

Agenda-Jasper Co. Cares Coalition



May Subgroups: Senior Focus @ 9:30 AM, Schools- after if needed.

Mission: To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring any information or giveaways that you would like to share.

Welcome/Updates: Welcome folders are available.

Celebrating WINS for Jasper County Cares! (Sharing positive connections for Jasper Co. Cares)

Agency Spotlight: **Open Arms Foundation:** 10-minute limit

Member Introductions/Share (1 minute for each organization)

- Please state your name, organization, services provided, any changes, and upcoming events.
Take a moment for any questions.

Other business:

Any Needs for Volunteers, Job Openings, or Resources. (Flyer is in the packet)

Events/calendar: <https://www.jasperia.org/calendar/>

Resource guide: <https://www.jasperia.org/resources/> April: 461 views and 144 users

- New Afford-A-Care Pet Hospital & Wellness Clinics, ARL of Iowa, lower cost animal vaccinations.
- E-mail updates: jasperc cares@jasperia.org

Funding: Opioid Settlement Funds for Prevention in Schools. A revised application of acceptable projects is available. Applications are due 6/30/2024.

- Opioid Settlement Application: https://www.jasperia.org/health/opioid_settlement/

Special Request:

Any special, immediate needs from the group?

- **Community Health Assessment- Please take the survey and share.** See flyer.

Website: <https://www.surveymonkey.com/r/JasperCo2024>

The survey ends May 31, 2024. Please share with your clients and colleagues in Jasper County.

Next Meeting: June 12, 2024, 10:30-noon. **No meeting in July. September meeting will be at DMACC.**

June's Spotlight: **RSVP**, August's Spotlight: **HIRTA**

Contact: Becky Pryor, jasperc cares@jasperia.org

May packet for Jasper County Cares

General Info

Contact: Becky Pryor, jaspercocares@jasperia.org

- **Resource guide:** <https://www.jasperia.org/resources/>
- E-mail updates: jaspercocares@jasperia.org.

Facebook: <https://www.facebook.com/JasperCountyCaresCoalition/>

Events/calendar: <https://www.jasperia.org/calendar/> For the full list see link. Email us flyers.

Agenda, upcoming meetings:

- Jasper County Cares Agenda:

Information:

- Organizational Spotlight: Open Arms Foundation
- Job & Volunteer Openings, Resources Available or Needed from April- See handout
- Opioid Settlement Funds: Information coming soon. Next deadline: 6/30/2024.
 - https://www.jasperia.org/health/opioid_settlement/
- Community Health Assessment – Survey during the month of May.

[Please share with your staff and clients!](#)

Town Hall: Jasper County Community Health Assessment Meeting (During Jasper Co. Cares time)

- **Save the Date 9.11.2024** from 10:30-noon at DMACC Newton, large conference room.
- A light lunch will be served by MercyOne Newton

Health Fairs (free):

- Healthy Kids Day, Newton YMCA, May 4 and Car Seat Event at Pregnancy Center, May 4
- Senior Health & Fitness Day: May 29 ask Sarah Pittman, Newton YMCA (3 pages) Sign up.
- Carnival in the Park, August 24, ITS, more information to come.

Free Events: (see flyers)

- Discover Hope, Restoration House for Men, Open House, May 17.
<https://www.facebook.com/discoverhope517/>
- Summer Reading Kickoff, Newton Library, May 30, 4-6 PM, Register kid- free ice cream treat.
- Wolfe Ranch, Open House, June 1st, 10-2 PM

Fundraisers:

- ITS Golf Tournament Fundraiser, Newton, July 18, more information to come.

Training:

- Home Instead, Professionals CEU
 - <https://www.homeinstead.com/news-and-media/ceu-webinars/>
- 4-H Babysitting Basics, IA State Extension, June 6, 13, 20.
 - <https://www.facebook.com/profile.php?id=100057355102475>

Free Support: see flyers for more information.

- **Peer Recovery Coach**, House of Mercy, Newton, kendi.mccollum@mercyone.org
- **NAMI Connection Recovery Support Groups** <https://namicentraliowa.org/>
- **Proteus**, farmworkers, help with tuition, career, job, Ameliag@proteusinc.net
- **Aging Resources:** Adults over 60+, 18+ with a disability, Tel: 515-255-1310
- **Jasper County Elderly Nutrition:** Adults 60+, home delivered, congregate sites. Tel: 792-7102

From last meeting:

Mental Health menti - attached info.

Transportation subgroup - attached plan

Subgroups: Open invitation to attend. All subgroups will be in the large conference room.

