, Healthy Eating & Active Living significantly impact an individual's health and well-being. Knowing this, the work in this priority area is quite expansive. Strategies focus on Alzheimer's Disease, breastfeeding, food access and security, and more. Read on to learn about these strategies and to identify connections with other organizations in Iowa.

Connections to Other Plans



Healthy People 2030

The Healthy Eating & Active Living strategies outlined in this document directly relate to Healthy People 2030's "[Nutrition and Healthy Eating](#)" and "[Physical Activity](#)" goals and objectives.



Explore Evidence-Based Strategies

To find additional inspiration in this priority area, explore evidence-based strategies published by the Healthy People 2030 Initiative ([Nutrition and Healthy Eating](#)) ([Physical Activity](#)), The Community Guide ([Nutrition](#)) ([Physical Activity](#)), and [County Health Rankings & Roadmaps](#).



Healthy Eating & Active Living

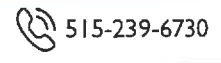
Alzheimer's Disease and Related Dementias

Community Health Partners



Strategy Name	Goal or Desired Outcome
Unlocking Brain Fitness: Keys to Dementia Prevention	Assist older adults with incorporating new knowledge about lifestyle factors shown to reduce dementia risk, including the MIND diet and physical activity.

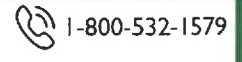
Story County Public Health



Strategy Name	Goal or Desired Outcome
Unlocking Brain Fitness: Keys to Dementia Prevention	Help individuals aged 55 and older engage in healthy living habits to include regular movement, the MIND diet, and staying mentally sharp.

Breastfeeding

Iowa HHS - Women, Infants, & Children (WIC)



Strategy Name	Goal or Desired Outcome
Iowa Breastfeeding Strategic Plan	Maximize breastfeeding support and improve breastfeeding rates among all mothers in the state.

Diabetes

Grace Fitness



Strategy Name	Goal or Desired Outcome
Diabetes Prevention Program	Educate people about knowing their risk factors and provide programming and services to help educate and improve health outcomes.

Iowa Community HUB



Strategy Name	Goal or Desired Outcome
National Diabetes Prevention Program (DPP)	Increase in multisectoral partnership networks with the capacity to activate all levers of the National DPP and reach priority populations.

Healthy Eating & Active Living

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions   515-414-9408

Strategy Name	Goal or Desired Outcome
Diabetes Prevention	Improve access to and participation in diabetes prevention programming.

Dual Healthy Eating & Active Living Strategies

Iowa HHS - Bureau of Chronic, Congenital & Inherited Conditions   515-371-7768

Strategy Name	Goal or Desired Outcome
The Chronic Disease Self-Management Program	Offer adults with at least one chronic disease or condition (or a caregiver) the opportunity to attend a 6-week Chronic Disease Self-Management workshop.

Iowa HHS - Bureau of Nutrition & Physical Activity 

Strategy Name	Goal or Desired Outcome
SNAP-Ed	Teach people who are using or eligible for SNAP about good nutrition, how to make their food dollars stretch further, and the importance of being physically active.

Iowa HHS - Bureau of Nutrition & Physical Activity 

Strategy Name	Goal or Desired Outcome
5-2-1-0 Healthy Choices Count!	Increase physical activity and healthy eating through policy and environmental change in multiple community settings.

Iowa Healthiest State 

Strategy Name	Goal or Desired Outcome
5-2-1-0 Healthy Choices Count!	Increase physical activity and healthy eating through policy and environmental change.

Healthy Eating & Active Living

Northeast Iowa Area Agency on Aging



800-779-8707

Strategy Name

Goal or Desired Outcome

Health & Wellness 365

Help older persons learn more about current nutrition information and encourage them to become more physically active.

Northeast Iowa Wellness & Recreation Center



563-864-9622

Strategy Name

Goal or Desired Outcome

Wellness and recreation center offerings

Increase the amount of people choosing healthy eating and an active lifestyle in the community.

Primary Health Care, Inc.



515-248-1875

Strategy Name

Goal or Desired Outcome

Community Garden

Serve as a health laboratory for the Wellness Center - cooking, exercise (the walking path) - and provide a place for community and learning.

