

8/20/2024

Hello Jasper County Cares Coalition,

We had 42 people attend this month's Cares meeting. We want to welcome new contacts:

- Alexis Thompson – Ivory Plains and St. Gregory Recovery Centers
- Amanda Sinclair, House of Mercy
- Elizabeth Reibsamen, Parent Partners
- Katlyn LeMaster – SAPR Victim Advocate, Iowa Army National Guard
- Luke Skinner – Accura, Traditions Memory Care
- Mariah Fox, Newton Health Care Center
- Martha Brightman Gasca – UCS Healthcare
- Pastor Paul Millhollin – 1<sup>st</sup> Presbyterian Church, Newton
- Zoe Frey – UCS Healthcare

Added to the Cares distribution list

- Art Sathoff, Interim Superintendent of PCM schools
- Bills Peters, Newton DMACC, Provost
- Chelsea Etter, Newton Clinic, Nurse Manager
- Clay Harrold, Baxter Middle/High School Principal
- Dan Donohue, Newton Village, Administrator
- Daryl Dotson, Newton, Berg Middle School Principal
- Lorraine Roge- Jones, UCS Healthcare, PA
- Meredith Hershner, Linn County Community Services, CPPC/ Decat. Coordinator
- Michael Dale, Newton High School, Principal
- Mollie S. Michelfelder, House of Mercy, Clinic Manager

Changes: IDPH/IHHS staff have changed to hhs.iowa.gov emails.

- [kathy.dooley@hhs.iowa.gov](mailto:kathy.dooley@hhs.iowa.gov)

=====NEXT MEETING===== **COMMUNITY HEALTH TOWN HALL** =====9.11.2024 =====

We need your input at the next Cares meeting for the Jasper Co. Community Health Assessment Town Hall on 9/11/2024 from 10:30 AM to noon. This meeting will gather your opinions and help determine the focus areas or gaps in service for our Jasper Co. health improvement plan. A light lunch will be provided at noon.

**Please RSVP** by 8/30/2024 to [pr@mercyoneiowa.org](mailto:pr@mercyoneiowa.org).

Numerous organizations have RSVP'd. However, we would love to have a variety of feedback from our community partners such as all school districts, healthcare facilities/providers (Newton Clinic, long-term care/assisted living, hospices, & home care), substance treatment facilities (Sheepgate and Clearview Recovery), Salvation Army, Veteran's Affairs, Food Bank of Iowa, MICA, the Newton YMCA, violence and abuse prevention and advocates represented, etc. See the last papers in the packet for more information about the Health Assessment/Town Hall.

=====RSVP TODAY=====

**JASPER COUNTY**  
COMMUNITY HEALTH ASSESSMENT

**Town Hall Meeting**  
9.11.2024 from 10:30 AM- noon  
DMACC Newton Conference Room  
600 N 2nd Ave W, Newton, IA 50208

MercyOne Newton, Jasper Co. Health Dept. & numerous community partners are collaborating to launch the 2025-2028 Community Health Assessment.

RSVP for lunch by 8.30.2024 to [pr@mercyoneiowa.org](mailto:pr@mercyoneiowa.org)

  

Let me know if you have questions!  
Becky

# Jasper Co. Cares Announcements- August 2024

**New Staff or Leadership:** Please email us the contact information! See the current list and check your agency.

**Resource Guide:** Let us know if there are any updates. <https://www.jasperia.org/resources/>

## **Volunteers Needed:**

- **Discover Hope:** Volunteers are needed for different programs. Contact Katie, [Katie@discoverhope517.com](mailto:Katie@discoverhope517.com)
  - DH517 needs organizations to sign up to work lunch or provide a lunch.
- **ITS:** Needs people to help with the Carnival in the Park on 8/24/24.
  - Contact Victoria at [victoria@itsnewton.com](mailto:victoria@itsnewton.com)
- **Jasper County Elderly Nutrition:** Needs drivers for the home delivered meals program.
  - Contact Kelli at [kvanmanen@jasperia.org](mailto:kvanmanen@jasperia.org)
- **Jasper County EMA** needs volunteers for a new Jasper Co. Community Emergency Response Team (CERT). A kickoff meeting will be held on 9/11/24 at 6 PM, at the Emergency Operations Center, 1030 W 2<sup>nd</sup> St S, Newton.
  - Please RSVP to Kathy, [kellis@jasperema-hls.org](mailto:kellis@jasperema-hls.org). See the flyer or Facebook.
- **Kid Assist:** They are looking for someone to draw a blueprint for constructing ramps.
  - Contact Linda at [wilsand96@yahoo.com](mailto:wilsand96@yahoo.com)
- **Pregnancy Center of Central Iowa** needs counselors to help families or prenatal mothers.
  - Counselor training is provided. Contact Rita Baker at [director@pcc Iowa.com](mailto:director@pcc Iowa.com)
- **Progress Industries** is looking for different ways their volunteers can help.
  - Contact Chelsie at [chelsie.slack@progressindustries.org](mailto:chelsie.slack@progressindustries.org)
- **RSVP:** They can use drivers and other programs they provide.
  - Contact Jasmine at [jnbailey@iastate.edu](mailto:jnbailey@iastate.edu) or Sarah at [patter@iastate.edu](mailto:patter@iastate.edu)

## **Internship Opportunity:**

- **Whiskers & Manes Quakerdale:** An internship is available at Whiskers & Manes. Follow the link for more information. <https://wolferanchquakerdale.org/internship-opportunities>

## **Job Openings:**

- **Capstone Behavioral Healthcare:** Needs Mental Health Therapist.
  - Contact Julie at [julies@capstonebh.com](mailto:julies@capstonebh.com)
- **Jasper County Sheriff's Office:** Testing for Deputy Sheriffs.
  - **Info:** [https://www.jasperia.org/employment/deputy\\_sheriff\\_testing\\_process\\_application/730/](https://www.jasperia.org/employment/deputy_sheriff_testing_process_application/730/)
- **Newton Health Care Center:** Needs RNs or LPNs to work night shift hours.
  - Contact Mariah at [ceo@newtonhealthcarecenter.com](mailto:ceo@newtonhealthcarecenter.com)

## **Other:**

- **Aging Resources:** Please take the included 4-page survey from Aging Resources.
  - Email to [Terra.cleveland@agingresources.com](mailto:Terra.cleveland@agingresources.com)
- **American Lung Association:** Tobacco Control Quarterly Newsletter. April – June 2024. See flyer.
- **Drake University Head Start:** Still has a few openings for preschoolers.
- **FEMA:** Flood assistance from May's flooding, call 833-307-6030. Local assistance is available at IMPACT, Iowa State Ext, or Health Dept. See Information flyer
- **IMPACT:**
  - LIHEAP applications start 10/1/2024. See flyer <https://www.impactcap.org/jasper>
  - RAYS scholarship can help youth to help cover the costs of activities/sports/band. See flyer
- **Neighbors Helping Neighbors** is looking for clean plastic laundry containers with screw caps.
  - Drop off at the Pregnancy Center. Hours: Monday – Thursday, 12:00 PM to 4:00 PM
- **Newton Schools:** Update, Newton School lunch deficit is paid in full, per NCSD Facebook page!