- Senior Focus: Dates 2024: **May 8**, August 14, November 13th from 9:30-10:15 AM
- Maternal Health Coalition Dates 2024: June 12, September 11, December 11 from 9:30-10:15 AM, Virtual and in person. Small conference room.
- Meetings in large room need to end by 10:15 AM, main meeting starts at 10:30 AM.

Join us!



Jasper County Cares Coalition



SCAN ME

Meeting dates

- May 8, 2024
- June 12
- Aug 14
- Sep 11
- Oct 9
- Nov 13
- Dec 11

Time: 10:30 AM

Why attend?

- Networking
- Subgroups & focus projects
- Only 1 meeting per month
- Social Media PR, announcements
- Monthly email updates, funding
- Resource Table & Guide- see QR

Contact: jaspercocares@jasperia.org

Location: Jasper County Office Building, Large Conference Room
315 W. 3rd St N., Suite 006, Newton, IA 50208

Stronger Together!
Jasper County Cares Coalition
 Meeting 10:30 AM to noon
 June 12, 2024, Wednesday

Location: Jasper County Office Building, Large Conference Room
315 W 3rd St N, Suite 006, Newton, IA 50208

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

Jasper Co Cares



Celebrating WINS for Cares

(Tell the story)

Examples: connections, resources, information, networking

Name: _____

CELEBRATING WINS

ORGANIZATION SPOTLIGHT Open Arms Foundation of Jasper County

Focus: Vulnerable Children & Families

The Open Arms Foundation is a nonprofit organization with a mission centered around providing immediate and meaningful support to vulnerable children and families in Jasper County, ultimately aiming to reduce the emotional and psychological impact of challenging circumstances on these individuals

Programs and Projects

- First Night Backpacks
- Family Visitation Location
- Clothing and Resource Room
- Fortifying Foster Families (F3)
- DreamCycles
- Others

Current needs/projects

- Donations
- Child Abuse Prevention
- Pinwheel garden

MORE INFORMATION

✉ openarmsiowa@gmail.com, Nick Pietrack

🌐 openarmsjasper.org

📍 1123 1st Ave E, Suite B, Newton, Iowa



Jasper County Cares Coalition's 3rd featured agency in May is the Open Arms Foundation.

Website: <https://www.openarmsjasper.org>

Facebook: <https://www.facebook.com/profile.php?id=61553197807105>

Is your health or human service organization interested in becoming a Spotlight Organization?

Email: jaspercoares@jasperia.org

From May meeting

JASPER COUNTY- OPPORTUNITIES

JOBS

- Capstone Behavioral Health: Mental Health Therapist
- Progress Industries: Job Coach
- DHS - Office Support Specialist
- Phoenix House- Support Staff
- Colfax-Mingo Schools: Coaches
- Drake Head Start- Subs
- ITS: Mental Health provider
- House of Mercy: Mental Health/Substance provider
- Iowa Works, post or find jobs <https://www.iowaworks.gov/>

APPLY NOW



VOLUNTEERS NEEDED

- NAMI- Support Groups
- RSVP- Jasper Co. Rides
- The Well
- Newton YMCA for the Healthy Kids Day on May 4
- Whiskers and Manes at the Wolfe Ranch

See the resource guide for contact information.



4/16/2024

RE: Opioid Settlement funds available – third round

The Jasper County Opioid Settlement Committee is accepting new applications for Jasper County Opioid Settlement funding for organizations serving Jasper County. The committee is dedicated to awarding funding for projects that will have an impact in our community. The prevention and abatement of the use of opioids, along with the treatment of those with addictions to opioids are a few of the key focus areas. We also would like to make sure that all Jasper County Schools have prevention programs available to students.

The revised application and list of acceptable projects can be found on the Jasper County website.

Website: https://www.jasperia.org/health/opioid_settlement/

The deadline for funding applications will be on **June 30, 2024**. If you have any questions or would like a Word version of the application, please email Becky Pryor at bprior@jasperia.org.

Jasper County Opioid Settlement Committee members:

Denny Stevenson, Supervisor

Jenna Jennings, Auditor

Scott Nicholson, County Attorney

Teresa Arrowood, Deputy Auditor

Becky Pryor, Health Department Administrator



OPIOID SETTLEMENT FUNDS- GRANT

**AVAILABLE
DUE: 6.30.2024**



LEAN MORE

https://www.jasperia.org/health/opioid_settlement/



Date: 5/1/2024 for Media Release: 5/3/2024

To: All area Jasper County Media, Community Partners, and Jasper County residents

From: Jasper County Health Department, Becky Pryor, Administrator

RE: Jasper County Community Health Assessment

Jasper County Community Health Assessment Survey Available Now

MercyOne Newton Medical Center, Jasper County Health Department, and numerous community partners have collaborated to launch the 2025-2028 Jasper County Community Health Assessment (CHA). In the coming months, they will be working with health and human service providers, along with community leaders and the public to gather valuable information into the health needs and priorities of Jasper County.