Scott County Health Department



563-326-8618

Strategy Name

Goal or Desired Outcome

Community Transformation

Increase the number of communities or worksites that complete a CHANGE tool and adopt an environmental or policy recommendation.

Tama County Public Health & Home Care



641-484-4788

Strategy Name

Goal or Desired Outcome

Coffee Talks

Provide each community in Tama County the opportunity to receive education on health topics (heart health, healthy eating, etc.), presented by a registered nurse from the agency.

Wellmark, Inc.



Strategy Name

Goal or Desired Outcome

Healthy Hometown

Increase the number of lowans eating healthy and being physically active.

Healthy Eating & Active Living

Food Access and Security

Catholic Charities Diocese of Des Moines



515-262-7290

Strategy Name	Goal or Desired Outcome
Food Pantry	Provide clients with food stuffs to assist with self-sufficiency.

Dickinson County Hunger Coalition



Strategy Name	Goal or Desired Outcome
Dickinson County Hunger Coalition	Ensure that all residents of Dickinson County have enough food for an active, healthy life.

DMARC- Des Moines Area Religious Council



515-277-6969

Strategy Name	Goal or Desired Outcome
DMARC Food Pantry Network	Expand the variety and amount of healthy food to food-insecure individuals in the Des Moines area, through the DMARC network of pantry partners.

Food Bank of Iowa



Strategy Name	Goal or Desired Outcome
School pantry program	Ensure every school district within Food Bank of Iowa's service area will have an in-school pantry and every Des Moines Public School facility will have a pantry.

Food Bank of Siouxland



712-255-9741

Strategy Name	Goal or Desired Outcome
Food distribution network	Distribute food to those experiencing food insecurity to help individuals and households recover from economic emergencies.

Healthy Eating & Active Living

Iowa Department of Education



515-281-5294

Strategy Name	Goal or Desired Outcome
Summer Food Service Program (SFSP)	Provide nutritious meals and snacks to children and teens in low-income areas during the summer months when school is not in session.

Iowa HHS - Division of Aging and Disability Services



Strategy Name	Goal or Desired Outcome
Congregate and Home Delivered Meals	Support older Iowans, Iowans with disabilities age 18 and older, caregivers and veterans as they make informed decisions and exercise self-determination.

Iowa HHS - Women, Infants, & Children (WIC)



1-800-532-1579

Strategy Name	Goal or Desired Outcome
WIC Outreach Plan	Improve enrollment in the WIC Program.
WIC Online Ordering Pilot Projects	Create an equitable shopping experience for Women, Infants, and Children (WIC) participants through an online ordering and payment system.

Nutrition and Healthy Eating

Henry County Public Health



319-385-0779

Strategy Name	Goal or Desired Outcome
Garden Produce Drop-Off Locations	Increase access to free, fresh produce by encouraging home gardeners to drop off their extra produce at various locations around Henry County.

Healthy Eating & Active Living

Iowa Healthiest State



515-650-6854

Strategy Name	Goal or Desired Outcome
Double Up Food Bucks	Increase access to healthy fruits and vegetables for low income lowans receiving SNAP/EBT.
Produce Prescription	Increase access to fresh fruits and vegetables by prescribing fresh fruits and vegetables in the form of a financial incentive and nutritional education to patients and families.

Iowa Rural Health Association



Strategy Name	Goal or Desired Outcome
Advancing overall community health	Expand access to healthy foods in designated local communities.

ISU Extension and Outreach - SNAP-Ed and EFNEP Programs



515-294-3554

Strategy Name	Goal or Desired Outcome
Food pantry coaching	Make healthy choices easier for food pantry clients.
SNAP-Ed and EFNEP nutrition education	Make healthy choices easier for lowans with low income.
Growing Together Iowa	Increase access to fruits and vegetables in Iowa food pantries.

ISU Extension and Outreach - Nutrition Childcare Team



Strategy Name	Goal or Desired Outcome
Childcare nutrition trainings for the IQ4K certification	Improve the food and nutrition knowledge and awareness of childcare providers in Iowa.

Healthy Eating & Active Living

Knock and Drop Iowa



515-443-6349

Strategy Name	Goal or Desired Outcome
Culturally-specific foods	Provide healthier foods to families (instead of canned goods and boxed food).

