



JASPER COUNTY

HEALTH DEPARTMENT - IOWA

Public Notice: Jasper County Board of Health Agenda

Thursday, January 11, 2024 at 11 AM-noon

Jasper Co. Office Building, 315 W 3rd St N, Large Conference Room, Newton, Iowa

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The virtual meeting option is provided for convenience and cannot guarantee access; if a member of the public wishes to ensure participation in the meeting, they should attend in person.

Zoom or phone by calling (312) 626-6799, ID 97157736051# or link <https://jasper.zoom.us/j/97157736051>

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Tentative Agenda: Jasper County Board of Health

Call to order: Roll call of Jasper County Board of Health members

Welcome Denny Stevenson, Jasper County Board of Supervisor, 3-year term.

Public input: Public may make comments on items not on the agenda. Comments will be limited to 3 minutes per individual. The board may not take action on comments due to the requirements of the Open Meetings Law but may do so in the future.

Consider and approve the agenda: (Action) (Attachment, 2 pages)

Approval of Minutes: November 9, 2023 (Action) (Attachment, 2 pages)

Election of Chair for Board of Health for 2024 (Action) Julie Smith is willing to serve as Chair again this year.

Other Outside Agency Reports: (Information)

1.) Environmental Health: (Attachment, 1 page)

Jamie Elam, subcontracted with Jasper County Community Development (will not be present)

From Jamie: Busy, at Wastewater Conference. Tanning, Tattoo, and Pools Inspections are submitted.

2.) American Lung Association of Iowa: Emmaline Krapfl, Specialist

- Quarter 2 update (Attachment, 2 pages)
- Youth Tobacco Prevention in Action handouts (Attachment, 4 pages)

Old Business:

Board of Health member, Donna Akins was reappointed to serve another 3-year term.

IHHS Updates: <https://hhs.iowa.gov/initiatives/system-alignment>

New Business:

Budget (Action) (Attachment, 1 page) Budget hearing will be on 1/15/2024 at 10 AM

FY2024- no changes

FY2025 expenses

Administrator report- information only

- First half FY24 report (Attachment, 1 page)
- Community Health Improvement Plan updates.

Employee Performance Review- Administrator, RN

Closed session 21.5, 1: Reason: To evaluate the professional competency of an individual whose appointment, hiring, performance, or discharge is being considered when necessary to prevent needless and irreparable injury to that individual's reputation and that individual requests a closed session.

Does the employee want a closed or open session?

(Action)- Vote to go in closed session

If closed, time: _____

(Action)

Return to Open Session, Action, Time returned: _____

Pay raises (Action)

Note: The Jasper Board of Supervisor's are discussing to end the Department Head pay scales.

Next meeting Date: Thursday, March 14, 2024, 11:00 AM,

Location: Jasper County Office Building, 315 W 3rd St N, large conference room #006, Newton, Iowa 50208.

Motion to Adjourn: (Action) Time: _____

JASPER COUNTY BOARD OF HEALTH

Date of Meeting: **Thursday, November 9, 2023** Time of Meeting: **11:00 AM**

Location: Jasper Co. Office Building, 315 W 3rd St N, Small Conference Room, Newton, IA

Minutes: Jasper County Board of Health

Item 1: Call to order: 11:02 AM

Roll call of Jasper County Board of Health members:

Donna Akins, Dr. Andrew Cope, Mike Balmer, Jody Eaton (via Zoom)

Absent: Julie Smith

Employees: Becky Pryor and Melissa Gary

Outside Agencies: Jamie Elam: Community Development, Kevin Luetters: Community Development Director, Emmaline Krapfl: American Lung Association of Iowa, Heather Bombei: Iowa Department of Health and Human Services Regional Consultant (via Zoom), Megan Thompson: Health Services Coordinator from MICA (via ZOOM)

Item 2: Approval of the Agenda: See 2-page attachment

Motion: Donna Akins **Second by:** Mike Balmer **Motion Passes:** unanimously

Item 3: Approval of Minutes: September 7, 2023, See 2-page attachment

Motion: Dr. Cope **Second by:** Donna Akins **Motion Passes:** unanimously

Item 4: Other Outside Agency Reports:

1.) Environmental Health: Jamie Elam, subcontracted with Jasper County Community Development: Jamie reported that he has been busy with TOTs contractors trying to get as much done as possible before the ground freezes. There have been 2 dog bites, one recent dog had to be housed at a vet for 10 days. In December and January, Jamie will work on tanning, pool, spa, and tattoo inspections in Jasper and Poweshiek County. They just inspected Park Centre's spa and reopened it. See 1-page attachment. Sample report from the State: See 2-page attachment

2.) Mid-Iowa Community Action (MICA) report from Megan Thompson, Health Services Coordinator (MICA) report: WIC numbers have increased since September. MICA is encouraging anyone eligible to sign up for assistance. They have seen a lot of families fall off Medicaid due to the changes with the pandemic ending. She said some families do not know they can reapply. Their Hawkeye Coordinator has been working with families to help them get insurance if they qualify. I-Smile is going into Jasper County schools. They go to schools that have a 40% or higher free or reduced lunch rate.

See 2-page attachment from September

3.) American Lung Association of Iowa Emmaline Krapfl, Specialist: Emmaline stated that she has been working with all the schools in Jasper County at the Jasper County Cares meetings to find different ways to get information to the students about smoking and vaping prevention. She stated she had a table at the PCM advocacy day last spring to get information out and speak to students there. Dr. Cope asked about data on support for chewing tobacco and vaping support, such as medication or sensation support. Emmaline stated she did not know the data, but she would get back to Dr. Cope as soon as possible. FY2024 Initiatives for Jasper County See 2-page attachment

4.) Employee and Family Resources (EFR) Maddy Lemons, Prevention Specialist (not present)

FY2024 Work Plan- still have not received from the State as of 10/30/2023.

Old Business

Item 5: none

New Business

Item 6: Board of Health dates for 2024 See 1-page attachment

Motion: Dr. Cope **Second by:** Donna Akins **Motion Passes:** unanimously

Item 7: Board of Health member changes/recommendations for Board of Supervisors:

1.) Donna Akins wishes to seek a reappointment for a 3-year term.

2.) Mike Balmer does not wish to seek reappointment. Becky presented him with a Certificate of Appreciation for his 9 years of service on the Board of Health. Heather Bombei also thanked Mike for his

service. She stated how thankful she is for Mike's understanding and level headedness through the stressors over the last 9 years and that he will be greatly missed. Mike stated he enjoyed serving on the board, he felt

3.) The Board of Supervisors announced at the Tuesday, November 6, 2023, meeting that Supervisor Denny Stevenson will be joining the Board of Health. His first meeting will be on January 11, 2024.

Item 8: Administrator report

- Public Health Infrastructure Grant- IHHS slides: See 7-page attachment
- Immunization Audits- Jasper County School Districts and Licensed Daycares: See 1-page attachment
- Local Healthcare Coalition Spotlight: See 3-page attachment
- Empowering Local Public Health Champions- from the Administrator meeting: See 2-page attachment
- Tuberculosis (TB) Healthcare Provider Alert: See 2-page attachment
- COVID-19: 5 Things You Should Know: See 2-page attachment
- Checklist for COVID-19 vaccine: See 3-page attachment
- Health Improvement Strategies Throughout Iowa: See 40-page attachment
- Jasper County Health Department Monthly Report: See 1-page attachment

Item 9: Public input: None

Item 10: Next meeting: Thursday, January 11, 2024, 11:00 AM, Location: Jasper County Office

The Board will need to elect chair at January's meeting.

Item 11: Motion to Adjourn: 11:46 AM

Motion: Mike Balmer **Second by:** Dr. Cope **Motion Passes:** unanimously

Minutes taken by Melissa Gary

Board Representative

Date

Env Health

Environmental Reporting to Jasper County Board of Health
For FY2024

Environmental Reporting	FY2024	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Septic Eval & Inspections		15	5	12	13	6	9							60
Time of Transfer Inspections		5	5	5	11	2	4							32
New Water Wells		0	1	0	0	0	0							1
Plugged Water Wells		4	2	1	3	2	2							14
Water Tests		2	0	0	1	1	0							4
Pool/Spa Inspections		0	0	0	1	7	3							11
Tanning Facility Inspections		0	0	0	0	6	5							11
Tattoo Facility Inspections		0	0	0	0	5	4							9
Septic Tank Pumper Inspections		0	0	0	0	0	0							0
Nuisance Complaints		2	0	0	1	1	0							4
Rabies / Dog Bites		2	1	1	0	1	0							5
Radon Test Kits Sold		1	0	0	1	0	0							2
Any Issues or Complaints		0	0	0	0	0	0							0

Env.
Health

Grants to Counties

	Wells Plugged	Wells Tested	Results of Test	Well Permits	GTC Quarterly Report	Amt Submitted
1st Quarter G2C (07/01/2023-09/30/2023)	Well # 2230604 07/07/2023				Submitted 10/09/2023	\$ 4,311.58
	Well # 2230520 07/26/2023					
	Well # 2230523 08/18/2023					
	Well # 2230524 08/14/2023					
	Well # 2230606 08/18/2023					
	Well # 2230607 08/08/2023					
2nd Quarter G2C (10/01/2023-12/31/2023)	Well # 2231931 11/27/2023	Well # 2231948	Nitrogen - <0.1mg/L		Submitted 01/02/2023	\$ 4,195.40
	Well # 2231932 11/16/2023		E. Coli - Absent			
	Well # 2231933 09/13/2023		Arsenic - 0.0136mg/L			
	Well # 2231935 12/11/2023		Manganese - 0.0197mg/L			
	Well # 2231942 08/16/2023					
	Well # 2231943 12/13/2023	Well # 2231950	Nitrogen - 0.1mg/L			
	Well # 2231945 10/03/2023		E. Coli - Present			
	Well # 2231946 10/03/2023		Arsenic - <0.0020mg/L			
	Well # 2231967 12/19/2023		Manganese - 0.144mg/L			
		Well # 2231951	Nitrogen - 1.8mg/L			
			E. Coli - Absent			
			Arsenic - <0.0010mg/L			
			Manganese - 0.0020mg/L			
		Well # 2231953	Nitrogen - 0.2mg/L			
			E. Coli - Absent			
			Arsenic - <0.0010mg/L			
			Manganese - 0.0035mg/L			
3rd Quarter G2C (01/01/2024-03/31/2024)						

DID YOU KNOW?

20.1%

Of Iowa high school students vape. E-cigarette use among Iowa high school students is 6% higher than the national rate.

FEATURED RESOURCE: [My Life My Quit - Iowa](#)

Offers free and confidential cessation coaching to youth ages 13-17 who want help quitting all forms of tobacco including vaping.
Text "Start My Quit" to 36072.

FY2024 Initiatives for Jasper County

Youth Prevention:

In Jasper County local tobacco control staff are assisting schools and youth organizations with youth tobacco cessation resources and forming youth tobacco chapters called I-STEP.

- ✓ Staff conducted outreach to 6 Jasper County schools and youth-serving organizations.
- ✓ Staff met with 2 members of the Newton YMCA to discuss resources and programs.
- ✓ Staff provided resources and program information to school districts in Jasper County during Jasper County Cares Schools Subgroup meetings and in email follow-ups.

Policy Systems Change:

In Jasper County local tobacco control staff are working on assisting childcare centers, worksites, and multi-unit housing with policy change and tobacco cessation resources.

- ✓ Staff conducted outreach to 5 organizations, including 2 childcare providers and 3 worksites.
- ✓ Resources were provided to 4 organizations.
- ✓ Staff assisted Mustang Scholars 3-Year-Old Preschool in Prairie City with updating their tobacco and nicotine policy.

Cessation:

In Jasper County local tobacco control staff are promoting [Quitline Iowa](#) and [My Life My Quit](#) to the community.

- ✓ Staff conducted outreach to 15 organizations in Jasper County.
- ✓ Staff provided resources to 15 organizations in Jasper County.
- ✓ Staff provided Quit Kits and an Ask Advise Refer training to Diane DeJong, PA-C, and 1 nurse from the Pella Regional Health Medical Clinic in Sully.
- ✓ 14 individuals from Jasper County contacted the Quitline from July to September.

Learning Opportunity:

Monday, November 6, 2023, Join Central Iowa Communities in Action members, the American Lung Association and Employee and Family Resources to learn more about vaping and substance misuse in teens. This webcast will provide an overview of products, supportive resources, and opportunity for Q&A. This webcast is intended for adults who work with youth. **Register here: [7:00AM Webcast](#) [4:00PM Webcast](#)**

Tobacco Toolkits & Resources:

- Youth programs and resources are linked here: <https://bit.ly/3EWCY7A>
- American Lung Association Toolkits:
 - Addressing Tobacco use in Black Communities Toolkit:
 - <https://www.lung.org/getmedia/a13f1949-8d58-4e99-bed0-f28bcd18acfc/addressing-tobacco-use-in-black-comm-toolkit.pdf>
 - Addressing Commercial Tobacco Use in Indigenous Communities Toolkit:
 - <https://www.lung.org/getmedia/054b62e2-ed3a-4880-a576-16ab52015d63/IndigenousToolkit>
 - Addressing Tobacco use in Hispanic or Latino Communities Toolkit:
 - https://www.lung.org/getmedia/1063c716-425d-4684-8647-14a37a72580a/Hispanic_Latino_Communities_Toolkit_ENG.pdf
 - <https://www.lung.org/getmedia/6958ab6d-fd74-4d8c-8939-53cad07e9a34/Herramientas-para-abordar-el-consumo-de-tabaco.pdf>

The American Lung Association holds the Community Partnership grant funded by the Iowa Department of Public Health, Division of Tobacco Use Prevention & Control for eight counties in Iowa. We serve Adair, Dallas, Jasper, Madison, Marshall, Polk, Union, and Warren Counties and follow best practices for tobacco control outline by the CDC:

1. *Prevent the Initiation of tobacco use among young people.*
2. *Eliminate non-smokers exposure to secondhand smoke.*
3. *Promote quitting among young people and adults.*
4. *Identify and eliminate tobacco-related disparities among population groups.*

You can request free resources here:



YOUTH TOBACCO PREVENTION IN ACTION



WHAT IS ISTEP?

Iowa Students For Tobacco
Education and Prevention

Led by students and supported by adults, ISTEP is a statewide movement made up of young people who want to step up and take action against tobacco. Not only is ISTEP the only statewide youth-led organization focused on ending tobacco in Iowa - it's also a lot of fun!

ISTEP chapter membership is open to students in grades 7-12. It can be a combination of both middle school and high school students or you can have separate chapters. ISTEP chapters are commonly formed in a school setting but chapters can be made up of members from a church, scout troop, or any other community setting where 7-12 grade students meet.

ISTEP educates other students, community leaders and loved ones by bringing light to the true unfiltered facts on the dangers of tobacco. The group has the flexibility to organize their own fun events whether in the school system, or within the community.

This is a great opportunity for students who are looking for something to make them stand out as a leader, and is a great college resume builder!

WANT TO GET YOUR
STUDENTS INVOLVED?

Contact Emma Krapfl to
learn how.

(515) 802-3194

Emmaline.Krapfl@lung.org



TOBACCO CONTROL

Quarterly Newsletter

July - September 2023



Iowa Students for Tobacco Education & Prevention (ISTEP)



Once a year, students from across Iowa gather for the ISTEP Summit to discover ways to take action against youth tobacco use, including vaping.

Iowa youth in grades 7-12 are invited to attend, free of cost. Executive Council members plan and lead the day with team building games, selfie stations, tailgating games and meeting other young leaders across Iowa.

Most importantly, youth gain skills and knowledge to bring back to their local communities to talk to their peers about tobacco use.

To learn more about ISTEP, and creating a chapter at your school or youth group, visit IowaStep.org, or reach out to us today at beth.timmerman@lung.org

Red Ribbon Week: October 23-31

Red Ribbon Week highlights the importance of living a drug-free life. It provides an opportunity for educators, parents, and community members to reinforce the drug-free messages.

Visit www.Redribbon.org for resources and activity ideas to promote living-drug free!



Quitline Iowa Ask, Advise, Refer Training:



Thank you to EveryStep Maternal Child Health Program for being a great audience during a staff Ask, Advise, Refer Training. Is your clinic interested in learning how to refer patients to Quitline Iowa? We provide quick and easy trainings during staff meetings and can come in person or by video call. To learn more about Quitline Iowa, visit <https://quitlineiowa.org/en-US/>.

Reach out to Beth.Timmerman@lung.org if you're interested in setting up a staff training!

Quitline Iowa Referrals:

Did you know community organizations and health care professionals can make web referrals to Quitline Iowa (18yrs +) and My Life My Quit (13-17yrs.)? It is easy and gets support to those wanting to live a tobacco free life.

To refer for Quitline Iowa:

- www.QuitlineIowa.org
- Select "Health Professionals."
- Select "Make a Referral."

To refer for My Life My Quit:

- www.MyLifeMyQuit.org
- Select "Resources."
- Select "Health Care Professionals."
- "Refer a Youth to My Life My Quit."



Free Tobacco Cessation Resources Available:

Help your clients, staff, family, and friends quit tobacco with help from Quitline Iowa and My Life My Quit. Free resources are available to assist you with promoting these free tobacco cessation programs.

To request our free tobacco education and cessation resources, fill out our online survey at <http://www.bit.ly/LungIA> or scan the QR code to the right.

SCAN ME



Website:
www.lung.org



Phone:
515-309-9507



Email:
beth.timmerman@lung.org

What's The Return On Investment For Going Tobacco-Free?



Reason #1

Update existing smokefree policies to include all tobacco products, including electronic cigarettes.



Reason #2

Improve the health of all employees and visitors.



Reason #3

Reduce employer costs.

What Employers Can Gain by Helping Employees Quit Tobacco

2.6
Days

Improved Attendance

It is estimated that employees who do not use tobacco are at work **2.6 more days** per year than the employees who do use tobacco¹.

5.5
Days

Increased productivity

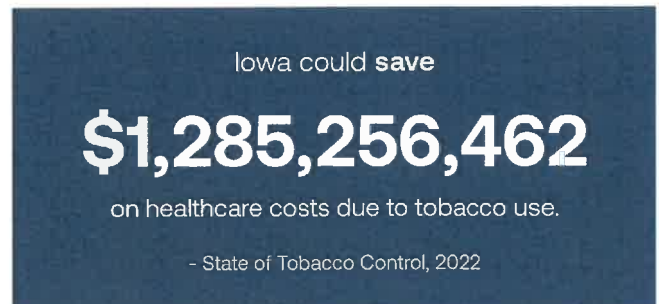
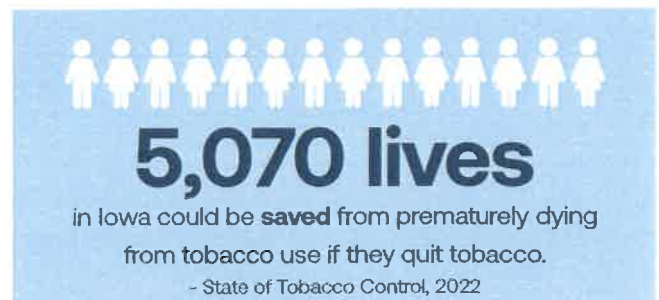
While every person is different, a study estimated that the average employee who uses tobacco takes two 15 minute breaks in excess of regularly scheduled and allowed breaks¹. This results in **5 ½ days** per year of paid time that an employer could regain.

8%
Lower

Decreased healthcare expenses

A study estimated that the healthcare expenses of an employee who is tobacco free are approximately **8% lower** than the expenses of an employee who uses tobacco.¹

1. Berman, M., Crane, R., Seiber, E., & Munur, M. (2014). Estimating the cost of a smoking employee. *Tob Control*, 23(5), 428-433. doi: 10.1136/tobaccocontrol-2012-050888



JASPER COUNTY HEALTH BUDGETS		
Expenses	FY24	FY25
OFFICE SUPPLIES	\$1,800	\$1,800
MEDICAL/LAB SUPPLIES	\$2,000	\$2,000
APPAREL/UNIFORMS	\$400	\$400
PUBLICATIONS/NOTICES/ADVERTISEMENTS	\$500	\$500
POSTAGE/MAILING	\$600	\$600
EMPLOYEE MILEAGE/MEALS	\$2,000	\$2,000
TELEPHONE SERVICES	\$2,000	\$2,000
HOME CARE AIDE_ SUBCONTRACT	\$50,000	\$50,000
EDUCATIONAL/TRAINING SERV	\$1,000	\$1,000
MAINT-OFFICE/COMPUTER EQUIP	\$3,000	\$3,000
DUES/MEMBERSHIPS	\$750	\$750
PASS-THRU STATE GRANTS	\$50,000	\$50,000
WAGES	\$224,600	\$228,300
FICA-COUNTY PORTION	\$18,000	\$19,000
IPERS-COUNTY PORTION	\$22,000	\$22,000
EMPLOYEE GROUP INSURANCE	\$69,000	\$67,000
TOTALS	\$447,650	\$450,350

Revenue	FY24	FY25
PUBLIC HEALTH EMERGENCY PREPAREDNESS	\$50,000	\$40,000
LOCAL PUBLIC HEALTH SERVICES	\$85,000	\$85,000
IMMUNIZATION	\$11,000	\$11,000
TOTALS	\$146,000	\$136,000

Jasper County Health Dept FY24							
Public Health	July	Aug	Sept	Oct	Nov	Dec	Totals
Communicable Disease	4	4	1	4	4	2	19
TB medication per day	31	31	30	0	0	0	92
Immunization given	5	99	13	33	9	23	182
School Audits		208	3167	2958			6333
Daycare Audits			239	664			903
Health Fair/Com Ed.- # people	125	81	50	6433	48	41	6778
Car seat installed	0	5	7	8	1	0	21
Promotions/Outreach							
Instagram impressions	113	415	154	116	25	85	908
Instagram followers	493	495	500	502	500	500	2990
Facebook impressions	21805	25906	16337	21322	23847	15661	124878
Facebook followers	4300	4300	4300	4329	4332	4339	25900
Twitter impressions	25	79	8	7	12	83	214
Twitter followers	218	218	217	220	224	225	1322
Media-articles,ad,mentions	18	18	12	8	9	5	70
Media reach: appr15,000	270000	270000	180000	120000	135000	75000	1050000
Radio ads- 4 weeks, 6 x a day +2 weeks= 252 times reach 60,000							0
Website reach	117	93	81	78	149	162	680
Billboard- impressions 4 weeks see panels							0
Home Care Aide - reimbursement							
Total Clients	9	8	7	7	6	6	43
Hours	56	64	61	52	46	46	325
Cost	\$1,960	\$2,240	\$2,135	\$1,820	\$1,610.00	\$1,610.00	\$ 11375
# referrals	17	21	19	24	16	20	117
Grant billing							
Local Public Health Services	\$18,066	\$17,968	\$16,586	\$21,479	\$12,527		\$86,627
Emergency Prep- PHEP	\$4,112	\$1,219	\$1,323	\$1,098	\$1,047	\$7,352	\$16,150
Immunization grant	\$1,203	\$3,475	\$3,362	\$3,159			\$11,199
Total billed for month	\$23,381	\$22,662	\$21,272	\$25,736	\$13,574	\$7,352	\$113,977