The CHA survey seeks to engage community members in a dialogue about their health concerns, experiences, and goals. By understanding the unique challenges and opportunities facing our community, we can better tailor our programs and services to address the most pressing health issues.

All community members are encouraged to complete the newest Community Health Assessment online survey by Friday, May 31, 2024. A town hall meeting will be held on Wednesday, September 11, 2024, with more details to follow.

To access the link to participate in this survey, please visit MercyOne Newton Medical Center's Facebook page, Jasper County Health Department's Facebook page, or Jasper County, Iowa's website. Responses are confidential, and the survey takes about 10 minutes to complete. To complete the survey, click the link below.

Survey link: <https://www.surveymonkey.com/r/JasperCo2024>

To learn more about the Community Health Assessment survey, please email MercyOne Newton at PR@mercyoneiowa.org.



JASPER COUNTY

COMMUNITY HEALTH ASSESSMENT

Survey due by 5.31.2024



MercyOne Newton, Jasper Co. Health Dept. & numerous community partners have collaborated to launch the 2025-2028 Jasper County Community Health Assessment.

Please fill out the survey.

Website: <https://www.surveymonkey.com/r/JasperCo2024>

Contact: pr@mercyoneiowa.org



JASPER COUNTY

COMMUNITY HEALTH ASSESSMENT

Town Hall 9.11.2024

Time: 10:30AM- Noon

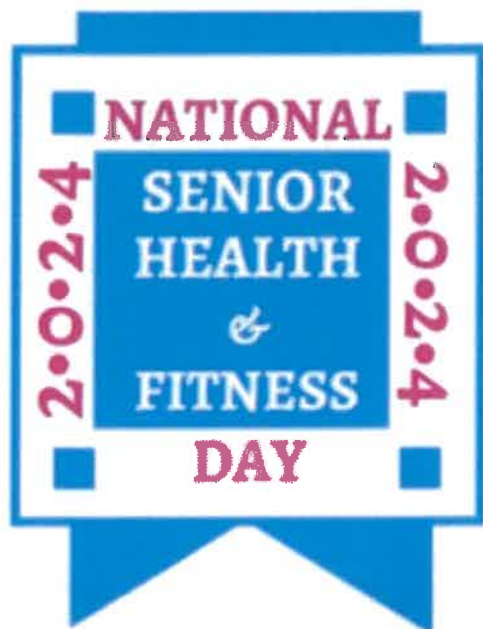
Location: DMAACC Newton Conference Room



**MercyOne Newton, Jasper Co. Health Dept.
& numerous community partners are
collaborating to launch the 2025-2028
Community Health Assessment.**

RSVP by 8.30.2024 to PR@mercyoneiowa.org.





SENIOR HEALTH AND FITNESS FAIR

Wednesday May 29 8:15-10:00 Newton YMCA

Event designed for seniors in the community to discover resources available to them through our vendors.

Morning Schedule

8:15-----Chair Aerobics by Newton YMCA

8:30-----Vendor Booths Open

-----Breakfast Starts (Provided by Park Centre)

-----Presentation: Medicare Wellness Checks by Beth Preston, ARNP

8:45-----Presentation: Getting On and Off the Ground by MercyOne Newton Physical Therapists

9:00-----Presentation: Importance of Powers of Attorney & Code Status by WesleyLife

9:15----- Presentation: Medicare Wellness Checks by Beth Preston, ARNP

9:30-----Presentation: Getting On and Off the Ground by MercyOne Newton Physical Therapists

9:45-----Presentation: Importance of Powers of Attorney & Code Status by WesleyLife

10:00---Cardio Drumming Class by Park Centre

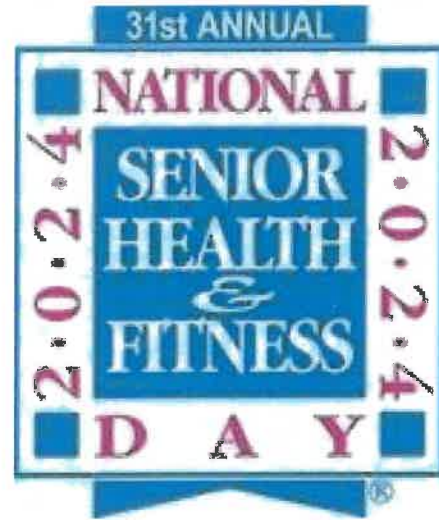


Raffle prizes drawn throughout the morning





“Live and Thrive with Exercise!”