- **School Supplies:**
  - **Parent Partners** will have some filled backpacks at Carnival in the Park on 8/24/2024.
  - **Capstone Behavioral Healthcare** has some backpacks filled with school supplies.
    - Contact Julie at [julies@capstonebh.com](mailto:julies@capstonebh.com).
- USC has a mobile unit, and they have Medication Assisted Treatment for opioids.

### Free presentations or training:

- **American Lung, Iowa:** Free presentation on Quitline Iowa, school curriculum, You and I Together Vape Free. Contact Emma at [Emaline.Krapfl@lung.org](mailto:Emaline.Krapfl@lung.org)
- **House of Mercy:** Substance misuse and prevention training. They also have a substance peer support counselor for free. Contact Kendi [kendi.mccollum@mercyoneiowa.org](mailto:kendi.mccollum@mercyoneiowa.org)
- **EFR:** Drug and opioid misuse education for schools. Contact Joe at [jmcquerry@efr.org](mailto:jmcquerry@efr.org)
- **Newton Public Library:** Career assistance support. Appointments are available on Wednesday afternoons. Schedule an appointment Call Becca Klien at 641-792-4108. See flyer.

### Events:

- **American Lung Iowa:** Parents Against Vaping E-cigs on 9/10/2024 via Zoom. See flyer.
- **Discover Hope 51:** Hosting Ice Cream Social on 8/20/2024. See flyer. TODAY!!!
- **Iowa State Extension:** A Journey through Parkinson's Disease. 10/14,10/21,10/28/2024 at the Monroe Gathering Place. See flyer.
- **Iowa State Extension:** Science of Parenting online workshops. See Flyer
- **Jasper County Elderly Nutrition:** Garage and Bake Sale, 9/5 & 9/6/2024. Tai Chi for arthritis and fall prevention starts on 9/12/2024 continuing for 16 weeks. 60 and older are invited to attend. Iowa Legal Aid will be available to the public on 9/24/2024 11:00 AM-2:30 PM. See flyer.
- **NHCC:** 2<sup>nd</sup> Tuesday of the month, NHCC hosts a Dementia support group with Home Instead. Toe Clinics are offered for free. Contact Whitney at [Admissions@newtonnursing.com](mailto:Admissions@newtonnursing.com)
- **Open Arms:** Buy a box of 12 cookies at Hy-Vee & \$1 will be donated to Open Arms until 9/30/2024 See flyer.
- **Progress Industries:** 45<sup>th</sup> Anniversary Golf Outing at Oakland Acres Golf Club on 9/11/2024. For more information contact Melissa at [melissa.butler@progressindustries.org](mailto:melissa.butler@progressindustries.org) See flyer.
- **Quakerdale Wolfe Ranch:** My Pretty Pony Camp, 9/7/2024 from 9:00 AM – 12:00 PM to register or for more information email [syork@wolferanchquakerdale.org](mailto:syork@wolferanchquakerdale.org) See flyer. \$35
- **Red Ribbon Week:** October 23-31<sup>st</sup>, All the Jasper County Schools will receive free giveaways and education to promote a drug and bully-free lifestyle. See flyer.
- **RSVP:** Writing to Read (Pen-Pal) Volunteer Meeting. 8/22/2024 from 10 AM – 12 PM See flyer
- **UCS Healthcare:** Recovery Day, 9/20/2024 from 10:00 AM-Noon in West Des Moines.
  - Medication-assisted treatment (MAT) for substance use.
  - The Mobile Unit addresses addiction and other substance use disorder issues
- **\*United Way:** Major Grants, Master Class, August 27, 2024, from 11 AM-2 PM. \$25

### Event Sponsor:

**Molina Healthcare** sponsors many community events including back-to-school events, baby showers, healthy food giveaways, and coat drives. These events are part of Molina's corporate social responsibility initiative to improve the health and well-being of the communities they serve. Contact: [kari.virden@molinahealthcare.com](mailto:kari.virden@molinahealthcare.com)

Follow the link for the request forms. <https://www.molinahealthcare.com/members/common/en-us/abtmolina/whymolina/yourcomm/ia/yourcomm.aspx>

### Event Sponsors Needed:

- **Maytag Park Holiday Lights** is looking for sponsors to help expand the Holiday Lights Display. For more information or to download a flyer to sponsor a display go to:  
<https://www.newtongov.org/Search?searchPhrase=Holiday%20Lights&pageNumber=1&perPage=10&departmentId=-1> See flyer.
- **Progress Industries:** Tee and lunch sponsors are needed for the golf fundraiser. See above.
- **Discover Hope 517:** organizations to sponsor lunch. See above.

### Upcoming Spotlights:

- October- Discover Hope 517, Katie and Kelsey
- November- IMPACT Community Action Partnership, Jessi Balk
- December- Jasper County Habitat for Humanity, Becca Decker
- February- MICA
- March- St. Croix Hospice, Maddie France
- April- Crisis Intervention Services, Jodi Blackford

### SUBGROUPS:

- **The Maternal Health Coalition** meeting will be held on 9/11/2024 **via ZOOM only**, starting at 9:30 AM. Contact Jana Larsen at [jana.larsen@micaonline.org](mailto:jana.larsen@micaonline.org) for more information.
- **Senior Focus Group:** We apologize for the miscommunication about last week. Since our past facilitator left, we no longer have someone to lead the meeting. If members would like to continue having this meeting, let us know if you are willing to facilitate the meeting.
- **Jasper County Schools subgroup:** Mark your calendar: October 9<sup>th</sup> after Cares.
  - Welcome new leaders and staff!
  - Items to discuss: Red Ribbon Week distribution **at this meeting**.
  - Link resources guide to your website.
  - Evaluation of school needs for the school year.
  - Topics: Mental Health, Substance Misuse, Homelessness, Food programs, etc.
  - Free resources available for schools.
  - See above for school supplies and RAYS scholarship from IMPACT.
  - Immunization audits will begin in September with the schools' nurses.

### To-do list:

- Check the online resource guide and make sure your information is correct.
- Check the distribution list for correct contacts at your organization. Update information.
- Email events to [Jaspercocares@jasperia.org](mailto:Jaspercocares@jasperia.org) for the Jasper County calendar and Facebook.
- RSVP to the next Cares meeting, Jasper Co. Community Town Hall by **8/30/2024**.

### **Jasper County Care Coalition**

Email: [jaspercocares@jasperia.org](mailto:jaspercocares@jasperia.org)

Facebook: <https://www.facebook.com/JasperCountyCaresCoalition>

Website: [https://www.jasperia.org/health/jasper\\_county\\_cares/](https://www.jasperia.org/health/jasper_county_cares/)

Events/calendar: <https://www.jasperia.org/calendar/>

# Jasper County Cares Contact List - updated 8/20/2024

Please check this list for current employees. Changes: [jaspercocares@jasperia.org](mailto:jaspercocares@jasperia.org)

Sorted by agency. Highlighted to help divide by agencies for viewing. Do not distribute this list.

Name	Organization
Amanda Arrasmith	211 Des Moines - United Way of the Midlands
Anna Rodriguez-Popp	211 Des Moines - United Way of the Midlands
Hannah James	Accura Healthcare
Kathleen Britten	Accura Healthcare
Corey Elliott	Accura Healthcare- East
Luke Skinner	Accura Healthcare Traditions Memory Care
Rachel Ferguson	Accura Healthcare, Traditions Memory Care
Louise Alitz	Aging Resources of Central Iowa
Michelle White	Aging Resources of Central Iowa
Terra Cleveland	Aging Resources of Central Iowa
Jessica Duncan	Alzheimer's Association, Iowa Chapter
Emmaline Krapfl	American Lung of Iowa
Chris Peterson	Baxter Schools
Clay Harrold	Baxter Schools
Jill Halter	Baxter Schools
Jill Robinson	Capstone Behavioral Health
Julie Smith	Capstone Behavioral Health
Monica Nulf	Capstone Behavioral Health
Sarah Urias	Capstone Behavioral Health
Caitlyn Hecht	Care Initiative Hospice
Amber Tompkins	Central Iowa Shelter, Rolling Hills
Lindsey Sinn	Central Iowa Shelter, Rolling Hills
Paul Richards	Central Iowa Shelter, Rolling Hills, Homeless contact
Jarica White	CICS/Jail Diversion Jasper County (Mental Health)
DeDe Blom	Clearview Recovery
Scott Pritchard	Clearview Recovery
Drew Zwack	Clive Behavioral Health
Jason Bridie	Clive Behavioral Health
Lindsay Porter	Colfax Mingo Schools
Tim Salmon	Colfax Mingo Schools- Sup
Jeremy Burdess	Colfax Police Department
Lori Ward	community- homeless
Trista Martin	community- homeless
Kelly Kirk	Community member
Lori Eisbrener	Community member
Justin/Rebecca Smith	Crisis Canines of the Midlands
Jodi Blackford	Crisis Intervention Services- Sexual and Domestic Violence CIS
Katie Finch	Discover Hope 517
Kelsey Miranda	Discover Hope 517
Robert "Robbie" Robinson	Discover Hope 517
Bill Peters	DMACC- Des Moines Area Community College, Newton
Jenna Seals	DMACC- Des Moines Area Community College, Newton
Kara Dirksen	DMACC- Des Moines Area Community College, Newton
Darcy Baughman	Drake University Head Start
Haley Pederson	EFR- Employee and Family Resources
Joe McQueery	EFR- Employee and Family Resources
Kairee Bishop	EFR- Employee and Family Resources
Kaytlin Ahn	Ellipsis Iowa
Bre Degalau	Eyerly Ball- Unity Point
Michelle Reed	Eyerly ball/ Crisis line

Melissa Porter	Families First
Shelley Koons	Family Crisis Center
Lindsey Anderson	Fifth Judicial District Court of Iowa
Sheldon Henderson	First Christian Church
Larry Anderson	First Presbyterian Church
Paul Millhollin (Pastor)	First Presbyterian Church, Pastor
Ty Harris	Food Bank of Iowa
Amy Blanchard	Greater Poweshiek Community Foundation
Becca Decker	Habitat for Humanity, Greater of Des Moines
Chris Pierson	Heartland AEA
Kim Brannan	Heavenly Excursions, NEMT
Brooke Ramsey	HIRTA
Danny Schnathorst	HIRTA
Juan Castilo	HIRTA
Jeff Wisniewski	Home Instead
Jamie Mathis	Hospice of the Midwest
Jordyn Beeghly	Hospice of the Midwest
Joseph Weber "Joey"	Hospice of the Midwest
Amanda Sinclair	House of Mercy, Mercy One
Rebecca Becky Peterson	House of Mercy, Mercy One
Sarah Mainya	House of Mercy, Mercy One
Mollie Michelfelder	House of Mercy, Mercy One
Kendi McCollum	House of Mercy, Mercy One, Newton
Phil Grout	Hy-Vee - Newton and Grinnell
Kathy Dooley	IHHS Iowa Department of Public Health IHHS
Andi Borsch	IHHS, Department of Human Services, local office
Jody Palmer	Immanuel Pathways Central Iowa
Joycelin Pelaez	Immanuel Pathways Central Iowa
Jessi Balk	IMPACT Community Action Partnership
Paula Arkema	IMPACT Community Action Partnership
Deana Van Brocklin	Iowa Court Juvenile Court
Hennry Murillo	Iowa Courts, Jasper and Marion County
Brad Magg	Iowa House candidate /Owner of Goldie's
Cindy Rybolt	Iowa Legal Aid
Katlyn LeMaster	Iowa National Guard
Angela Busick	Iowa, Probation/Parole - IDOC
Jon Dunwell	Iowa, State Government
Cathy Drost	ISU Extension
Jasmine Bailey	ISU Extension
Jeff Garney	ISU Extension
Karie Foster	ISU Extension
Sarah Patterson	ISU Extension
Kim Zantingh	ITS Integrated Treatment Services
Terry Sallis	ITS Integrated Treatment Services
Victoria Walton	ITS Integrated Treatment Services
Nicholas Pietrack	Jasper County Attorney's Office
Sabrina Clement	Jasper County Attorney's Office
Scott Nicholson	Jasper County Attorney's Office
Sue Nation	Jasper County Attorney's Office
Brandon Talsma	Jasper County Board of Supervisors
Doug Cupples	Jasper County Board of Supervisors
Kelli VanManen	Jasper County Elderly Nutrition
Steve Ashing	Jasper County EMA Emergency Management Agency
Jamey Robinson	Jasper County EMA Emergency Management Agency
Kathy Ellis	Jasper County EMA Emergency Management Agency
Connie McQuiston	Jasper County General Assistance
Josh Price	Jasper County General Assistance/Veteran's Affairs VA
Becky Pryor	Jasper County Health Dept
Kristina Winfield	Jasper County Health Dept

Melissa Gary	Jasper County Health Dept
Jenn Cross	Jasper County IT/website submit events to Jenn
Brad Shutts	Jasper County Sheriff's Office
Victoria Crook	Jasper County Sheriff's Office
Corey Van Kooten	Jasper County Sheriff's Office/ LS SRO
Mike Gunsaulus & Poppy	Jasper County Sheriff's Office/Therapy dog
Doug Bishop	Jasper County Treasurer
Alyssa Wilson	Jasper County Veterans Affairs VA
Linda Anderson	Kid Assist
Janice	Lavendar Legal Center
Meredith Hershner	Linn County Community Services
Michaela Gunsaulus	Lynnvile-Sully Elementary School Counselor
Jennifer O'Halloran	Lynnvile-Sully Middle/High School Counselor
Matt Dunsbergen	Lynnvile-Sully Schools- Sup
Payton Rhone	Main Street Rural Health
Sara Puckett	Main Street Rural Health
Kelly Yeggy	Mental Health Advocate
Chloe Barkema	Mercy One Newton Medical Center
Keri Schippers	Mercy One Newton Medical Center
Lauren Pendroy	Mercy One Newton Medical Center
Amanda Wobken	MercyOne Central / Western Iowa
Araceli Roberts	Mid Iowa Community Action Agency MICA
Erin Botterbrodt	Mid Iowa Community Action Agency MICA
Jana Larsen	Mid Iowa Community Action Agency MICA
Jessica Miller	Mid Iowa Community Action Agency MICA
Kelsey Kleine	Mid Iowa Community Action Agency MICA
Megan Thompson	Mid Iowa Community Action Agency MICA
Megan Van Beek	Mid Iowa Community Action Agency MICA
Sierra Stevens	Mid Iowa Community Action Agency MICA
Melissa McCoy	Molina Healthcare
Kari Virden	Molina- MCO
Bill Ehler	NAMI Central Iowa
Erik Gustafson	NAMI Central Iowa
Roxanne Petersen	NAMI Central Iowa
Judy Monroe	Neighbors Helping Neighbors
Andrew Boender	New Creations Church
Chelsea Etter	Newton Clinic, Nurse Manager
Mark Thayer	Newton Clinic, Administrator
Chris Braunschweig	Newton Daily News
Whitney Morrison	Newton Healthcare Center NHCC
Carrie Good	Newton Healthcare Center NHCC
Mariah Fox	Newton Healthcare Center NHCC
Nicole Terry	Newton Library
Phyllis Peter	Newton Library
Julie Britton	Newton Police Department
Rob Burdess- Chief	Newton Police Department
Kyle Lovan	Newton Police Department- School Resource
Tom Messinger	Newton School- Sup
Christine Dawson	Newton Schools
Danielle Kenny	Newton Schools
Dallas Vander Pol	Newton Schools, Berg Middle School
Darvl Dotson	Newton Schools, Berg Middle School Principal
Kelly Sorenson	Newton Schools
Michael Dale	Newton School, High School Principal
Dan Donohue	Newton Village
Jaime Haub	Newton Village
Miranda Caldwell	Newton Village
Nick Marois	Newton Village
Erick Zehr	Newton YMCA

Sarah Pittman	Newton YMCA
Matt Muckler	Newton, City of, City Administrator
Evelyn George	Newton, City of, mayor
Karin Mills	Nightingale Center
Mercedes Grimes	Optimae Life Services
Amy Simmons	Optimae Life Services
Chris Clark	Optimae Life Services
Tina Lawson	Optimae Life Services
Brenda O'Halloran	Orchard Place- CCR&R childcare resource & referral
Megan C Davidson	Orchard Place- CCR&R childcare resource & referral
Leann Andre	Orchard Place- CCR&R childcare resource & referral
Angela Barnell	Parent Partners
Elizabeth Reibsamen	Parent Partners
Patricia Harland	Parent Partners
Amanda McNeeley	Park Centre
Halie Dillemuhs	Park Centre
Leisa Zylstra	Park Centre
Mari Wilson	Park Centre
Nicole Meyer	Park Centre/Willowbrook
Tammy Davis	Park Centre/Willowbrook
Bobbi Streeter	Pella Regional Prairie City Clinic
Deb Tupper	Pella Regional Prairie City Clinic
Lisa Fiorentin	Pella Regional Prairie City Clinic
Cindy Clark	Pella Regional- Sully Clinic
Christine West	Phoenix House- Newton
Lennon Elliott	Phoenix House- Newton
Art Sathoff	Prairie City Schools
Rita Baker	Pregnancy Center of Central Iowa
Angie Wells	Progress Industries
Ariel Pendroy	Progress Industries
Chelsie Slack	Progress Industries
Sandy Ham	Progress Industries
Josh Stafford	Progress Industries
Melissa Butler	Progress Industries
Terianne Marsh	Proteus
Amelia Garber	Proteus
Beth Andrew	Quakerdale Family Services
Brach Jones	Quick Visit Urgent Care
Austin Gross	Rosecrance- inpatient
Kelly Zach	Salvation Army, Newton
Penny North	Salvation Army, Newton
Tim North	Salvation Army, Newton
Mike Hunsberger	Sheepgate - division of Adult & Teen Challenge of the Midlands
Rachel Bardwell	Short Years Partnership- PAT
Sheena Sullivan	Short Years Partnership- PAT
Danielle Kenworthy	Short Years Partnership- PAT
Felicia Hazelton	Short Years Partnership- PAT
Tracie Backstrom	Short Years, Parents as Teachers
Katie Kuhn	St. Croix Hospice
Maddie France	St. Croix Hospice
Alexis Thompson	St. Gregory Recovery Center
Ann Breeding	Steps of Hope
Michelle Sweeney	Suncrest Care Hospice
Jenn Tielbur	Team CSA-Community Support Advocates
Brian Feist	Telligen
Chloe Hird	Telligen
Cody Daugherty	The Way
Mary Romberg	The Well Thrift Store/Newton
Martha Brightman Gasca	UCS Healthcare



Lorraine Roge-Jones	UCS Healthcare
Zoe Frey	UCS Healthcare
Jessica Lowe Vokes	United Way of Jasper County
John Hoyt	Walmart, Newton
Holly Merk-Wilcox	Wesley Life at Home

# Aging Resources

Contact: Terra Cleveland  
Email: Terra.cleveland@agingresources.com

Name \_\_\_\_\_

County Jasper

## Goal 1: Maximize Independence-Think about your county, in particular, for the following questions.

List some community partners that can increase access to Aging Resources:

- 1.
- 2.
- 3.

What services enable older adults and people with disabilities to live longer in their own homes?

- 1.
- 2.
- 3.

How does (or can) your community assist older adults and persons with disabilities access integration services such as volunteering, employment, improving health and wellness, and activities that enhance their daily lives and allow them to live independently with purpose?

- 1.
- 2.
- 3.

What services or activities help support families and caregivers?

- 1.
- 2.
- 3.

**Goal 2: Improve Health and Wellness-Think about your county, in particular, for the following questions.**

What programs are offered to older adults in your county to improve healthy lifestyle choices and overall health?

- 1.
- 2.
- 3.

Do you have programs that address falls among older persons through education, awareness, and prevention?

- 1.
- 2.
- 3.

Where are there disparities in service usage among diverse and underserved older persons and persons living with disabilities?

- 1.
- 2.
- 3.

How can services be delivered more equitably across communities?

- 1.
- 2.
- 3.

**Goal 3: Improve Safety & Quality of Life- Think about your county, in particular, for the following questions.**

What services/activities increase awareness of elder abuse, neglect, and financial exploitation among older persons and persons at risk for abuse?

- 1.
- 2.
- 3.

What services are there to provide access to high-quality legal assistance for older people?

- 1.
- 2.
- 3.

Are social service staff aware of when and how to make a referral to the Office of Public Guardian or the Office of the Long-Term Care Ombudsman? Is additional training needed?

- 1.
- 2.
- 3.

What services/activities are offered to help older adults improve their quality of life?

- 1.
- 2.
- 3.

**Goal 4: Stay Engaged & Supported- Think about your county, in particular, for the following questions.**

What services/activities help increase social engagement opportunities for persons at-risk for social isolation?

- 1.
- 2.
- 3.

Are there services/activities reaching informal caregivers at risk for stress, depression, and financial cost burden due to their caregiver role?

- 1.
- 2.
- 3.

Do you have programs to build, strengthen, and/or enhance the dementia capability of the aging and disability network?

- 1.
- 2.
- 3.

Do you have age-friendly programs available for the aging and disability community?

- 1.
- 2.
- 3.

# TAI CHI FOR ARTHRITIS AND FALL PREVENTION



TAI CHI IS AN ANCIENT CHINESE EXERCISE PROGRAM TO PROMOTE STRENGTH, FLEXIBILITY, AND BALANCE. INDIVIDUALS WILL LEARN WARM-UP, COOL DOWN, 6 BASIC FORMS, AND 6 ADVANCED FORMS. MODIFICATIONS AVAILABLE FOR THOSE WHO NEED TO REMAIN SEATED FOR ALL OR MOST OF THE CLASS.

**Starting September 12th, 2024**

**Every Thursday**

**12:30pm for 45 minutes**

**Classes held for 16 weeks**

**Jasper County Community Center**

**2401 1<sup>st</sup> Ave E, Newton, IA**

**Participants who are eligible receive 3 boxes of fresh produce provided through funding from Prairie Meadows Betterment grant.**

**Please register with Jasper County Nutrition at 641-792-7102**

To complete your enrollment a Navigator will call you after you have registered for class or you may contact Iowa Community HUB at 515-365-1285 by phone or email [info@iacommunityhub.org](mailto:info@iacommunityhub.org)

**Call Stephanie Labenz with any questions: 515-650-9505**



# TOBACCO CONTROL Quarterly Newsletter

April-June 2024

## Tobacco & Nicotine Free Policy

Congratulations to Pipsy's Wee Care and Preschool in Indianola for implementing a comprehensive tobacco and nicotine free policy. This center puts the safety of their children, employees, and visitors first while providing wonderful learning opportunities for the children they serve.

If you are interested in updating your tobacco and nicotine free policy for your worksite, childcare center, or multi-unit housing complex, **please reach out to Josie.Redman@Lung.org for free technical assistance.**



## Iowa Students for Tobacco Education & Prevention

In May, Baxter Schools established and registered their ISTEP Chapter! Staff met with the facilitator and 8 students to discuss ISTEP and potential projects for the following school year. Congrats to Baxter Schools! **Thank you to all the ISTEP chapters in our service area for all their hard work this school year!**

Thank you to Indianola Middle School for registering a new ISTEP Chapter! This group of 25 students is very excited to learn more about tobacco prevention so that they can educate their peers next year. **To learn more about ISTEP or to register a chapter visit [hhs.iowa.gov/ISTEP](https://hhs.iowa.gov/ISTEP).**



## Youth Tobacco Control

Thank you to Miller Middle School in Marshalltown for implementing Stanford's "You and Me, Together Vape Free" curriculum. In April, staff did 6 lessons over the course of 3 afternoons with students as an alternative to suspension.



## Quitline

On May 16th, staff tabled at the Annual Iowa Breastfeeding Conference. Staff provided resources to providers, discussed the Quitline and shared specific information on Quitline Iowa's pregnancy program.



**Free Resources for Providers**  
available at [bit.ly/LungIA](https://bit.ly/LungIA)

- Quit Kits
- Promotional items
- Educational materials
- Communication Campaign
- Lunch and Learn Presentation
- Worksite Toolkit



For more information please contact: 515-309-9507 | [info@Lung.org](mailto:info@Lung.org)

Did you know community organizations and health care professionals can make web referrals to Quitline Iowa (18yrs +) and My Life My Quit (13-17yrs.)? It is easy and gets support to those wanting to live a tobacco free life.

### To Refer to Quitline Iowa:

- [www.QuitlineIowa.org](http://www.QuitlineIowa.org)
- Select "Health Professionals."
- Select "Make a Referral."

### To Refer to My Life My Quit:

- [www.MyLifeMyQuit.org](http://www.MyLifeMyQuit.org)
- Select "Resources."
- Select "Health Care Professionals."
- "Refer a Youth to My Life My Quit."



**Ask, Advise, Refer Training** Are you interested in learning about how to refer your patients to Quitline Iowa?

Call our Health Promotion Specialists at 515-309-9507 to schedule a free Ask, Advise, Refer training.



Website  
[www.lung.org](http://www.lung.org)



Phone  
515-309-9507



Email  
[Beth.Timmerman@lung.org](mailto:Beth.Timmerman@lung.org)





Homeland Security and  
Emergency Management



FEMA

## Iowa Recovery Update – Aug. 13, 2024

State and FEMA disaster assistance is available for homeowners and renters affected by tornadoes, severe storms and flooding in **28 Iowa counties**.

The counties are **Adair, Adams, Buena Vista, Cedar, Cherokee, Clarke, Clay, Dickinson, Emmet, Harrison, Humboldt, Jasper, Lyon, Mills, Monona, Montgomery, O'Brien, Osceola, Palo Alto, Plymouth, Polk, Pottawattamie, Ringgold, Shelby, Sioux, Story, Union and Woodbury.**

### Key Messages

- FEMA has provided more than \$58 million in Individual Assistance directly to survivors to help with home repairs, paying for a temporary place to live and other serious needs not covered by insurance.
- More than 6,000 Iowa households have been approved for Individual Assistance.
- In addition, FEMA's National Flood Insurance Program has paid more than \$6 million in claims for about 200 Iowa policyholders.
- Ask FEMA for Rental Assistance by calling the FEMA Helpline at 800-621-3362 or visiting a Disaster Recovery Center.
- The State of Iowa has a temporary housing program. The state's Disaster Recovery Temporary Housing Program (DRTHP) is available in eligible counties. Residents can apply online or by calling 1-833-307-6030. The Call Center is open daily from 7 a.m.– 8 p.m.
- Agriculture Recovery Center events are Aug. 22 in Woodbury County and Aug. 27 in O'Brien County.

### FEMA Disaster Recovery Centers (DRCs) in Iowa

**All 13 DRCs are open Monday through Saturday from 8 a.m. to 6 p.m. and closed on Sundays.**

#### Buena Vista County

Sioux Rapids  
Municipal Pool  
201 Eighth St.,  
Sioux Rapids, IA 50585

#### Woodbury County

Siouxland Regional  
Transit System  
6401 Gordon Dr.  
Sioux City, IA 51106

#### Palo Alto County

Iowa Lakes  
Community College  
3200 College Dr.  
Emmetsburg, IA 51334

#### Dickinson County

Dickinson County Expo  
Bldg. meeting room.  
1602 15th St.,  
Spirit Lake, IA 51360



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**Cherokee County**

Cherokee County  
Emergency Management  
(Formerly the Cherokee  
County Work Services  
Bldg.)  
322 Lake St., Suite B  
Cherokee, IA 51012

**Clay County**

Clay County Regional  
Events Center  
Tower Gate Pavilion  
800 W. 18th St.  
Spencer, IA 51301

**Emmet County**

St. Patrick's Church - Gym  
903 Central Ave.  
Estherville, IA 51334

**Humboldt County**

Humboldt County Engineer  
Secondary Roads Bldg.  
2221 220th St.  
Humboldt, IA 50548

**Lyon County**

Forster Community Center  
404 First Ave.  
Rock Rapids, IA 51246

**Sioux County**

City Park Shelter House  
1013 13th Ave.  
Rock Valley, IA 51247

**O'Brien County**

City of Sheldon  
Community Services Center  
416 Ninth St.,  
Sheldon, IA 51201

**Greenfield – Adair County**

Greenfield City Hall  
202 S. First St.  
Greenfield, IA 50849

**Pottawattamie County**

Veterans Affairs Building  
623 Sixth Ave.  
Council Bluffs, IA 51501

## State Disaster Recovery Housing Programs

### For Homeowners:

#### Disaster Recovery Temporary Housing Program (DRTHP)

Governor Reynolds has announced a [Disaster Recovery Temporary Housing Program \(DRTHP\)](#) that will provide temporary sheltering options .

The [Disaster Recovery Temporary Housing Program \(DRTHP\)](#) is available through the state of Iowa to provide temporary sheltering options for eligible disaster survivors as they pursue long-term housing solutions. For this program, housing options may include recreational vehicles and travel trailers, for up to six months at no cost for Iowans whose homes were majorly damaged, destroyed, or deemed not habitable.

The household must have a primary residence located in one of the eligible counties. Please review this page for list of [eligible counties](#).

Residents can apply [online](#) or by calling 1-833-307-6030. The Call Center is open daily from 7 a.m. – 8 p.m.

### For Homeowners:

The [Disaster Recovery Housing Assistance Program](#) application is open now for disaster-impacted homeowners in counties approved for FEMA Individual Assistance. A [map of approved counties](#) is available [here](#).



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This state of Iowa-run program addresses unmet housing recovery needs outside the scope of insurance coverage or FEMA Individual Assistance. Eligible homeowners can receive up to \$50,000 for the repair or rehabilitation of their disaster-impacted homes. The program ID is 28.

Interested homeowners must first file an insurance claim if insurance is present, then apply for FEMA Individual Assistance, and received a Housing Assistance award and then; if there are unmet home repair needs can apply for the Disaster Recovery Housing Assistance Program.

### **For Developers:**

The State Disaster Recovery New Housing Grant Program application is open now for developers. The program ID is 571222 It will provide financial assistance for the development of for sale and rental housing in cities impacted by the disasters in approved counties.

*A map of counties, including those approved for FEMA Individual Assistance, as required for this program, is available [here](#).*

All Iowa Housing Program Information can be found at [Disasterrecovery.iowa.gov](https://disasterrecovery.iowa.gov) Housing Information

Applications for state grant programs are available on [IowaGrants.gov](https://iowagrants.gov). First-time users must create an account. A short instructional video can help applicants with the login process. A call center is also available for those who need additional assistance with their application.

## **Iowa Department of Education Emergency Grants**

The Iowa Department of Education announced that five Iowa school districts located in disaster-impacted communities will receive a total of nearly \$300,000 in emergency grant funds to support students experiencing homelessness as a result of this summer's weather-related disasters.

As they prepare to start the new school year, the following school districts will receive an Emergency Grants to Serve Students Experiencing Homelessness award to remove barriers faced by students in fully participating in their education programs:

- Nodaway Valley Community School District, serving Greenfield, Iowa
- River Valley Community School District, serving Correctionville, Iowa
- Rock Valley Community School District, serving Rock Valley, Iowa
- Spencer Community School District, serving Spencer, Iowa
- Tri-Center Community School District, serving Minden, Iowa

The full press release and more information about the grant program can be found at <https://educate.iowa.gov/> under the Headlines section.

## **How to Apply with FEMA**



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FEMA

- Visit [DisasterAssistance.gov](https://www.disasterassistance.gov).
- Call FEMA directly at 800-621-FEMA (3362) Open Sunday - Saturday 7 a.m. - 11 p.m. ET.
- Download and use the [FEMA app](#).

FEMA works with each household on a case-by-case basis. Anyone using a relay service, such as video relay service (VRS), captioned telephone service or others, can give FEMA the number for that service. For an accessible video on three ways to apply for FEMA assistance, visit: <https://www.youtube.com/watch?v=LU7wzRjByhl>

Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency, or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 833-285-7448.

## How to Appeal a FEMA Decision

You can appeal any FEMA decision or award amount by sending documents that show you qualify and need more help, like estimates for repairs, receipts, bills, etc.

Each FEMA decision letter you receive explains types of documents that may help you appeal your decision or award amount for that type of assistance.

More information: [How to Appeal a FEMA Decision](#)

## FEMA Individual Assistance Call Center

Applicants with insurance may receive a call from FEMA Individual Assistance Call Center to assist them with completing their applications. Survivors may receive a phone call, text and email requesting additional insurance information.

Insurance information is the most common missing document. If homeowners cannot find the insurance policy or the insurance declaration, or the information was lost during the disaster, it can usually be located on the insurance company's website or by contacting the insurance agent.

FEMA may be able to help with damages not covered by insurance. Once an insurance settlement is reached FEMA may be able to help with the difference between the settlement and actual cost of repairs. Applicants should keep receipts. You may receive an automated phone call, text message or email offering additional resources available to you.

## U.S. Small Business Administration provides personal help, loans

The Small Business Administration offers low-interest loans after a disaster to help businesses of all sizes, non-profit organizations and individual households. Representatives of businesses of all sizes, non-profit organizations and individual households are welcome to visit SBA Business Recovery Centers here:



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**Pottawattamie County**

Minden Fire Station  
Meeting Rm.  
205-207 Main St.  
Minden, IA 51553  
9 a.m.–6 p.m. Monday-Friday  
8 a.m.–2 p.m. Saturdays

**Polk County**

Hyatt Place West Des Moines –  
Jordan Creek Boardroom  
295 S. 64<sup>th</sup> St.  
West Des Moines, IA 50266  
9 a.m.–6 p.m. Monday-Friday  
8 a.m.–1 p.m. Saturdays

**Sioux County**

Centre Mall  
251 N. Main Ave, #212  
Sioux Center, IA 51250  
9 a.m.–6 p.m. Monday- Friday:  
9 a.m. – 1 p.m. Saturdays

For more SBA Disaster info, visit: [Disaster assistance](#) | U.S. Small Business Administration ([sba.gov](#))

## Agriculture Recovery Center to Open in O’Brien, Woodbury counties

State, federal and local agencies, in conjunction with farming industry groups, will host two Agriculture Recovery Center events to help Iowans recover from spring tornado, flood and storm damage.

**August 22**

Woodbury County  
Correctionville Community Center  
312 Driftwood St.  
Correctionville, IA  
noon – 8 p.m.

**August 27**

O’Brien County)  
Sheldon Community Service Center  
416 19<sup>th</sup> St, 3<sup>rd</sup> Floor,  
Sheldon, IA 51201  
noon – 8 p.m.

The walk-through events, designed as a resource fair, will provide information on addressing agricultural or rural needs that are not covered by standard programs offered by FEMA or the state of Iowa. The U.S. Department of Agriculture, the Iowa Insurance Division and other government agencies are working with industry organizations such as Iowa Pork Producers, Iowa Soybean and Iowa Cattlemen to ensure unmet needs are identified and resources are shared.

## Helpful Information

- For information on numerous Iowa Disaster Recovery Assistance Programs, click here [State of Iowa Assistance](#)
- [How to Document Flood Damage Insurance Claims \(floodsmart.gov\)](#)
- Mold Problems and Solutions: If your home was flooded, mold may be present and can pose a health risk. You may see or smell mold on clothing, drywall or furniture, and it may be hidden under or behind items like flooring, appliances or walls. Drying your home and removing water-damaged items is the most important step to repair mold damage. [Post-Flood Clean-Up Resources](#) | [iowa.gov](#) [Homeowners and Renters Guide to Mold Cleanup after Disasters](#)
- Disaster Recovery Farm Interest Program (DRFIP): <https://www.iowafinance.com/disaster-recovery-farm-interest-program-drfip/>
- The Iowa Homeland Security Emergency Management Department coordinates the Iowa Hazard Mitigation



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Program which works to reduce or eliminate long-term risk to people and property from natural hazards and their effects. For more information on the grant program visit [Hazard Mitigation | Homeland Security and Emergency Management \(iowa.gov\)](#)

- The U.S. Department of Agriculture’s [disaster assistance fact sheet](#) for Iowa is a one-stop-shop of Rural Development (RD) programs and contact information that can be used to help people and businesses in rural Iowa rebuild and recover from severe weather and natural disasters. Additional resources are listed: <https://www.rd.usda.gov/resources/rural-development-disaster-assistance>.
- Free Legal Assistance [Legal Aid of Iowa’s Disaster Relief Project](#) provides information and legal assistance for disaster survivors regarding insurance, housing contractor fraud and document replacement. The Hotline 1-866-761-4692 is open 24 hours a day, seven days a week. Survivors can also email: [disaster@iowalaw.org](mailto:disaster@iowalaw.org).

## Disaster recovery websites and social media channels

Please visit these websites and follow us on social media for timely and accurate information. Websites:

- [DisasterRecovery.iowa.gov](http://DisasterRecovery.iowa.gov)
- FEMA’s Iowa Recovery Page: [fema.gov/disaster.4796](http://fema.gov/disaster.4796), [fema.gov/disaster/4779](http://fema.gov/disaster/4779) and [fema.gov/disaster/4784](http://fema.gov/disaster/4784)
- Download and use the [FEMA app](#)

Social Media:

- Facebook: Iowa Department of Homeland Security and Emergency Management [facebook.com/iowaHSEMD](https://facebook.com/iowaHSEMD)
- X (Formerly Twitter), Iowa Department of Homeland Security and Emergency Management: [x.com/iowaHSEMD](https://x.com/iowaHSEMD)
- FEMA Region 7: [x.com/femaregion7](https://x.com/femaregion7)

Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency, or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 833-285-7448. Press 2 for Spanish.

###

*FEMA’s mission is helping people before, during and after disasters.*

# RAYS

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## What is the Program?

RAYS is a scholarship program for eligible youth to help cover costs for a multitude of activities including but not limited to: sports registration, band, dance, and other recreational programs. The RAYS scholarship can provide up to \$100 per individual, and has a limit of \$200 per household.

## Am I eligible?

To receive a RAYS scholarship the child must be under 18 and living in one of our service counties (Boone, Jasper, Marion, Polk and Warren). Your household income must be at or below 200% of the Federal Poverty Level to qualify for RAYS. Funding availability does vary.

To apply for this program, please call [515-518-4770](tel:515-518-4770).

## What documentation is required?

- Identification for all household members
- Proof of the last 30 days of income or previous year's income
- Invoice, estimate of cost of program, or registration form

# Low-Income Home Energy Assistance Program (LIHEAP)

## What help is available?

We will be taking applications for the 2024–2025 Low-Income Home Energy Assistance Program (LIHEAP) beginning October 1, 2024 through April 30, 2025. Those eligible to apply include households with elderly members age 60 or older, or have a family member who is disabled. Applications for all other income-eligible households will begin Friday, November 1, 2024.

Your household may be able to receive a one-time payment for your utility bill if you meet [income guidelines](#). Assistance level depends on income level, family size, the type of fuel you use to heat your home and other factors. If you heat your home with liquid propane (LP), you can qualify to receive a delivery of propane through this program.

If you have received a disconnection notice or if you are disconnected from your power source, we may have funding to assist you. Please read below for more information on how to contact us and apply for assistance.

## When can I apply?

Next time LIHEAP applications will be accepted is October 1, 2024 through April 30, 2025, annually.





# MAYTAG PARK HOLIDAY LIGHTS

PRESENTED BY CLEMON-MAKI INSURANCE

## 2024 LIGHT DISPLAY SPONSORSHIPS

We're expanding our display and we need sponsors! Sponsorship includes sign in the park next to the display and listing on the City's website. *Forms & payments are due by September 20, 2024.* Send checks and forms to: Newton Parks & Recreation; 303 W 4th Street N, Suite 501; Newton, IA 50208. Checks should be made payable to City of Newton, noting Maytag Park Holiday Lights. *(We can also accept credit card payments at the office; an additional fee will be charged)*

**NAME/BUSINESS NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP CODE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**TEXT FOR SIGN:** \_\_\_\_\_

IN MEMORY OF SIGNS HAVE A LIMIT OF 25 CHARACTERS (INCLUDING SPACES; EXCLUDING THE WORDS "IN MEMORY OF")  
BUSINESS OR FAMILIES SIGNS HAVE A LIMIT OF 35 CHARACTERS (INCLUDING SPACES)

- |   |   |
|---|---|
| <input type="checkbox"/> Poinsettia.....\$250                   | <input type="checkbox"/> Dancing Candy Canes (Animated).....\$825       |
| <input type="checkbox"/> Holly.....\$300                        | <input type="checkbox"/> Nutcracker.....\$850                           |
| <input type="checkbox"/> Lamppost.....\$350                     | <input type="checkbox"/> North Pole Corn Hole (Animated).....\$1,100    |
| <input type="checkbox"/> Giant Holiday Light Bulbs.....\$350    | <input type="checkbox"/> Snow Couple (Animated).....\$1,150             |
| <input type="checkbox"/> Red Wagon.....\$375                    | <input type="checkbox"/> Let It Snow (Animated).....\$1,200             |
| <input type="checkbox"/> Cupcake.....\$400                      | <input type="checkbox"/> Dump Truck (Animated).....\$1,400              |
| <input type="checkbox"/> Decorated Wreath.....\$500             | <input type="checkbox"/> Run Snowman Run (Animated).....\$1,450         |
| <input type="checkbox"/> Dancing Ballerina (Animated).....\$575 | <input type="checkbox"/> North Pole Arch (Animated).....\$2,000         |
| <input type="checkbox"/> Juggling Elf (Animated).....\$600      | <input type="checkbox"/> Penguin Ice Cream Slide (Animated).....\$2,050 |
| <input type="checkbox"/> Tree with Ornaments.....\$700          | <input type="checkbox"/> North Pole Train (Animated).....\$3,150        |
| <input type="checkbox"/> Angel (Animated).....\$750             | <input type="checkbox"/> Gingerbread Jungle Gym (Animated).....\$3,200  |
| <input type="checkbox"/> Candles (Animated).....\$800           | <input type="checkbox"/> Carousel (3D + Animated).....\$6,900           |
| <input type="checkbox"/> Christmas Cow.....\$800                |   |

IMAGES OF THE DISPLAYS ARE INCLUDED ON THE BACK OF THIS SPONSORSHIP FORM



House of Mercy  
 1409 Clark Street  
 Des Moines, IA 50314

T (515) 643-6500  
 F (515) 643-6598  
<https://www.mercyone.org/desmoines/house-of-mercy/>

**House of Mercy Overview:**

House of Mercy is dedicated to making the community a healthier place by offering treatment for substance use disorders and mental health services to individuals and families. Accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and National Association of Education of Young Children (NAEYC) and licensed by the Iowa Health and Human Services (HHS).

House of Mercy - Des Moines 1409 Clark Street Des Moines, IA 50314 T (515) 643-6500 F (515) 643-6598 SUD Walk-in Hours, Monday-Friday, 9am-2pm	House of Mercy - Newton 200 North 8th Avenue East Newton, IA 50208 T (641) 792-0717 F (641) 792-0730 SUD Walk-in Hours, Tuesday and Thursday, 9:00a-12:00p	House of Mercy - Indianola 310 North Buxton Street Indianola, IA 50125 T (515) 358-7610 F (515) 962-1685 SUD Walk-in Hours, Tuesday & Thursday 9a-12p
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**Grant Outreach Initiatives:**

- Iowa Provider Network (IPN) (Block Grant)
- Iowa Homelessness Grant (TIEH)
- State Opioid Response Grant (SOR3)
- SBIRT Grant (MercyOne trauma, pain clinics and emergency department)
- Pregnant and Postpartum Women's grant (PPW)

**Family Programming:**

- 24/7 Dad's group
- Circle of Security
- Family Orientation Group

**Substance Use Disorder Treatment Levels of Care provided:**

- Outpatient for men/women/adolescents
- Residential for single women and women with children.
- Recovery Housing for women and children

**Mental Health Services Provided:**

- Outpatient Mental Health Therapy
- Psychiatric services (adult)
- Some of our specialties include:
  - Child Parent Psychotherapy (CPP)
  - Cognitive Behavioral Therapy (CBT)
  - Eye Movement Desensitization and Reprocessing (EMDR)
  - Intuitive Eating
  - Dialectical Behavior Therapy (DBT)

*Newton, Peer Support, Opioid Settlement Funds for Jasper Co.  
 Contact: Kendi McCollum  
 Tel: 641-792-0717  
 Email: kendi.mccollum@mercyone.org.*



# Just for Job-Seekers: Resume & Tech Support

**One-on-One  
assistance  
with your  
resume or job  
application**

**Appointments  
available  
Wednesday  
afternoons  
-  
Additional  
times upon  
request**

**Never had a  
resume?  
  
No idea how  
to get  
started?  
  
We can help!**

Work on your resume, edit your cover letter, or complete an online application during our job-seeker support hours. Appointments are required to ensure that staff dedicate enough time to address your unique career search needs.

Please contact Public Services Librarian, Becca Klein  
at 641-792-4108 to schedule your appointment.



**Newton Public Library**  
100 N 3rd Ave W.  
Newton, Iowa 50208 | 641-792-4108  
[www.newtongov.org/90/Library](http://www.newtongov.org/90/Library)



## ***DANGERS OF VAPING: What Parents Need to Know in 2024***

**TUESDAY, SEPTEMBER 10 | 12 PM EST | ZOOM**

This school year, youth vaping is as big an issue as ever, especially given growing mental health challenges the youth. Behind the bright colors and sweet flavors of e-cigarettes are harmful chemicals and nicotine addiction. Join us to learn the essentials for helping kids avoid or quit vaping. Register today by [clicking here](#) or using the QR code above.

**FREE AND  
OPEN TO THE  
PUBLIC!**

**ParentsAgainstVaping.org**



**Kickoff Meeting**

**September 11<sup>th</sup>, 2024**

**at 6PM**

**Emergency Operations Center**

**Armory Annex Building**

Did you know?



Over 95% of the time, a citizen is the first one to respond to an emergency before a professional responder can arrive. Knowing what to do in a time of emergency can help save a person's life.



Studies show that communities with well-prepared civilian responders can reduce the impact of disasters. When civilians are trained and ready, they can provide critical support, save lives, and help ensure a faster recovery.

**Strength lies in community, and resilience is built through preparedness.**

**Together, we can face any challenge and emerge stronger.**

## Jasper County CERT Will you be ready

Emergencies and disasters can strike at any moment, and being prepared can mean the difference between life and death. Those who are trained and ready can act decisively to save lives and mitigate damage, while those unprepared may find themselves unable to help. Be the person who makes a difference. Equip yourself with the skills and knowledge to support your family, your community, and your country in facing the very real threats of today. Do the right thing—get trained, be prepared, and stand ready to help when it matters most.



More Information

[www.jasperema-hls.org](http://www.jasperema-hls.org)

[em@jasperema-hls.org](mailto:em@jasperema-hls.org)



Jasper County EMA

1030 W. 2nd St S, Newton, Iowa 50208



## Jasper County Community Emergency Response Team (CERT)

When a disaster strikes, will you be ready?



## About the team

The Jasper County Community Emergency Response Team (CERT), a division of Jasper County Emergency Management, is a dedicated group of volunteers committed to making our community safer, stronger, and better prepared for emergencies. Our mission is to educate and train citizens to respond effectively to disasters, providing critical support to first responders and ensuring the well-being of our neighbors during times of crisis.

## What we do

### ★ Training and Education:

We offer comprehensive training programs that equip community members with essential skills in disaster preparedness, fire safety, medical operations, search and rescue, and team organization.

### ★ Emergency Response:

During emergencies, our trained volunteers assist with evacuation procedures, triage and medical aid, search and rescue operations, and logistical support. We also focus on first responder rehabilitation, ensuring that all responders have the resources and support they need to achieve the best possible outcomes.

### ★ Community Outreach:

We actively engage with the community through educational events, preparedness drills, and public awareness campaigns, fostering a culture of readiness and resilience.

## Get Involved

At Jasper County CERT, we believe everyone has a role in creating a resilient community. Whether you're a seasoned volunteer or new to emergency response, there is a place for you on our team. We welcome individuals of all ages, backgrounds, and skill levels. From administrative support and logistics to hands-on emergency response and community education, your unique skills and talents can make a real difference. Gain valuable skills in disaster preparedness, first aid, fire safety, and more, while contributing to the safety and well-being of Jasper County. Join a dedicated team of like-minded individuals, build lasting friendships, and help ensure that our community is ready to face any challenge.

## Why Join Us

### ✔ DIVERSE ROLES

From administrative support and logistics to hands-on emergency response and community education, there is a job for everyone. Your unique skills and talents can make a real difference.

### ✔ INCLUSIVE ENVIRONMENT:

We value the diverse experiences and perspectives that each volunteer brings. Regardless of your background, you have a vital role to play in our efforts.

### ✔ EMPOWERMENT:

Gain valuable skills in disaster preparedness, first aid, fire safety, and more. Be equipped to protect yourself, your family, and your community.



Disaster response is not just about immediate action; it's about making a lasting difference. Every moment of preparedness, every act of courage, and every helping hand can transform a crisis into a testament of resilience.

## Why Join Us

### ✔ COMMUNITY IMPACT:

Help ensure that Jasper County is ready to face any challenge. Your contribution can provide critical support to first responders and enhance community resilience.

### ✔ CAMARADERIE:

Join a dedicated team of like-minded individuals who share a passion for community service and disaster preparedness. Build lasting friendships while making a difference.

### ✔ EMPOWERMENT:

Gain valuable skills in disaster preparedness, first aid, fire safety, and more. