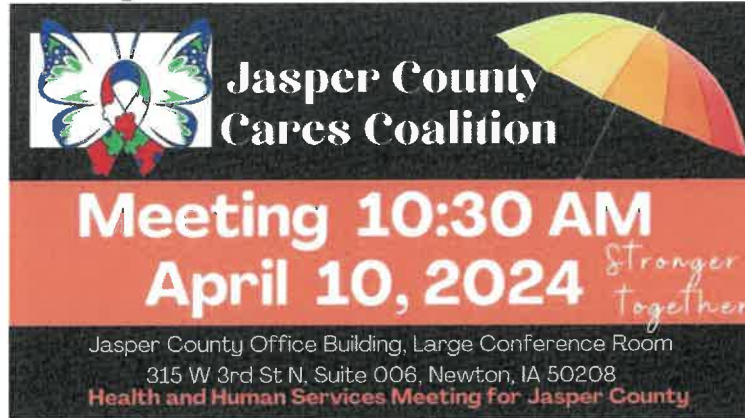


Agenda-Jasper Co. Cares Coalition



APRIL 10, 2024- SUBGROUPS- Transportation 9 AM and Schools after the meeting

Mission: To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring any information or giveaways that you would like to share.

Welcome/Updates: Welcome folders are available.

Celebrating WINS for Jasper County Cares! (Sharing positive connections for Jasper Co. Cares)

Agency Spotlight: **Pregnancy Center of Central Iowa:** 10-minute limit

Member Introductions/Share (1 minute for each organization)

- Please state your name, organization, services provided, any changes, and upcoming events.
Take a moment for any questions.

Other business:

Any needs for Volunteers, Job Openings, or Resources.

See attachment.

Events/calendar: <https://www.jasperia.org/calendar/>

+ see attachment(s)

Resource guide: <https://www.jasperia.org/resources/>

March # 826 views and 217 users

- Added categories: Child support and paternity, Clean-up services, Immunizations.
- E-mail updates: jaspercocares@jasperia.org.

Special Request:

Any special, immediate needs from the group?

Addressing gaps of service in Jasper County (Becky Pryor, Jasper County Health Dept.)

- Transportation meeting update from subgroup.
- SWOT analysis follow-up. Focus on the "Weakness" section this time.
Mental Health – placements, need providers, low Medicaid reimbursement, etc.

Next Meeting: May 8, 2024, 10:30-noon. In May, Senior and School subgroups.

- May's Spotlight: **Open Arms Foundation of Jasper County.**
- Need agency for June & August.

Contact: Becky Pryor, jaspercocares@jasperia.org

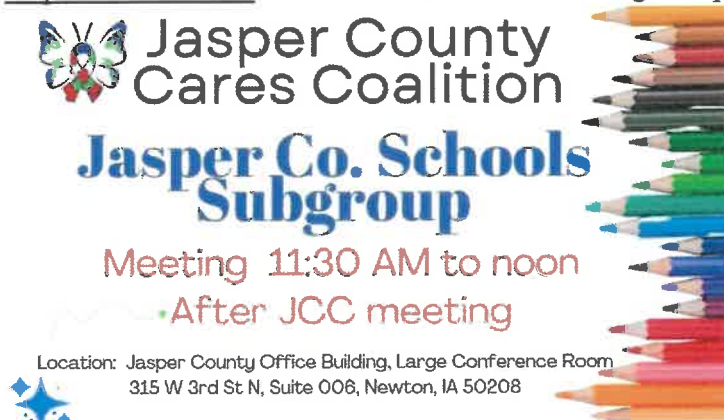
Subgroups: Open invitation to attend. All subgroups will be in the large conference room.

- Senior Focus: Dates 2024: May 8, August 14, November 13th from 9:30-10:15 AM
- Maternal Health Coalition dates 2024: June 12, September 11, December 11 from 9:30-10:15 AM, Virtual and in person. Small conference room.
- Meetings in large room need to end by 10:15 AM, main meeting starts at 10:30 AM.

APRIL 10, 2024- SUBGROUPS- Transportation and Schools



- Transportation gaps: April 10 at 9 AM. Everyone is invited.
 - Current services in resource guide.
 - Data available.
 - Menti presentation from last meeting <https://www.mentimeter.com/>
 - Solutions for transportation to those in need in Jasper County:
 - Greatest need?
 - Funding/grants available?
- Jasper Co. Schools dates 2024: after each meeting except March, Summer, September



- Schools Subgroup Agenda:
 - How do we recruit mental health therapists for schools? (Julie Smith)
 - Stop the Bleed kits in process. Instructors in schools? Check expired kits
 - Resource business cards?
 - Child Abuse Prevention Month <https://pcaiowa.org/tools-and-resources/>
 - Food Bank of Iowa, Contact Ty Harris tyharris@foodbankiowa.org
 - Opioid Settlement Funds for Prevention in Schools. Application due 6/30/2024. https://www.jasperia.org/health/opioid_settlement/
 - Any other needs?



Jasper County Cares Coalition



Meeting 10:30 AM May 8, 2024

Stronger together!

Jasper County Office Building, Large Conference Room
315 W 3rd St N, Suite 006, Newton, IA 50208

Health and Human Services Meeting for Jasper County

NEXT MEETING

Join us!



Jasper County Cares Coalition



SCAN ME

Meeting dates

- May 8, 2024
- June 12
- Aug 14
- Sep 11
- Oct 9
- Nov 13
- Dec 11

Time: 10:30 AM

Why attend?

- Networking
- Subgroups & focus projects
- Only 1 meeting per month
- Social Media PR, announcements
- Monthly email updates, funding
- Resource Table & Guide- see QR

Contact: jaspercocares@jasperia.org

Location: Jasper County Office Building, Large Conference Room
315 W. 3rd St N., Suite 006, Newton, IA 50208

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

wins!

CELEBRATING WINS

ORGANIZATION

SPOTLIGHT

Pregnancy Center of Central Iowa

Services: Pregnancy and Parenting

The Pregnancy Center of Central Iowa was established in 1991. Our purpose is provide education, practical help and caring support for moms, babies, & families. All services are free and confidential.

Education Opportunities

- Prenatal Care
- Labor, Delivery, Breastfeeding
- Infant Care
- Postpartum Care & Depression
- Successful Family Living
- Positive Discipline- Toddlers to Teens
- Coping with Life Changes

Baby Boutique

You can use the points you earn from taking our one-on-one courses to shop for diapers, maternity, baby, & toddler clothing, blankets, car seats, cribs, Pack 'n Plays, strollers, Breast Pumps, and so much more.

Free Pregnancy Tests & Information

MORE INFORMATION

- ☎ (641) 792-3050
- ✉ director@pcc Iowa.com, Rita Baker
- 🌐 pcc Iowa.org
- 📍 709 1st Ave W, Suite 1, Newton, Iowa



Jasper County Care Coalition's 2nd featured agency in April is the Pregnancy Center of Central Iowa.

Website: <https://www.pcc Iowa.org/>

Facebook: <https://www.facebook.com/PregnancyCenterIowa>

Is your health or human service organization interested in becoming a Spotlight Organization?

Email: jasperco cares@jasperia.org

April packet for Jasper County Cares

General Info

Contact: Becky Pryor, jaspercocares@jasperia.org

Resource guide: <https://www.jasperia.org/resources/> March # 826 views and 217 users

- Added categories: child support and paternity, clean-up services, Immunizations.
- E-mail updates: jaspercocares@jasperia.org.

Facebook: <https://www.facebook.com/JasperCountyCaresCoalition/>

Events/calendar: <https://www.jasperia.org/calendar/> We can share your information on Facebook.

Agenda, upcoming meetings:

- Jasper County Cares Agenda: 6 pages

Information:

- Organizational Spotlight: Pregnancy Center of Central Iowa <https://www.facebook.com/PregnancyCenterIowa>
- Future Spotlight Organization: please email the information to jaspercocares@jasperia.org
- Job & Volunteer Openings, Resources Available or Needed
- Sandy Ham, Progress Industries, WOW Connect DSM, April/May 2024 (3 pages)
- Measles Information: Handout Think Measles, Website: <https://www.cdc.gov/measles/index.html>
 - **2023 rates in Jasper County of MMR (based on IRIS)**
 - Jasper County 81.5%- 1 dose MMR by 2 years old
 - Jasper County 90.5% - 2 doses of MMR by ages 13 to 15 years old.
 - The herd immunity threshold is 93-95%.

<p>MMR Recommendations for Healthcare Personnel</p> <p>Healthcare personnel born during or after 1957 should have adequate presumptive evidence of immunity</p> <p>Healthcare facilities should consider vaccination of all unvaccinated personnel born before 1957, who lack laboratory evidence of immunity or laboratory confirmation of disease</p> <p>During an outbreak of measles, healthcare facilities should recommend 2 doses of MMR vaccine for unvaccinated personnel regardless of birth year who lack laboratory evidence of immunity or confirmation of disease</p> <p><small>2011 Immunization of Health-Care Personnel</small></p> <p>IOWA Health and Human Services</p>	<p>Things to do now to be prepared for a measles case</p> <ul style="list-style-type: none">• Review procedures with all staff• Ensure staff immunizations are up to date• Continue encouraging vaccination in un- and under-immunized patients <p>IOWA Health and Human Services</p>
---	--

- Food Bank of Iowa: FY2023 report and map (3 pages) Food pantries need assistance?
 - <https://foodbankiowa.org/>
- Jasper County Elderly Nutrition Info https://www.jasperia.org/elderly_nutrition/
- Primary Care Provider Loan Repayment Program: Mental Health, Dental, Primary Care Medical
 - <https://www.iowagrants.gov/viewStorefrontOpportunity.do?OIDString=1711044967489/Opportunity>
- Opioid Settlement Funds: Information coming soon. Next deadline: 6/30/2024. (2 Handouts)
 - https://www.jasperia.org/health/opioid_settlement/
- Child Abuse Prevention Month: Free Materials <https://pcaiowa.org/tools-and-resources/> See website.
- Community Health Assessment – Survey in May, Meeting on September 11, 2024.
- Jasper Community Foundation Grant: <https://www.jaspercommunityfoundation.org/> Due 4/30/24 See link.

Events in Jasper- see calendar for a full list. <https://www.jasperia.org/calendar/>

Health Fairs (free):

- Healthy Kids Day, Newton YMCA on May 4th. Contact Erick <https://fb.me/e/4eYS2IxGQ>
- Free Car Seat Event May 4, Pregnancy Center <https://fb.me/e/55IdmtCPN>
- Senior Health & Fitness Day: May 29 ask Sarah Pittman, Newton YMCA (3 pages)
- Free A1C Screenings: Newton Hy-Vee on April 24, 2024 <https://fb.me/e/51bqt89h0>

Support Groups:

- NAMI Connection Recovery Support Groups <https://namicentraliowa.org/>

Free Events:

- Voices of Inspiration, United Way, April 11, 17, 25 & May 9
 - <https://www.facebook.com/UnitedWayofJasperCounty>
- Iowa State Extension Week, Jasper County, April 15-19
 - <https://www.facebook.com/ISUEOJasperCo>
- Free Movies at the Capitol Theatre, April 20, 22 & May 11. See Facebook.
 - <https://www.facebook.com/capitol2theatre/about>
- Discover Hope, Restoration House for Men, Open House, May 17.
 - <https://www.facebook.com/discoverhope517/>

Fundraisers:

- Open Arms Foundation: Pinwheel garden for Child Abuse Prevention, \$1 donation
 - Donations: https://www.paypal.com/donate/?hosted_button_id=585Q7HS65T26N
- Trivia Night for Newton Athletic Booster Club, May 16, <https://fb.me/e/gtO8qaw2Y>
- The Gala, a fundraiser for MercyOne Newton, April 20, <https://fb.me/e/4DbPOXC00>
- The Balloons for Brighter Future Raffle, Short Years PAT, April 30-May 1
 - <https://givebutter.com/balloonsforbrighterfutures>

Training:

- Home Instead, Professionals CEU
 - <https://www.homeinstead.com/news-and-media/ceu-webinars/>
- 4-H Babysitting Basics, IA State Extension, June 6, 13, 20.
 - <https://www.facebook.com/profile.php?id=100057355102475>
- Mass Fatalities Planning and Response for Rural Communities, May 4 (see flyer)
 - <https://ruraltraining.org/course/AWR-232/?scheduled=true&id=11243>

JOB OPPORTUNITIES

4/4/2024

- Jasper Co. Elderly Nutrition, Cook
- Mercy One Newton: Nurses, Paramedic, Patient Care Tech, OT, Lab, Respiratory Therapist
- Capstone Behavioral Health, Mental Health Therapist
- City of Newton: Firefighter, Lifeguard, City Planner
- Progress Industries: Direct Support, Aide
- Newton Village: Nurse, CNA
- Park Centre: CNA, Groundskeeper
- Newton Schools: Subs Bus driver, Custodian, Teacher, Nurse, Food
- Colfax-Mingo Schools: Teachers, Para, Coaching
- Walmart -Newton
- Iowa Works, post or find jobs <https://www.iowaworks.gov/>

VOLUNTEER OPPORTUNITIES

- NAMI- Support Groups
- Jasper Co. Elderly Nutrition, deliver lunches
- RSVP
- The Well
- American Lung Iowa: Fight for Air Climb on April 7
- Discover Hope for Front Desk and serving lunch
- Newton YMCA for the Healthy Kids Day on May 4
- Whiskers and Manes at the Wolfe Ranch

See the resource guide for contact information.

RESOURCES AVAILABLE OR NEEDED

- Child Abuse Prevention Month- April see [CPAlowa.org website](https://www.cpalowa.org/)
- Food Bank of Iowa, if interested contact tyharris@foodbankiowa.org
- Jasper Community Foundation [Grant Due 4/30/2024](https://www.jaspercommunityfoundation.org/)

APR • MAY
2024

WOW Progress

CONNECT DSM

mistakes

Sandy Ham

PROGRESS INDUSTRIES

JOIN US
TUESDAY,
APRIL 16
FOR OUR
BIMONTHLY
LUNCHEON

CHANGING CAREERS TO MAKE A
DIFFERENCE





"WE ENVISION PEOPLE ABLE TO LIVE BY THEIR OWN CHOICES WITH DIGNITY AND RESPECT."

-PROGRESS INDUSTRIES

CHANGING CAREERS TO MAKE A *Difference*

By Cynthia Fodor

After a long career of crunching numbers for a big corporation, Sandy Ham decided it was time to do something different with her life. Something more personally meaningful.

"I felt there was something more I wanted to do than corporate functions and chasing the dollar. The corporate world is tough. I was looking for more personal reward in my second career," Ham said.

Ham had built a career with Maytag and continued on with Whirlpool as a finance executive, working most recently to try to keep the Amana manufacturing plant viable. After 31 years, she retired but was not ready to put her feet up just yet. Ham was still eager to use her talents to make a difference in a whole new way. She stepped into a new role running a non-profit.

For eight years, Ham has been the CEO of Progress Industries, focused on helping people with intellectual disabilities in Jasper, Polk and Poweshiek Counties. She left the appliance industry for one that helps people realize their potential.

"Because the 'Industries' in our agency name can be a bit deceptive, someone once asked, 'What do you make?' We make people's lives better. That's what we make," she explains.

It was not as if she left a tough corporate job for an easy one. Now Ham oversees layers of people, including a staff of 200, along with 300 clients they support. Add on 20 residential group homes, a fleet of 53 vehicles and all the logistics of 24/7 staffing. Progress Industries also supports people with disabilities in their jobs and helps them navigate the community.

"We help them get to their Dr's appointments and the grocery store so they can do their own cooking. We help them manage their money."

Progress Industries focuses on three primary areas with the goal of providing people with disabilities new opportunities for growth.

RESIDENTIAL LIVING SERVICES

- Provide affordable accessible housing.
- Services offer 24-hour support in four-to-five-person homes.
- Services in 3, 8-person, Intermediate Care Facilities (ICF's)

DAY ACTIVITY PROGRAMS

- Community programs develop life skills to enhance intellectual, physical and emotional health.

EMPLOYMENT

- Job coaching to obtain and maintain a meaningful place in the workforce.

"The goal is helping them be successful in helping themselves," she says. "We do WITH them, not FOR them. Everyone deserves happiness, joy and pride in their lives," Ham said.

One notable success story, as Ham shares, involves an individual with various challenges upon coming to P.I. Now in his late twenties, he holds a position at Hy-Vee. He is a different person today because of P.I., the programs we

Core Values:

Integrity

Passion for people

Teamwork

Excellence

Progress Industries Leadership Team

provide and the staff who dedicate themselves to helping others realize their greatest potential. He walks around with pride,” Ham said. A number of companies like Culver’s, McDonald’s and Hy-vee have opened their hearts to train workers along with the support staff at P.I.

While families can sometimes be overwhelmed when caring for a loved one with disabilities, P.I. is a valuable resource, and our staff/team becomes an extension of their family. The direct support professionals, like home health care aides, daily go in and address the individual needs of each person they support. Ham says there can be a high risk of burn-out but a high reward as well. She realizes the toll it takes on her staff and values each employee. “I try when I see our employees to let them know how much I appreciate them,” Ham says.

Melissa Butler had worked under four different CEO’s in her public relations role at P.I. Ham is her first female CEO. Butler says Ham has a way of seeing things in people and taking a chance on them. “Immediately she invested in me. She has given me every opportunity to elevate. She truly values me and my role within the agency.”

“I’m pretty Type A. I’m pretty organized. My folks are empowered to do their jobs. I’m there to support them. We problem solve together. We brainstorm. I’m not a hands-on micromanager. I’m very thankful for the team I have and for the confidence our Board of Directors has in me.”

Ham proves it’s never too late to take on a new challenge. She is much more than a numbers cruncher. In her second career as a CEO, she is a true leader on a mission supporting people to achieve a fulfilling life in our communities with dignity and respect. Sandy Ham is making progress helping Progress Industries make a difference.

“Everyday we are thinking out of the box. How do we support individuals in our services and how do we train our staff better? I rely on my team to bring all the solutions for providing services. We kick ideas around. We can all agree to disagree on some things but in the end, we’re all headed in the same direction.” *



PROGRESS INDUSTRIES HAS SERVED
CENTRAL IOWANS WITH DISABILITIES SINCE
1979, CELEBRATING 45 YEARS OF PROGRESS!
www.progressindustries.org

Think Measles

Consider measles in any patient presenting with a febrile rash illness, especially if **unvaccinated for measles** or **traveled internationally** in the last 21 days.

1 Measles Symptoms

- High Fever
- Cough
- Coryza (runny nose)
- Conjunctivitis (red, watery eyes)
- Maculopapular Rash
 - Typically appears 2-4 days after symptoms begin.
 - Begins at hairline, spreads downward, to face, neck, and trunk.
 - Rash appears red on light complexions, but may be harder to see or appear as purple or darker than surrounding skin on dark complexions.

2 Pre-Visit Telephone Triage

- For those reporting measles symptoms, assess the risk of exposure:
 - Are measles cases present in your community?
 - Did the patient spend time out of the country in the 21 days before symptom onset?
 - Has the patient ever received the MMR vaccine?
- Triage should only be completed by a clinically trained person.
- If patient will be seen in the office, provide instructions on face masks for patient (2 years of age and older) and family.
- Instruct to arrive to a side or back entrance instead of the main entrance.

3 Patients Presenting with Suspected Measles

- Provide face masks to patients (2 years of age and older) and family before they enter the facility. Patients unable to wear a mask should be "tented" with a blanket or towel when entering the facility.
- Immediately move patient and family to an isolated location, ideally an airborne infection isolation room (AIIR) if available. If unavailable, use a private room with the door closed.
- No other children should accompany a child with suspected measles.
- Patients (2 years of age and older) and family should leave face masks on if feasible.

4 Infection Prevention Precautions

Only health care providers with immunity to measles should provide care to the patient and family. Standard and airborne precautions should be followed, including:

- Use of a fit tested NIOSH-approved N95 or higher-level respirator.
- Use of additional PPE if needed for task (e.g., gloves for blood draws).
- Cleaning hands before and after seeing the patient.
- Limiting transport or movement of patients outside of room unless medically necessary.

5 Public Health Notification

- To ensure rapid investigation and testing with contact tracing, notification should occur immediately upon suspicion of measles. Public health departments will be able to help confirm vaccination history for U.S. residents, provide guidance on specimen collection and submission, and manage contacts of confirmed cases.
- Acute care facilities should immediately notify the hospital epidemiologist or infection prevention department.
- Outpatient settings should immediately notify local or state health departments.

6 Clinical Care

- People with confirmed measles should isolate for four days after they develop a rash.
- If an AIIR was not used, the room should remain vacant for the appropriate time (up to 2 hours) after the patient leaves the room
- Standard cleaning and disinfection procedures are adequate for measles virus environmental control.



Maculopapular Rash

Source: [CDC PHIL](#)



Resources:

[Measles Red Book Online Outbreaks Page](#)
[CDC Interim Infection Prevention and Control Recommendations for Measles in Healthcare Settings](#)



FOOD INSECURITY is the lack of access to enough food to live a healthy life.

Food Bank of Iowa finds free and reduced-price food, keeps it safe and delivers it to the doors of 700 partners across 55 counties. Our partners take the food the last few feet and hand it to their neighbors in need.

Food Bank of Iowa is a proud Feeding America partner. Feeding America food banks follow strict food safety guidelines, ensure food goes to people in need and manage national retail food rescue partnerships.

1.8 MILLION*
INDIVIDUALS SERVED

AT PARTNER PANTRIES
45% INCREASE OVER FY2022

- 661,758 households
- 858,415 children
- 735,049 adults
- 287,731 older Iowans

21.2 MILLION POUNDS OF FOOD DISTRIBUTED

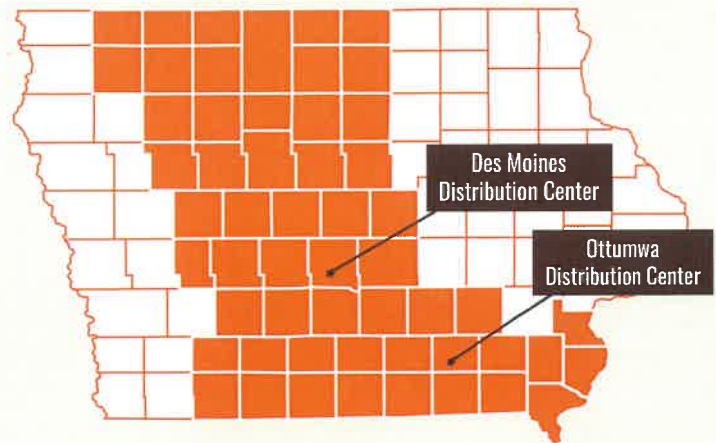
EQUIVALENT TO 17.6 MILLION MEALS = 26% INCREASE OVER FY2022

- 2,321,285 meals served through partner meal sites*
- 106,430 Backpack sacks distributed to elementary students*
- 2,043,031 pounds distributed through our mobile pantry program
- 2,458,727 pounds distributed through our school pantry program
- 7.1 million pounds of food rescued

*4.3 MILLION TOTAL POINTS OF SERVICE

700
PARTNERS
&
PROGRAMS

- 286 community pantries
- 149 school pantries
- 103 Backpack schools
- 45 mobile pantries
- 28 residential programs
- 20 partner meal sites
- 20 veteran programs
- 16 daycare centers
- 18 shelters
- 15 senior programs

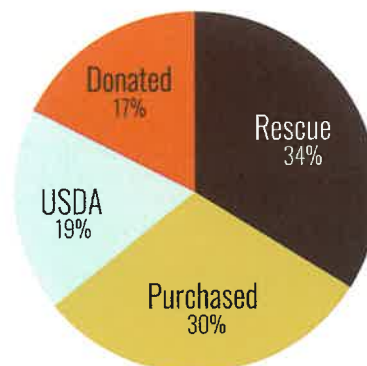


33,334 VOLUNTEER HOURS

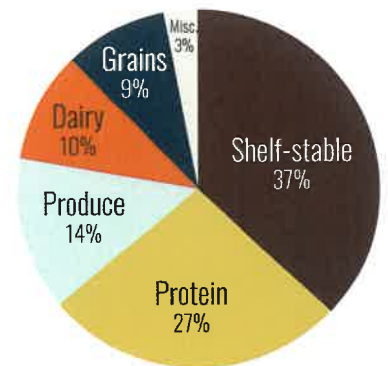
= WORK OF 16 FULL-TIME EMPLOYEES

- 9,748 volunteer shifts filled
- IRS value of volunteer hours exceeds \$1 million
- 2.6 million pounds sorted by volunteers

FOOD SOURCES



FOOD TYPES



THE REALITY OF HUNGER IN IOWA

36% OF IOWA HOUSEHOLDS DON'T MAKE ENOUGH TO COVER BASIC NEEDS
(United Ways of Iowa ALICE Report)

11% OF IOWANS LIVE IN POVERTY
(U.S. Census)

CHILDREN

- 42% of Iowa students are eligible for free or reduced-price school meals.
(Iowa Department of Education)
- 13% of Iowa children live in poverty.
(Annie E. Casey Foundation)
- Children living in poverty lack proper nutrition, leading to long-term physical and mental health problems.
(American Academy of Pediatrics)



FAMILIES

- (Common Good Iowa)*
- One in 7 working Iowa households can't afford basic needs.
 - 34% of Black and 25.8% of Hispanic households can't afford basic needs.
 - A single parent with one child must earn \$21.16 hourly to cover basic needs.
 - The median hourly wage in Iowa is \$19.19.



SENIORS & VETERANS

- \$1,791 is the average monthly Social Security retirement benefit.
(Source: SSA)
- \$2,016 is the required income for an adult to cover basic needs.
(Source: United Ways of Iowa ALICE Report)
- 11.1% of veterans live in food insecure households.
(USDA)



LESS THAN \$2 FEEDS A NEIGHBOR FOR ONE DAY

96 cents of every dollar donated to Food Bank of Iowa go directly to feed those in need.

Food Bank of Iowa is 100% supported by generous individual, corporate and foundation donors and strong retail partners.

OUR COMMITMENT TO ALLEVIATE HUNGER IN IOWA IS STEADFAST

as the need for food assistance continues to escalate.

2023-2024 goals:

- All 168 school districts in our service area get a school pantry
- Every senior has access to home delivery
- Every veteran can access food from their county Veterans Service Office

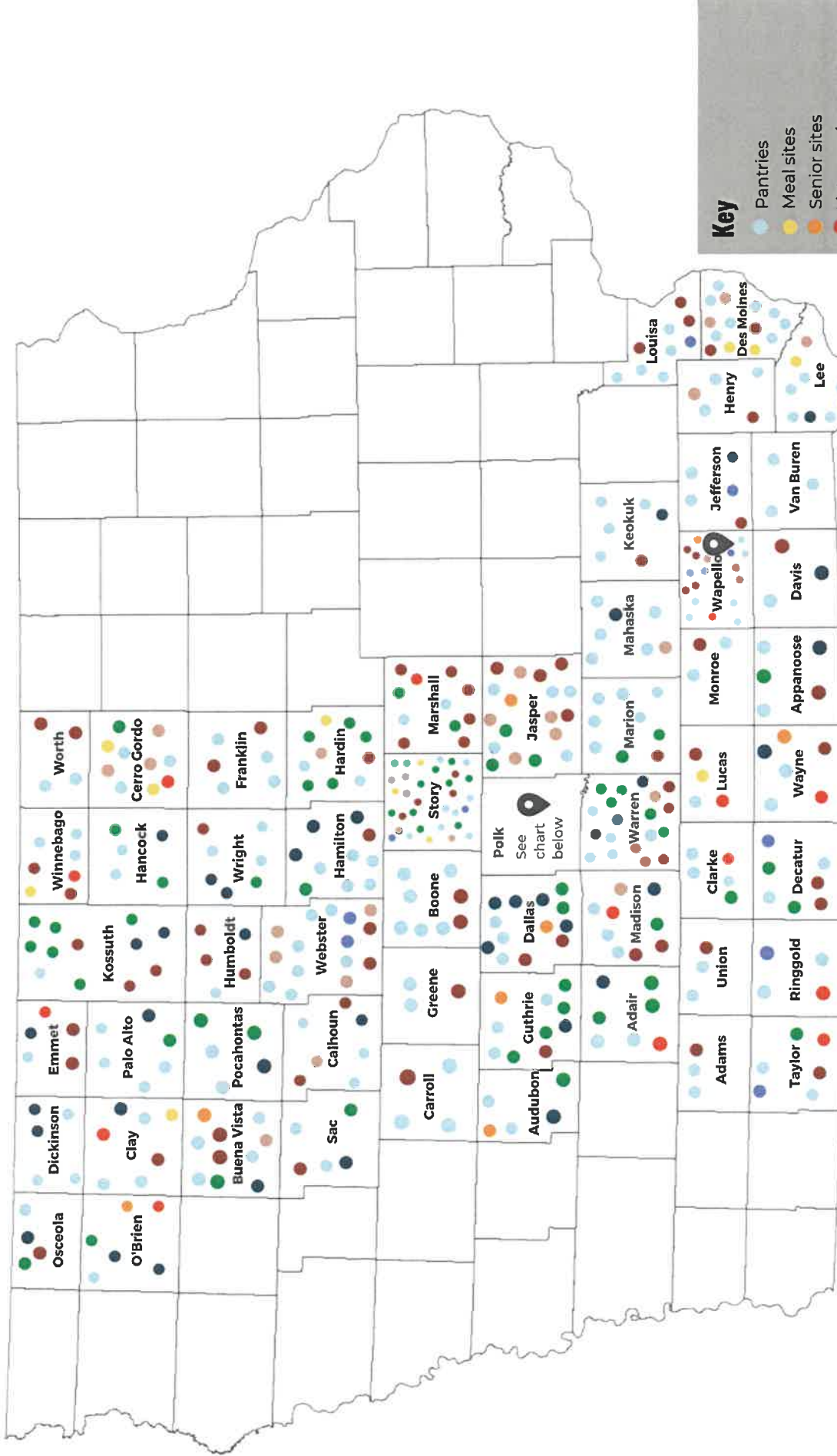
We are grateful for community support in the fight against hunger. Learn more, get help or give help at www.FoodBankIowa.org.



FOODBANK
OF IOWA

Food Distribution Footprint

700 total partners and programs



Polk County	FBOI offers 200 food opportunities in Polk County.
Pantries: 71	BackPack sites: 45
Meal sites: 22	Residential sites: 19
Senior sites: 1	Daycares: 6
Veteran affair sites: 1	Mobile pantries: 1
School pantries: 31	

Contact Ty Harris
 tyharris@foodbankiowa.org
 Tel: 515-564-0380

Key

- Pantries
- Meal sites
- Senior sites
- Veteran sites
- School pantries
- Mobile pantries
- BackPack sites
- Residential sites
- Daycares
- FBOI Distribution Center

JASPER COUNTY ELDERLY NUTRITION

Congregate Meal Sites

Colfax (Colfax Senior Center)-1 E Howard St.

Monroe (The Gathering Place)-113 S Monroe St.

Newton (Jasper County Community Center)-2401 1st Ave E.

Meals served at 11:30 AM Monday-Friday

(Please call 641-792-7102 to reserve a meal)

JCEN serves anyone 60 years of age or older and their spouse (spouse need not be 60).

There is no charge for the meals, but donations are accepted and needed.

If you are over 60 and have answered yes to any of the following questions, Jasper County Elderly Nutrition can help.

Are you tired of cooking or find it more difficult to cook for yourself?

Are you finding it harder to stretch the food budget? Are you tired of eating alone?

Are you finding it harder to eat a balanced diet?

For more information contact:

Jasper County Elderly Nutrition-2401 1st Ave. E. Newton, Iowa 50208

Phone: 641-792-7102 -- Fax: 515-631-5173

kvanmanen@jasperia.org

Jasper County Elderly Nutrition prohibits discrimination against and harassment of any employee or any applicant for employment because of race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law.

Primary Care Provider Loan Repayment Program



Application Cycle is Now Open!

Pre Application Deadline:
Oct 11, 2023 4:00 PM

Final Application Deadline:
Dec 20, 2023 4:00 PM

To learn more or to start an application, go to <https://www.iowagrants.gov/index.do>.

Summary

The Iowa Health and Human Services Agency accepts applications for the Primary Care Provider Loan Repayment Program (LRP). Licensed healthcare practitioners in eligible disciplines can receive loan repayment assistance through the Primary Care Provider LRP in exchange for a service obligation at eligible practice site(s) located in a federally designated health professional shortage area.

Eligible Applicants

Licensed Healthcare Practitioners who provide:

- ▶ Primary Care Medical ✓
- ▶ Dental Health ✓
- ▶ Mental Health ✓

Award



Eligibility Requirements

1. Applicants must be a U.S. citizen or U.S. naturalized citizen.
2. Applicants must be licensed, board eligible, or board-certified to practice in Iowa as a health care provider in an eligible discipline and specialty (if specialty is applicable).
3. Applicants must have qualifying education that is related to the applicant's discipline.
4. Applicants must have qualifying educational loans.
5. Applicants must work at an eligible practice site.

For questions about these recruitment and retention programs, please contact:

Cristie Duric
Primary Care Officer
cristie.duric@idph.iowa.gov
515-229-3913

Public Health
IOWA

OPIOID SETTLEMENT FUNDS AVAILABLE

Prevention, abatement, & treatment
for Jasper Co. residents.



**APPLICATIONS
DUE 6.30.2024**



Let's End the Opioid Crisis Together!

Website: https://www.jasperia.org/health/opioid_settlement/
Questions: Please contact Becky Pryor, bpryor@jasperia.org

Jasper County Opioid Settlement Application for Funding

All funds must be used in Jasper County and for Jasper County residents for prevention, abatement, or treatment according to the Opioid Settlement guidelines.

Organization:
Federal Tax ID: (Must provide W9.)
Address:
Contact and title:
Telephone:
Email:
Website:
Description of the organization:(list the year established, mission, services)
Project Title:
Requested amount: \$ Detailed budget must be included.
Does your organization receive funding from other sources for this project?
Is this a capital or program request?
Project focus area: (pick one) prevention, abatement, or treatment

Summary of the project:
The target population to be served in Jasper County:
Estimated # of people to be served in Jasper County:
Timeline for the project and the completion of this project:
(Attachments are allowed.)
Describe in detail how the funds will be used (for opioid prevention, abatement, or treatment)
How will this project impact Jasper County with opioid prevention, abatement, or treatment?

I agree that the funds provided by Jasper County to this organization from the Jasper County Opioid Settlement Fund will be used for an approved Opioid Remediation Use for residents of Jasper County and any misuse of such funds may result in legal action. (See Exhibit #1 for approved Opioid Remediation Uses).

Print Name and Title

Signature of Director:

Date:

Email Becky Pryor for word version.
bpryor@jasperia.org

Updated 3/18/2024

JASPER COUNTY

COMMUNITY HEALTH ASSESSMENT

Coming Soon



Survey: Coming in May

Town Hall Meeting: Sep. 11, 2024

Jasper Co. Health Dept. & MercyOne Newton are working together with community leaders, health & human service providers to update the 2025 Jasper County Community Health Assessment. Contact: Becky Pryor, bprior@jasperia.org or 641-787-9224





SAVE THE DATE!!

Healthy Kids Day

May 4 - 10am-12pm

Interested in contributing?

Email Erick.Zehr@newtonYMCA.org



the

SAVE THE DATE

Free Car Seat Event

Saturday, May 4, 2024

9:00am-11:00am

Pregnancy Center, 709 1st Ave W.
Newton

CPS Techs will check for:

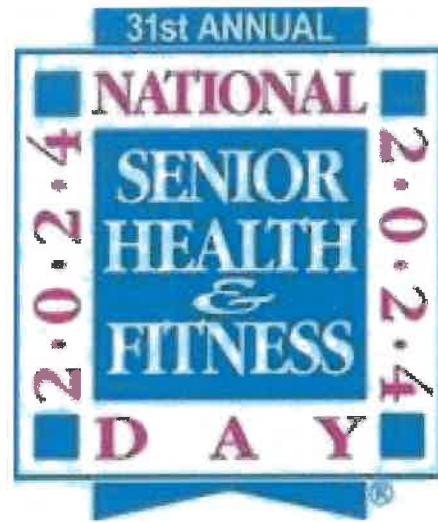
- *correct seat for your child
- *correct strap placement
- *correct installation
- *recalls
- *expirations
- *Best practice for safety



Free car seats will be available for families in need



“Live and Thrive with Exercise!”



Your organization is cordially invited to join us in celebrating the National Senior Health & Fitness (SH&F) Day on Wednesday, May 29th, 2024.

Agencies from Newton and the surrounding area are collaborating to bring Jasper County seniors together in celebration of the 31st Annual Senior Health & Fitness Day. To honor the day, these organizations will be hosting the Annual Senior Health and Fitness Fair as an event held FREE for our community and will be held from 8:15am – 10:00am at the Newton YMCA, 1701 S. Eight Ave. E.

Information booths are open to the public from 8:15am to 10:00am. Along with the booths, the fair features a chair aerobics class at 8:15am, three mini presentations repeating throughout the morning, and an exercise class at 10:00am. Breakfast will start at 8:30am.

The Annual SH&F Fair has been a tremendous success and we believe this year will be no different. The SH&F Fair Committee is extending an invitation to your organization to be a part of this wonderful event. By staffing a table and sharing information about the services or products you provide, your company can be represented at this annual event. As an educational fair there is no direct selling permitted, however, information can be exchanged for later transactions if mutually desired.

A table will be provided for your display, please bring your own tablecloth. Booth set-up begins at 7:30am and should be ready to go by 8:15am when the doors open. Please stay until the conclusion of the fair at 10:00am. There is a fee of \$20 to cover the cost of the event. This fee is due to the Newton YMCA by May 15th, 2024. Space is limited so register as soon as possible.

Each senior receives a promotional bag for information and goodies received from vendors. It will be up to each vendor to provide table prizes and giveaways at their own booth if you choose to participate. Raffle prizes will be drawn throughout the event, please let us know if you will have an item to give away.

If you would like to take part in this opportunity, please return the attached registration form and a check (please make payable to Newton YMCA) by the deadline of May 15th, 2024. Please mail to: Newton YMCA, 1701 S. Eighth Ave. E., Newton, IA 50208.

If you have any questions or concerns, you may contact Sarah Pittman at the Newton YMCA at (641) 792-4006 or sarah.pittman@newtonymca.org.

Senior Health and Fitness Fair Registration

Name of Business: _____

Contact Info

Name: _____

Phone: _____

Email: _____

Specific needs (electricity, extra space, etc.)

Product, screening, or service you are promoting (if you are screening for blood sugar you must wear gloves during the process.):

New this year we are going to offer a "booth trivia" to encourage participants to visit and engage in every booth. Please include 2-3 pieces of trivia with your registration form or email Sarah at sarah.pittman@newtonymca.org.

There is a \$20 fee to cover the cost of the event. This fee is due to the Newton YMCA by May 15th, 2024. Please mail to: Newton YMCA, 1701 S Eighth Ave. E., Newton, IA 50208. Checks can be made payable to Newton YMCA.

_____ Please mark in the space provided if a receipt is required.

Dear Vendor,

Thank you for helping us celebrate National Senior Health & Fitness Day. We are excited that your organization has decided to be one of the many participants in this year's event! Together we will bring Jasper County Seniors together for the 31st annual Senior Health & Fitness Day and share the resources they need to be as healthy and as active as they can be.

The fair is from 8:15am to 10:00am at the Newton YMCA. The booths will open at 8:15am, and we will wrap up by 10:00am. Breakfast will be available throughout the entire fair in the in the small gym.

Remember this is an educational fair – no direct selling is permitted. You may use the West Door in the Lower Parking Lot for loading and unloading, but park in the upper parking lots to ensure parking for our seniors that need it. Again, we ask that all booths are ready by 8:15am and that you stay until the conclusion of the event, at 10:00am.

Don't forget to bring booth giveaways and/or promotional items the day of the fair!

Sincerely,

The Senior Health and Fitness Fair Committee and your YMCA

Hy-Vee.

Free A1C

Screenings



SCREENING POWERED BY

PB2

Chobani.



LIQUIDIV.
Fueling Life's Advantages



**PACIFIC COAST
PRODUCERS**

WED, APR 24 AT 3 PM

Free A1C Screenings at Newton Hy-Vee

Hy-Vee (1501 1st Ave E, Newton, IA)

Shared to People in need Jasper County

☆ Interested

Sign up on link.

Facebook: Newton Hy-Vee

APR 2024: SUPPORT GROUPS AND CLASSES

SUN	MON	TUE	WED	THU	FRI	SAT	
	01 Connection 5:15pm Zoom Connection 12:30 pm The Rose Center Boone F2F WC / Zoom 5pm P2P Together We Can 6pm in Marshalltown/Zoom	02 Connection 2pm St. Paul in Ames	03	04 Connection @WC 2pm (IP) Connections Marshalltown Together We Can 2pm FSG 6:30pm WC (also Zoom)		05	06 Connection 5:15pm (Zoom)
07	08 Connection 5:15pm Zoom F2F WC / Zoom 5pm P2P Together We Can 6pm in Marshalltown/Zoom	09	10	11 Connection 6pm (Zoom)	12 Connection @Connections in Newton 1pm	13 Connection 5:15pm (Zoom)	
14	15 Connection 5:15pm Zoom Connection 12:30 pm The Rose Center Boone F2F WC / Zoom 5pm P2P At Together We Can 6pm in Marshalltown/Zoom	16 Connection 2pm St. Paul in Ames FSG The Roundhouse Webster City 2pm FSG Fort Dodge Public Library 4:30pm	17	18 Connection @WC 2pm (IP) Connections Marshalltown Together We Can 2pm FSG 6:30pm WC (also Zoom)	19	20 Connection 5:15pm (Zoom)	
21	22 Connection 515pm Zoom F2F WC / Zoom 5pm P2P At Together We Can 6pm in Marshalltown/Zoom	23 FSG Eagle Grove Memorial Library in Eagle Grove at 4pm A	24 Marshalltown Library Connection 12:30pm (IP) FSG La Luz Centro Cultural Hampton 5:30pm	25 Connection @WC 2pm (IP) Connection 6pm (Zoom) FSG 6pm Robert W Barlow library Iowa Falls	26 Connection @Connections in Newton 1pm	27 Connection 5:15pm (Zoom)	
28	29 Connection 515pm Zoom F2F WC / Zoom 5pm P2P At Together We Can 6pm in Marshalltown/Zoom	30					

FSG= Family Support
Group

IP = In Person
WC = Wellness
Center in Ames

P2P = Peer to
Peer class
F2F = Family
to Family class

Sign up today at 515-292-9400 or egustafson@namicentraliowa.org

Wellness Center hours are Monday – Tuesday - Thursday 10 am – 4 pm. 424-5th street in Ames



UNITED WAY OF JASPER COUNTY

VOICES OF INSPIRATION

ENGAGING | INFORMATIVE | MOTIVATIONAL
ENTERTAINING | ENLIGHTENING



Carson King

Philanthropist

April 4



André Allen

NFL Player & Life Coach

April 11



Carol Kramer

Native American & Activist

April 25



Kevin Mason

Iowa Historian

May 2



Ben Peterson

Olympic Champion

May 9



Mike Chapman

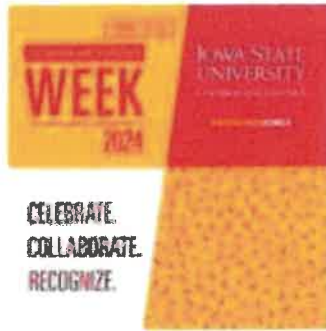
Author & Historian

May 16

Doors Open: 6 p.m. & Program: 6:30 p.m.
DMACC Newton Auditorium
FREE WILL ADMISSION

Sponsored by Dodd's Trash & Recycling, Pence Reese Funeral Home,
Mark & Emily Allen, Erik Vokes & Jessica Lowe Vokes, DMACC Newton

www.unitedwayofjaspercounty.org



Iowa State Extension Office

Jasper County

550 N 2nd Ave W: southeast corner of the Newton
DMACC building—we have our own entrance

Extension Week Excitement!

- Monday, April 15th: Free Coffee and doughnut drive-thru at the Extension Office—stay in your car and we will serve you! (7:30 am to 9:30 am)
- Tuesday, April 16th: Wear your Iowa State apparel and stop into the Extension office to take your picture with Cy! (8:00 am to 4:30 pm)
- Wednesday, April 17th: Rice Krispie treats for the kids! Drive-thru at the Extension office between 3:00 pm and 4:00 pm for free Rice Krispie treats and pictures with Cy. Did you know that an ISU grad helped come up with the recipe in 1928?
- Thursday, April 18th: Sheepgate Coffee in Colfax: Starting at 7:30 am until funds run out, a small coffee or latte will be on us. Take your picture with Cy!
- Friday, April 19th: Full-Size Friday! Stop in, chat with office staff, take your picture with Cy and get a free full-size candy bar. (9:00 – 11:00 am)

*We will be posting some of the pictures with Cy on our social media:

Tag: @iowastateuniversityextension (Facebook) or @ISUExtension (Twitter/X)

Hashtag: #StrongIowa

#STRONGIOWA

Call us with
questions!

641-792-6433

Email

xJasper@iastate.edu

**RESTORATION
HOUSE FOR MEN**

Open House

FOOD | FUN | TOURS

& more!

FRIDAY, MAY 17th, 2024 5-7 pm

733 1st Ave E.
Newton, IA 50208

PINWHEELS FOR PREVENTION!



**APRIL IS CHILD ABUSE PREVENTION
MONTH**

**FOR EVERY \$1 DONATED OPEN ARMS WILL PLANT A
PINWHEEL IN OUR PINWHEEL GARDEN**



Empowering Professionals in Aging

Presented by Home Instead®

2024 CE Schedule

10:00 AM (PT) • 11:00 AM (MT) • 12:00 PM (CT) • 1:00 PM (ET)

Maintain Your Brain: Reducing the Risk of Dementia	February 7
Navigating Ethical Choices in the Care of Older Adults	March 6
Aging in Place: Home Safety & Fall Prevention	April 3
Power of a Knock: Addressing Loneliness and Food Insecurity in the Aging Population	May 1
Navigating Alzheimer's: Unraveling Diagnosis Challenges and Finding Solutions	June 5
Securing Support for Those Who are High Risk for Hospital Readmissions	July 10
Addressing Challenging Family Dynamics in Caregiving	August 7
Exploring Other Dementias: LBD, FTD, Vascular & Mixed	September 4
Encore Careers: Navigating Work and Purpose in the Second Half of Life	October 2
Evolving Landscape of Caregiving: Trends, Innovations & Challenges	November 6
Nurturing Dignity: Understanding Hospice and End-of-Life Support	December 4

Learn From Industry Experts

Home Instead is driven by our mission to expand the world's capacity to care. We know that professionals in aging share the same objective and that is why we offer a free webinar series in partnership with the American Society on Aging. Each month we will cover a variety of topics including legal needs of aging, grief and loss, ageism, mental health, driving safety, and other important issues in aging. Your dedication and passion for learning is why we host this educational series. Working together, increasing our knowledge, and understanding the various perspectives of these issues will help each of us in our mission to better serve older adults and families who care for them. Our team of Home Instead gerontologists, along with guest speakers, will share their expertise to educate and empower us all to be great advocates for our aging clients. Together we can make the world a better place to age.

Attend these webinars and earn free continuing education (CE) credits. The CEs are offered in cooperation with the American Society on Aging. CEs are available for 60 days following the live event. For more information and to complete the required pre-registration, go to:

HomeInstead.com/professionals



To catch up on any webinar topics you might have missed, search "Empowering Professionals in Aging" in your favorite podcast app to listen to the webinar recordings.

Each Home Instead® affiliate is an independently owned and operated franchise of Home Instead, Inc., an Honor Company

* 4-H Babysitting Basics

Do you have what it takes to be a babysitter? Are you wanting to become a babysitter for your family, friends, or neighbors? Come and learn the basics of babysitting. We will be learning basic first aid, healthy snacks, age appropriate activities, home safety, and more!

For students finishing 5th grade or above
Dates and time are subject to change - We will notify participants of any changes.

←..... Summer Babysitting Classes→

Newton/June 6 : 9:00 am – 3:00 pm

Jasper County Extension Office

Registration Deadline: May 30

Cost: \$25 for non 4-H members
\$20 for 4-H members

Baxter /June 13 : 9:00 am – 3:00 pm

Baxter Public Library

Registration Deadline: June 6

PCM/June 20 : 9:00 am – 3:00 pm

Monroe Public Library

Registration Deadline: June 13

- If location does not work for you feel free to register for another location.
- All participants must be pre-registered.
- Based on number of materials no drop ins will be allowed.



How to register?

<https://v2.4honline.com/#/user/sign-in>

- **4-H families:** sign in like normal. Select your child and click on the events on the left hand side.
- **Non 4-H families:** create a new account. Select "I want to participate in a 4-H activity but I do not want to join 4-H at this time." Once youth is added, select events on the left hand side of the page.

Payment may be made online or a check sent or dropped off to Jasper County Extension Office, 550 N 2nd Ave W, Newton IA 50208.

Any questions please contact the Extension Office at 641-792-6433 or kwarrick@iastate.edu

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/



IOWA STATE UNIVERSITY
Extension and Outreach

AWR 232: Mass Fatalities Planning and Response for Rural Communities

AWR 232 is an 8-hour, DHS/FEMA-certified, tuition-free, awareness-level course. The goal of this course is to teach participants the basics of mass fatality response while providing opportunities to exchange rural perceptions and brainstorm solutions to simulated emergencies. Responding to a mass fatality incident, which includes the recovery, identifications, and reunification of the deceased, is one of the most difficult aspects of disaster response. In times of crisis, small, rural, and tribal communities are often ill-equipped with facilities to manage large numbers of casualties. When the time comes, communities must be prepared to use available resources to properly manage the remains that will result. Regardless of the agencies or organizations that respond, whether they be governmental agencies or private or non-governmental organizations (NGOs), the responsibility to coordinate and manage these outside resources rests with local authorities

Topics include (but not limited to):

- Define mass fatality and possible scenarios
- Identify methods of obtaining Federal resources.
- Identify issues to be considered in mass fatality response planning.
- Explain the importance of mass fatality response planning.
- Identify potential resources that should be included in a response plan.

Who Should Attend:

- All First Responders
- Public Health Officials
- Community Stakeholders
- Citizen/Community Volunteers
- Funeral Service Providers
- Hospital Staff
- Coroner/Medical Examiners
- Emergency Management Personnel



Location:

Marshall County Sheriff's Office

Address:

**2369 Jessup Avenue
Marshalltown, IA 50158**

Sponsoring Agency

Marshall County Emergency Management

Course Date:

May 4, 2024

Course Time:

8:00a - 5:00p CT

Course Registration Deadline (date/time):

Please register by April 20, 2024

Prerequisites:

US Citizenship

Non-U.S. citizens are required to complete a DHS Foreign National Visitor Request form 30 days in advance. Contact RDPC at 877-855-RDPC (7372) for more info.

Registration is **required** through the **RDPC website**. Register for this course by visiting the following link:

Please [CLICK HERE] to register, or visit www.RuralTraining.org

Register **no later than 2 weeks** before the course date. A **minimum of 25 registrations** must be received by this date to ensure the class will be held.

FEMA S.I.D. REQUIRED. Register for your FEMA Student Identification Number by visiting <https://cdp.dhs.gov/femasid>

For more information regarding this course, please contact the following:

Course Contact Person
Kimberly Elder

Course Contact Phone#
6417546385

Course Contact Email Address
kelder@marshallcountya.gov

Additional Course Information

<https://ruraltraining.org/course/AWR-232/?scheduled=true&id=11243>