UNI Center for Energy & Environmental Education



319-273-5429

Strategy Name	Goal or Desired Outcome
A Garden in Every Lot	Increase access to fresh produce in Black Hawk County with at least 100 new gardens installed in 2023.

Physical Activity and Active Living

Aging Resources of Central Iowa



515-255-1310

Strategy Name	Goal or Desired Outcome
Evidence-based health promotion	Improve consumers' strength, balance, mobility and range of motion to enable them to continue to live independently.

Arthritis Foundation Iowa



Strategy Name	Goal or Desired Outcome
Walk with Ease	Help older adults establish healthy patterns of physical activity.

Henry County Public Health



319-385-0779

Strategy Name	Goal or Desired Outcome
Outdoor activity stencils	Increase physical activity among children in non-traditional settings by using activity stencils to encourage movement.

Healthy Eating & Active Living

Iowa Community HUB



515-635-1285

Strategy Name	Goal or Desired Outcome
Walk With Ease	Increase the number of individuals enrolled in the Walk with Ease Program.

Iowa Department of Transportation



515-233-7733

Strategy Name	Goal or Desired Outcome
Continued Update of Trails Database	Develop a statewide trails map.

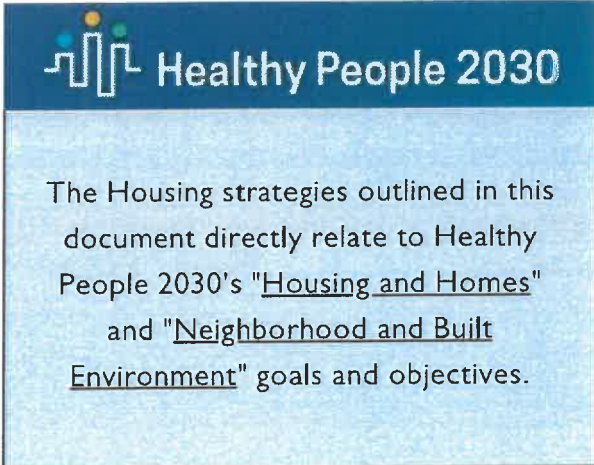
————— End of Healthy Eating & Active Living —————



Housing

The location, safety and stability of one's housing has a direct link to their health ([source](#)). Fulfilling this basic need is vital to improving the health of our state. Read on to learn how organizations in Iowa are addressing Housing as a priority area.

Connections to Other Plans



Healthy People 2030

The Housing strategies outlined in this document directly relate to Healthy People 2030's "[Housing and Homes](#)" and "[Neighborhood and Built Environment](#)" goals and objectives.



Explore Evidence-Based Strategies

To find additional inspiration in this priority area, explore evidence-based strategies published by the Healthy People 2030 Initiative ([Housing and Homes](#)) ([Neighborhood and Built Environment](#)) and County Health Rankings & Roadmaps ([Housing and Transit](#)) ([Community Safety](#)).



Housing

Eastern Iowa Regional Housing Authority



563-556-4166

Strategy Name	Goal or Desired Outcome
Affordable housing	Provide decent, safe and affordable housing to those at or below 80% of the county median income (CMI).

Iowa HHS - Tobacco Use Prevention & Control



515-393-1340

Strategy Name	Goal or Desired Outcome
Smoke Free Homes	Reduce exposure to secondhand and thirdhand smoke by increasing the number of smoke free housing properties throughout Iowa.

Northeast Iowa Community Action Corporation



563-387-4917

Strategy Name	Goal or Desired Outcome
Affordable Housing	Provide safe and affordable housing to seniors, individuals with disabilities and individuals and families with limited resources.

The Salvation Army Capital Area Coordination Office



515-282-3599

Strategy Name	Goal or Desired Outcome
Material Assistance for those facing eviction	Provide financial and counseling support so families and individuals can remain self-sufficient.

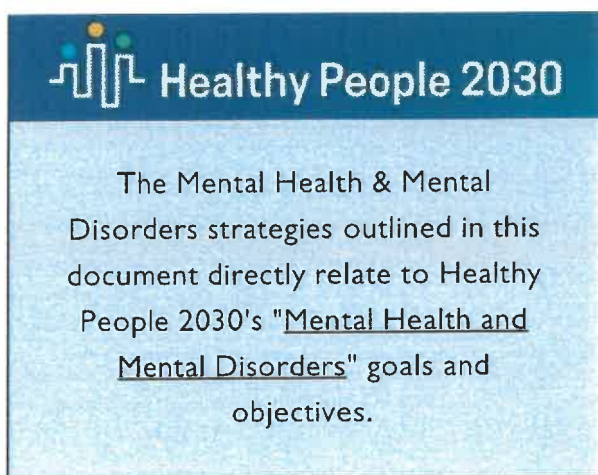
End of Housing



Mental Health & Mental Disorders

Poor mental health and mental disorders impact thousands of Iowans each year. "Individuals, both diagnosed and undiagnosed, with mental illness are those around us – our neighbors, our friends, family and co-workers" ([source](#)). To address this priority area, organizations in Iowa are increasing access to treatment, reducing stigma and more. Read on to learn about these initiatives and to build connections with other Iowa-based organizations.

Connections to Other Plans



Healthy People 2030

The Mental Health & Mental Disorders strategies outlined in this document directly relate to Healthy People 2030's "[Mental Health and Mental Disorders](#)" goals and objectives.





Explore Evidence-Based Strategies



To find additional inspiration in this priority area, explore evidence-based strategies published by the [Healthy People 2030 Initiative](#), [The Community Guide](#), and [County Health Rankings & Roadmaps](#).






Mental Health & Mental Disorders



Access to Care

American Foundation for Suicide Prevention	
  515-508-0195	
Strategy Name	Goal or Desired Outcome
Interactive Screening Program (ISP)	Connect individuals to mental health services before crises emerge using a web-based program.

CG Public Health	
  641-421-9330	
Strategy Name	Goal or Desired Outcome
Workplace Mental Health Coalition	Offer resources to community employers in order to support the mental health and well-being of their employees.

Community Health Partners	
	
Strategy Name	Goal or Desired Outcome
Home Visitation and Care Coordination	Equip families with parenting attachment skills and knowledge on how to access both physical and mental health resources.

Creative Counseling Group, PLC	
  319-200-1022	
Strategy Name	Goal or Desired Outcome
Outpatient mental health counseling	Provide quality outpatient mental health care to individuals, couples, and families in the community while promoting provider health and well-being.

Orchard Place	
  515-263-2632	
Strategy Name	Goal or Desired Outcome
MH Walk In Clinic at UPH for children and adults	Ensure immediate access to mental health assessment and resources when someone is in a mental health crisis and not able to see a provider or is unattached to the provider network.

Mental Health & Mental Disorders

Siouxland Community Health Center



712-252-2477

Strategy Name	Goal or Desired Outcome
Walk-in appointments	Open access to mental health care when the patient is ready.

Awareness, Education and Reducing Stigma

Iowa Healthiest State



515-650-6854

Strategy Name	Goal or Desired Outcome
Make it OK	Reduce stigma by starting conversations and increasing understanding about mental illness.

Iowa HHS - Human Rights Agency



515-343-6412

Strategy Name	Goal or Desired Outcome
State of Iowa Youth Advisory Council	Educate the Governor, General Assembly and state-level decision makers about issues impacting youth and desired solutions.

Prevent Child Abuse Iowa



515-244-2200

Strategy Name	Goal or Desired Outcome
Connections Matter	Build protective factors that increase individual and community resilience through education on adverse childhood experiences (ACEs), trauma, and the value of social supports.


UNI - Counseling Center




Strategy Name	Goal or Desired Outcome
Enhancing a Culture of Care suicide prevention	Reduce mental health stigma and increase help-seeking behaviors to improve students' sense of belonging.


Mental Health & Mental Disorders

Brain Injuries



Iowa HHS - Brain Injury Services Program 	
Strategy Name	Goal or Desired Outcome
Screening for a lifetime history of brain injury	Increase incorporation of brain injury-informed strategies in person-centered plans.


Providers and Workforce

Early Childhood Iowa 	
Strategy Name	Goal or Desired Outcome
Infant and Early Childhood Mental Health Competencies	Increase the competencies of the workforce in the early childhood system to improve data collection, family support, and connection to mental health services.

Iowa Primary Care Association 	
Strategy Name	Goal or Desired Outcome
Behavioral Health Work Group and Behavioral Health Project ECHO	Amplify local capacity of health care staff across the state of Iowa and de-monopolize knowledge to provide best practice care for underserved people through Project ECHO.

Suicide Prevention

American Foundation for Suicide Prevention   515-508-0195	
Strategy Name	Goal or Desired Outcome
The Bold Goal	Reduce the suicide rate by 20% by 2025.

Iowa Department of Corrections 	
Strategy Name	Goal or Desired Outcome
Providing mental health care to those incarcerated	Reduce self harm, suicidal ideations, and suicide attempts of those incarcerated.

Mental Health & Mental Disorders

Iowa HHS - Bureau of Substance Abuse



515-314-0118

Strategy Name	Goal or Desired Outcome
Zero Suicide Iowa Initiative	Improve the care and outcomes of individuals ages 25 years and older at risk for suicide.

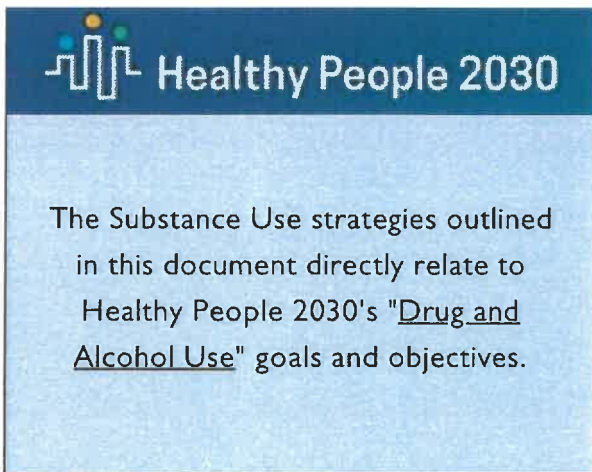
End of Mental Health & Mental Disorders



Substance Use

Iowa has made great strides in addressing Substance Use among those in our state. However, this priority area remains a large public health concern, especially as new challenges continue to arise (i.e. vaping). Read on to learn more about organizations' efforts to address Substance Use in Iowa.

Connections to Other Plans



Healthy People 2030

The Substance Use strategies outlined in this document directly relate to Healthy People 2030's "Drug and Alcohol Use" goals and objectives.



Explore Evidence-Based Strategies

To find additional inspiration in this priority area, explore evidence-based strategies published by the [Healthy People 2030 Initiative](#) and County Health Rankings & Roadmaps ([Alcohol and Drug Use](#)) ([Tobacco Use](#)).



Substance Use

Drug and Alcohol Use

Iowa HHS - Bureau of Emergency Medical and Trauma Services



515-608-9162

Strategy Name

Goal or Desired Outcome

First Responder Addiction & Recovery Program

Connect people to services after overdose and distribute naloxone free of charge to participating EMS service programs.

Iowa HHS - Bureau of Substance Abuse



Strategy Name

Goal or Desired Outcome

Expanding availability of naloxone in Iowa

Reduce the number of deaths involving opioids by making naloxone more readily accessible.

Iowa Dept. of Public Safety - Governor's Traffic Safety Bureau



515-725-6120

Strategy Name

Goal or Desired Outcome

Impaired Driving Task Force

Consider and implement recommendations received as a result of a National Highway Traffic Safety Administration-facilitated Impaired Driving Program Assessment.

Iowa Dept. of Public Safety - Office of Drug Control Policy



515-805-4115

Strategy Name

Goal or Desired Outcome

Deflection & Pre-Arrest Diversion to Treatment

Increase Iowans' timely access to substance use disorder treatment through greater use of pathways that offer an accountable alternative to incarceration.

Prescription Drug Take Back

Reduce the amount of unused medications susceptible to diversion and misuse by Iowans.

Iowa Office of the State Medical Examiner's Office



515-326-5703

Strategy Name

Goal or Desired Outcome

Overdose Data to Action (OD2A)

Collect data from all 99 counties on accidental fatal drug overdoses and utilize the data to inform prevention and response efforts.

Substance Use

VBC SAFE & LC The Best You Coalitions



319-293-2579

Strategy Name	Goal or Desired Outcome
Merchant Alcohol Training & Compliance Checks	Ensure that underage community members do not have access to alcohol through retail outlets.
Policy Work to address Marijuana Business Zoning	Provide places for marijuana businesses to be located in our communities that do not allow youth access to them or to be influenced by them.

Wright County Public Health



515-532-3461

Strategy Name	Goal or Desired Outcome
Opioid Reduction Task Team (ORTT)	Provide access to services to reduce opioid misuse and increase Narcan accessibility, education on its use, and recognition of abuse or overdose.

Tobacco and Nicotine Use

CG Public Health



641-421-9329

Strategy Name	Goal or Desired Outcome
Tobacco & Nicotine Prevention	Reduce the percentage of students using tobacco and/or nicotine.

Iowa HHS - Tobacco Use Prevention and Control



515-393-1340

Strategy Name	Goal or Desired Outcome
Community Partnerships	Fund contractors in all 99 counties across Iowa to maintain local level tobacco prevention and control experts to decrease tobacco and nicotine use through education and support.

Iowa HHS - Tobacco Use Prevention and Control



515-281-6225

Strategy Name	Goal or Desired Outcome
Comprehensive Tobacco and Nicotine Free Policies	Reduce exposure to secondhand and thirdhand smoke and electronic smoking device aerosols through education and implementation of voluntary tobacco and nicotine free policies.



Acknowledgments

The Healthy Iowans Team would like to extend our thanks to the organizations who submitted strategies to be included in this document. Although Healthy Iowans is coordinated by Iowa HHS, it is not the government's plan. It is the people's. Healthy Iowans would not be possible without your contributions.

Thank you.

Suggested Citation:

Iowa Department of Health and Human Services, Division of Strategic Operations, Bureau of Performance. Partners in Action: Health Improvement Strategies Throughout Iowa. Published October 2023. Web. <https://hhs.iowa.gov/healthy-iowans>

Connect With Us

The Healthy
Iowans Team

healthyiowans@idph.iowa.gov
<https://hhs.iowa.gov/healthy-iowans>



Substance Use

Iowa HHS - Tobacco Use Prevention and Control



515-393-1340

Strategy Name	Goal or Desired Outcome
ISTEP	Decrease the number of young Iowans using tobacco products by changing the social attitude, raising awareness through education, counter-marketing, and supporting cessation.

Iowa HHS - Tobacco Use Prevention & Control



800-784-8669

Strategy Name	Goal or Desired Outcome
Quitline Iowa	Educate on the negative health consequences of using tobacco and nicotine products; and increase awareness and education on Quitline Iowa, which ultimately leads to increased enrollments.

Iowa HHS - Tobacco Use Prevention and Control



888-944-2247

Strategy Name	Goal or Desired Outcome
Smokefree Air Act	Eliminate exposure to secondhand smoke and aerosols in public areas by implementing voluntary policies and educating on the importance of including alternative products in the Smoke Free Air Act.

————— End of Substance Use —————

Jasper County Health Dept FY24				
Public Health	July	Aug	Sept	Oct
Communicable Disease	4	4	1	4
TB medication per day	31	31	30	0
Immunization given	5	99	13	33
School Audits		208	3167	2958
Daycare Audits			239	664
Health Fair/Com Ed.- # people	125	81	50	6433
Car seat installed	0	5	7	8
Promotions/Outreach				
Instagram impressions	113	415	154	116
Instagram followers	493	495	500	502
Facebook impressions	21805	25906	16337	21322
Facebook followers	4300	4300	4300	4329
Twitter impressions	25	79	8*	7*
Twitter followers	218	218	217	220
Media-articles,ad,mentions	18	18	12	8
Media reach: appr15,000	270000	270000	180000	120000
Radio ads- 4 weeks, 6 x a day +2 weeks= 252 times reach 60,000				
Website reach	117	93	81	78
Billboard- impressions 4 weeks see panels				
Home Care Aide - reimbursement				
Total Clients	9	8	7	7
Hours	56	64	61	63
Cost	\$1,960	\$2,240	\$2,135	\$2,205
# referrals	17	21	19	24
Grant billing				
Local Public Health Services	\$18,066	\$17,968	\$16,586	\$21,479
Emergency Prep- PHEP	\$4,112	\$1,219	\$1,323	\$1,098
Immunization grant	\$1,203	\$3,475	\$3,362	\$3,159
Total billed for month	\$23,381	\$22,662	\$21,272	\$25,736