Your organization is cordially invited to join us in celebrating the National Senior Health & Fitness (SH&F) Day on Wednesday, May 29th, 2024.

Agencies from Newton and the surrounding area are collaborating to bring Jasper County seniors together in celebration of the 31st Annual Senior Health & Fitness Day. To honor the day, these organizations will be hosting the Annual Senior Health and Fitness Fair as an event held FREE for our community and will be held from 8:15am – 10:00am at the Newton YMCA, 1701 S. Eight Ave. E.

Information booths are open to the public from 8:15am to 10:00am. Along with the booths, the fair features a chair aerobics class at 8:15am, three mini presentations repeating throughout the morning, and an exercise class at 10:00am. Breakfast will start at 8:30am.

The Annual SH&F Fair has been a tremendous success and we believe this year will be no different. The SH&F Fair Committee is extending an invitation to your organization to be a part of this wonderful event. By staffing a table and sharing information about the services or products you provide, your company can be represented at this annual event. As an educational fair there is no direct selling permitted, however, information can be exchanged for later transactions if mutually desired.

A table will be provided for your display, please bring your own tablecloth. Booth set-up begins at 7:30am and should be ready to go by 8:15am when the doors open. Please stay until the conclusion of the fair at 10:00am. There is a fee of \$20 to cover the cost of the event. This fee is due to the Newton YMCA by May 15th, 2024. Space is limited so register as soon as possible.

Each senior receives a promotional bag for information and goodies received from vendors. It will be up to each vendor to provide table prizes and giveaways at their own booth if you choose to participate. Raffle prizes will be drawn throughout the event, please let us know if you will have an item to give away.

If you would like to take part in this opportunity, please return the attached registration form and a check (please make payable to Newton YMCA) by the deadline of **May 15th, 2024**. Please mail to: Newton YMCA, 1701 S. Eighth Ave. E., Newton, IA 50208.

If you have any questions or concerns, you may contact Sarah Pittman at the Newton YMCA at (641) 792-4006 or sarah.pittman@newtonymca.org.

Senior Health and Fitness Fair Registration

Name of Business: _____

Contact Info

Name: _____

Phone: _____

Email: _____

Specific needs (electricity, extra space, etc.)

Product, screening, or service you are promoting (if you are screening for blood sugar you must wear gloves during the process.):

New this year we are going to offer a "booth trivia" to encourage participants to visit and engage in every booth. Please include 2-3 pieces of trivia with your registration form or email Sarah at sarah.pittman@newtonymca.org.

There is a \$20 fee to cover the cost of the event. This fee is due to the Newton YMCA by May 15th, 2024. Please mail to: Newton YMCA, 1701 S Eighth Ave. E., Newton, IA 50208. Checks can be made payable to Newton YMCA.

_____ Please mark in the space provided if a receipt is required.

Dear Vendor,

Thank you for helping us celebrate National Senior Health & Fitness Day. We are excited that your organization has decided to be one of the many participants in this year's event! Together we will bring Jasper County Seniors together for the 31st annual Senior Health & Fitness Day and share the resources they need to be as healthy and as active as they can be.

The fair is from 8:15am to 10:00am at the Newton YMCA. The booths will open at 8:15am, and we will wrap up by 10:00am. Breakfast will be available throughout the entire fair in the in the small gym.

Remember this is an educational fair – no direct selling is permitted. You may use the West Door in the Lower Parking Lot for loading and unloading, but park in the upper parking lots to ensure parking for our seniors that need it. Again, we ask that all booths are ready by 8:15am and that you stay until the conclusion of the event, at 10:00am.

Don't forget to bring booth giveaways and/or promotional items the day of the fair!

Sincerely,

The Senior Health and Fitness Fair Committee and your YMCA

DISCOVER HOPE 517

Awareness

SAVE THE DATE

5/17/24 5-8 pm

Free Food | Fun | Music & more

with

**RESTORATION
HOUSE FOR MEN
OPEN HOUSE!**

733 1ST AVE E, NEWTON





Join us for the

SUMMER READING KICKOFF

Sponsored by the Schiller Family Foundation

**Thursday, May 30th
4 to 6 p.m.**

for kids

Sign up for Summer Reading at the Newton Public Library!
All kids that register at the Kickoff will receive a free ice cream treat from Sea Turtle Ice Cream truck!



GET TO
KNOW **Newton**
PUBLIC LIBRARY

Newton Public Library

100 N 3rd Ave W.
Newton, Iowa 50208 | 641-792-4108
www.newtongov.org/90/Library



Wolfe Ranch OPEN HOUSE

June 1st
10am-2pm

We invite you all to come join us for an open house! We are ramping up for a summer full of fun, and would love to give you all the opportunity to learn more about us and the services we provide. Come meet some horses, get horse rides, and watch demonstrations!



COME PARTICIPATE IN:

- Horse Rides
- Riding Demonstrations
 - Every 30 minutes
- Try a Therapy Activity
- Get a Tour of the Ranch
- Meeting Horses
- And More!

*Wolfe Ranch of
Quakerdale*

2932 240TH STREET MARSHALLTOWN IOWA

FOR MORE INFORMATION, PLEASE CONTACT:

641-752-3912

SYORK@WOLFERANCHQUAKERDALE.ORG

[HTTPS://WOLFERANCHQUAKERDALE.ORG/](https://WOLFERANCHQUAKERDALE.ORG/)



**11TH ANNUAL
CARNIVAL IN THE
PARK FUNDRAISER**



GOLF

TOURNAMENT

**IN COMMEMORATION
OF KAREN SALLIS**

**BEST BALL - 4 MAN TEAM
\$300 PER TEAM**

**18 JULY
9AM**

REGISTER NOW
carnival.itsnewton.com

 Westwood Golf Course, Newton, IA



FREE!

PEER RECOVERY

HOUSE OF
MERCY

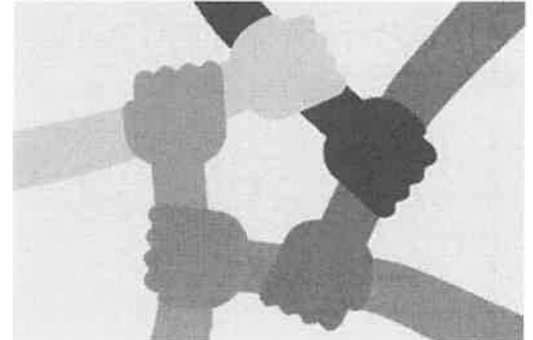
•
NEWTON, IA

What is a Peer Recovery Coach?

A Peer Recovery Coach is a person with "lived experience" who has been trained to support those who struggle with mental health, substance use, &/or other challenges. Their personal experience of these challenges provides Peer Recovery Coaches with expertise that professional training cannot replicate.

Core Competencies:

- **Recovery-oriented:** Peer workers hold out hope to those they serve, partnering with them to envision and achieve a meaningful and purposeful life. Peer workers help those they serve identify and build on strengths and empower them to choose for themselves, recognizing that there are multiple pathways to recovery.
- **Person-centered:** Peer recovery support services are always directed by the person participating in services. Peer recovery coaching is personalized to align with the specific hopes, goals, and preferences of the people served and to respond to specific needs the people has identified to the peer worker.
- **Voluntary:** Peer workers are partners or consultants to those they serve. They do not dictate the types of services provided or the elements of recovery plans that will guide their work with peers. Participation in peer recovery coaching services is always contingent on peer choice.
- **Relationship-focused:** The relationship between the peer coach and the peer is the foundation on which peer recovery coaching services and support are provided. The relationship between the peer worker and peer is respectful, trusting, empathetic, collaborative, and mutual.



Benefits?

- Increases engagement in outpatient treatment, care planning and self-care.
- Improves social functioning.
- Increases hope, quality of life and satisfaction with life.
- Reduces substance use.
- Reduces depression and demoralization.
- Improves chances for long-term recovery.
- Increases rates of family unification.

Contact Information:

Phone- 641-792-0717

Email -

kendi.mccollum@mercyone.org


Services are free ●



National Alliance on Mental Illness

NAMI Central Iowa

MAY 2024: SUPPORT GROUPS AND CLASSES

SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
	<p>P2P = Peer to Peer class F2F = Family to Family class FSG= Family Support Group</p>	<p>IP = In Person WC = Wellness Center in Ames</p>		<p>Connection @WC 2pm (IP) Connections Marshalltown Together We Can 2pm FSG 6:30pm WC (also Zoom)</p>		<p>Connection 5:15pm (Zoom)</p>
05	06	07	08	09	10	11
	<p>Connection 5:15pm Zoom Connection 12:30 pm The Rose Center Boone F2F WC / Zoom 5pm - 7pm</p>	<p>Connection 2pm St. Paul in Ames</p>		<p>Connection 6pm (Zoom)</p>	<p>Connection @Connections in Newton 1pm</p>	<p>Connection 5:15pm (Zoom)</p>
12	13	14	15	16	17	18
	<p>Connection 5:15pm Zoom F2F WC / Zoom 5pm -7pm P2P At WC/Zoom 11am – 1pm</p>		<p>Marshalltown Library Connection 12:30pm (IP)</p>	<p>Connection @WC 2pm (IP) Connections Marshalltown Together We Can 2pm FSG 6:30pm WC (also Zoom)</p>		<p>Connection 5:15pm (Zoom)</p>
19	20	21	22	23	24	25
	<p>Connection 5:15pm Zoom Connection 12:30 pm The Rose Center Boone F2F WC / Zoom 5pm - 7pm P2P At WC/Zoom 11am – 1pm</p>	<p>Connection 2pm St. Paul in Ames FSG The Roundhouse Webster City 2pm FSG Fort Dodge Public Library 4:30pm</p>	<p>FSG La Luz Centro Cultural Hampton 5:30pm</p>	<p>Connection @WC 2pm (IP) Connection 6pm (Zoom) FSG 6pm Robert W Barlow library Iowa Falls</p>	<p>Connection @Connections in Newton 1pm</p>	<p>Connection 5:15pm (Zoom)</p>
26	27	28	29	30	31	
		<p>FSG Eagle Grove Memorial Library in Eagle Grove at 4pm</p>		<p>Connection @WC 2pm (IP)</p>		

Sign up today at 515-292-9400 or egustafson@namicentraliowa.org

Wellness Recovery Center hours are Monday – Tuesday - Thursday 10 am – 4 pm. 424-5th street in Ames



National Alliance on Mental Illness

NAMI Central Iowa

NAMI Central Iowa, the local organization of the National Alliance on Mental Illness, will offer NAMI Peer-to-Peer classes beginning May 13th. We meet on Mondays from 11:00 am until 1:00 pm at our **Wellness Recovery Center** located at 424 – 5th Street in Ames. We also have a Zoom option available.

What is the NAMI Peer-to-Peer Education Program?

A free eight-week educational program for adults with mental illness who are looking to better understand their condition and help in their journey toward recovery. Taught by a trained team of people who've been there, the program includes presentations, discussion and interactive exercises. Everything is confidential.

- Learn how to interact with health care providers
- Develop confidence for making decisions and reducing stress
- Stay up-to-date on mental health research
- Understand the impact of symptoms on your life
- Access practical resources on how to maintain your journey toward recovery



Participant Perspectives

“NAMI Peer-to-Peer is uplifting, lifesaving, and an eye-opening experience that changed how I see myself.”

“The biggest thing I gained from this class was to become my own advocate and best friend.”

Contact us to register for this class, or other support groups or classes in your region.

Erik Gustafson, Senior Program Director

515-292-9400 or

egustafson@namicentraliowa.org



National Alliance on Mental Illness

NAMI Peer-to-Peer

NAMI Central Iowa was founded with a simple goal: to inspire better lives for Central Iowans affected by mental illness. We are hard at work to achieve this goal through support programs, educational outreach, and advocacy on local, state, and national. We support people with mental illnesses, their families, and their friends. **We support people with mental illnesses, their families, and their friends.** NAMI CI support programs provide individuals and those by their sides the tools and resources to cope with mental illness. Through meetings, support groups, courses and referrals, we are available to help Central Iowans, whatever their situation or need. **We educate communities about mental health issues.** A stigma surrounds mental illnesses, and we have set out to replace what people perceive about mental illness with the facts and real unique experiences of those who live and cope with mental illness. And we're doing this through educational programs. From informative public meetings to displays and communication pieces, to partnership with local leaders, NAMI CI educates members of communities about mental health issues so they can better understand, empathize, and support those with mental illnesses.

HAVE YOU DONE FARMWORK?

The National Farmworker Jobs Program is funded 100% by the U.S. Department of Labor, PY2023 funding \$1,922,448

EXAMPLES OF FARMWORK:

- Dairy farming
- Seed sorting
- Tree farming
- Aquaculture
- Baling hay
- Detasseling corn
- Planting crops
- Combining
- Picking fruit/vegetables
- Walking beans
- Poultry farming
- Rock picking
- Raising livestock

YOU COULD QUALIFY FOR:

- Career Counseling
- Tuition Assistance
- Job and classroom training
- Assistance with tools/uniforms/supplies
- License and credential completion assistance
- Supportive services and emergency assistance
- \$6 payment per classroom hour
- Job Placement

TO LEARN MORE, CONTACT:

WIOA@proteusinc.net
(515) 271-5306

Amelia.g@Proteusinc.net
(515) 322-7068

SCAN WITH
PHONE



OUR PROGRAMS



Information & Assistance

Our specialists can help connect you to services and programs.



Family Caregiver Program

Our Family Caregiver Program helps you be the best caregiver you can be.



Elder Abuse Prevention & Awareness

If you and/or a loved one suspect financial exploitation/abuse



Aging & Disability Resource Center

Explore all your options.



Nutrition & Wellness

Learn about programs and services to help you live a healthy lifestyle.



Aging Well

Find tools to take charge of your health and well-being.

Populations We Serve:

- Adults 60 years old and older
- Adults 18+ years of age and older with a disability
- Family Caregivers
- Grandparents Caring For Grandchildren

Provide ongoing funding.

What We CAN'T Do



Provide emergency housing or application assistance.

Financially assist more than once in a 24 month period.

Give legal advice or provide legal assistance.

Provide direct services.

Partner with professionals to provide education on Medicaid programs.

What We CAN Do



Provide subsidized housing lists.

Offer support and guidance.

Help connect to resources including rent/utility assistance.

Provide options relevant to each unique situation.

Contact us today!

(515) 255-1310 - Office
(515) 255-9442 - fax
(800) 747-5352 - Toll-Free

5835 Grand Avenue, Suite 106
Des Moines, IA 50312-1444

JASPER COUNTY ELDERLY NUTRITION

Congregate Meal Sites

Colfax (Colfax Senior Center)-1 E Howard St.

Monroe (The Gathering Place)-113 S Monroe St.

Newton (Jasper County Community Center)-2401 1st Ave E.

Meals served at 11:30 AM Monday-Friday

(Please call 641-792-7102 to reserve a meal)

JCEN serves anyone 60 years of age or older and their spouse (spouse need not be 60).

There is no charge for the meals, but donations are accepted and needed.

If you are over 60 and have answered yes to any of the following questions, Jasper County Elderly Nutrition can help.

Are you tired of cooking or find it more difficult to cook for yourself?

Are you finding it harder to stretch the food budget? Are you tired of eating alone?

Are you finding it harder to eat a balanced diet?

For more information contact:

Jasper County Elderly Nutrition-2401 1st Ave. E. Newton, Iowa 50208

Phone: 641-792-7102 -- Fax: 515-631-5173

kvanmanen@jasperia.org

Jasper County Elderly Nutrition prohibits discrimination against and harassment of any employee or any applicant for employment because of race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law.

Mental Health (MH) Survey Summary: (Menti) from the March 13, 2024, meeting

Providers: Capstone, Optima, NAMI of Central Iowa, House of Mercy, ITS, Progress Industries, Mercy One, Private Providers, Quakerdale Family Services, Phoenix House, Nightingale, Discover Hope, DMACC, EFR, Schools

Not in Resource Guide: Heal House- Added to Homelessness in Resource Guide.

Going Well: Collaboration, Resources, Providers, Support (Groups), Access, Therapy Dogs, Connections, Ending Stigma, Discover Hope, Sliding Fee

Concerns: Transportation, Suicide, Lack of Mental Health Therapists, Schools/Children/Youth, Wait List, Bed Availability, Jail, Homelessness, Insurance/Healthcare Coverage, Cost, Poverty

Concerns Rating 1-8: Lack of Mental Health Therapist, Long wait for appointments, Barriers getting MH, Schools-lack of services, State of Iowa changes, Lack of MH Placement, Funding: Medicaid Reimbursement, Lack of Volunteers for NAMI

How to Improve: Funding/grants/reimbursement, More MH providers, Higher Pay/Incentives, Partner with Schools, Hospitals, and Law Enforcement, Support for Providers, Early Intervention, Advocate, Transportation, Bilingual providers, Hybrid services

How to Recruit: Incentives/Stipends, Higher Pay, Scholarships/Educational Opportunities, Students/Internships, Support, Work/Life Balance, Lower Caseloads

Rate Need MH in School: 9.3/10

Changes with AEA affect Mental Health: 19- Yes, 7-Unsure

How to Advocate for Change: Legislation/Laws/Vote, Public Support, Facts, Policies

Other Concerns about MH Funding: Funding, Lack of School Funding, Low Pay, Need for Higher Reimbursement, Accessibility

How to Improve: More providers, Awareness, Increase Reimbursement, Increase Pay, Fund Schools/Education in Schools, Educate Community, Better Parenting

Meeting comments:

NAMI: Don't discount the NAMI peer support program. NAMI needs volunteers to lead the group in Newton. A stipend is offered to lead the groups. Contact: Erik egustafson@namicentraliowa.org or Bill Ehlers.

PR complete for volunteer opportunities and NAMI Support Groups. – Roxanne Peterson

Jobs openings: Capstone, ITS, and House of Mercy for Mental Health Therapists were noted during the meeting. Progress Industries and Phoenix House need support staff. Job opportunities were promoted on social media and Jasper Cares post packet. Info attached.

Capstone: Offering incentives such as sign-on bonuses and tuition repayment. College student internships have been successful. Partner with the University of Iowa. – Julie Smith

House of Mercy: New program, Peer Recovery Coach, available in Jasper County for free. Contact Kendi at kendi.mccollum@mercyone.org.

ITS: Carnival in the Park on 8/24/2024, Golf Fundraiser billing issues- Kim Zantingh.

Phoenix House: New, located at 1500 1st Ave E, Newton, Iowa. Contact: christine.west@phnxhouse.com

Resource Guide: https://www.jasperia.org/resources/mental_health/ Updated 4/12/2024.

Transportation Meeting – Subgroup 4/10/2024 9 AM-10:15AM

PR for Transportation- status completed or planned.

- Social Media. Shared Transportation Resources. We will share Jasper Co. Rides and HIRTA posts.
- Websites- Each has a website.
- Resource Guide- Updated information. Jasperia.org/resources
- Events- Attending Senior Health Fair 5/29/2024 at Newton YMCA. Agencies are signing up.
- Highlight Agencies- RSVP in June and HIRTA in August- Planned.



ORGANIZATION SPOTLIGHT
Jasper County Rides
Jasper Co. RSVP
Service: Medical Transportation

Free medical transportation program run by Volunteers. Qualifying individuals need to have one of the following:

- Veteran
- Over 65 years old
- Receives low-income assistance

Volunteers are reimbursed for mileage.

Needs: Volunteers

MORE INFORMATION

- (641) 787-3078
- Jasmine at jbailey@iastate.edu
- www.jaspercountyrsvp.org/
- 556 N 2nd Ave W, Newton, Iowa

Jasper County
RSVP
Lead with Experience



ORGANIZATION SPOTLIGHT
HIRTA
Heart of Iowa Regional Transit Agency
Public Transit
Service: Transportation

Mission: "We provide transit services to anyone for any reason."

Heart of Iowa Regional Transit Agency (HIRTA) is the State designated Regional Public Transit System in central Iowa, serving the counties of Boone, Dallas, Jasper, Madison, Marion, Story and Warren.

- Providing public transit services in Jasper County.
- Cost: \$2.50 in town, \$5.00 in County, varies out of County.
- Download the HIRTA On Demand app on the App Store and Google Play

MORE INFORMATION

- (877) 686-0029
- erides@ridehirta.com
- ridehirta.com



Jasper County Cares Coalition.

We have updated the resource guide for transportation. A few of the main transportation agencies are HIRTA Public Transit and RSVP of Jasper County- Retired & Senior Volunteer Program. Please check out the resource guide for more details. <https://www.jasperia.org/resources/transportation/>



Transportation Resources

Scheduled posts.

2.) Find out more about transportation issues.

- DHS- Medicaid Transportation Program <https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/nemt> Put on social media.
- DOT grant funding to purchase vehicles. <https://iowadot.gov/grants-programs>
- Go Go Grandparent- added to resource guide. <https://get.gogograndparent.com/>
- Hospital and Long-Term Cares- A problem getting patients back to some LTC facilities. Discussed a shared wheelchair van. Expensive to the client and not effective to utilize the Newton Ambulance.
- Jasper Co. Rides- Jasmine has numbers.

Sub-Group Today- May 8, 2024



Agenda for the Senior Focused Subgroup. 9:30 AM

- May 29, 2024, is the YMCA's Senior Health and Fitness Fair. Event is from 8:15 am-10:00 am
Contact: Sarah Pittman <sarah.pittman@newtonymca.org>
 - Aging Resources,
 - Terra Cleveland <Terra.Cleveland@agingresources.com>
 - Michelle White <michelle.white@agingresources.com>
- Jasper County Elderly Nutrition, Kelli Van Manen <kvanmanen@jasperia.org>
- Resources available to seniors. Review resource guide.
 - Website: <https://www.jasperia.org/resources/>
 - Food: Elderly Nutrition, Supplemental Food Program for Seniors,
 - Connecting to resources
 - Home Care/Hospice
 - Facilities/housing needs
 - Support- Adult day, groups, VA.
 - Volunteer opportunities- RSVP
 - Other: library, YMCA

School Subgroup:

- Stop the Bleed distribution. Purchased kits. EMA working on distribution.
- Opioid Settlement Grant: *Due 6/30/24*
- Summer Assistance Programs: *Food*
- Updates from schools:
 - Newton Schools: buildings
 - Baxter: new Superintendent
 - Colfax- Mingo:
 - PCM:
 - Lynnville- Sully:
- Activities for next school year- Red Ribbon Week, Child Abuse Prevention, NAMI Suicide Prevention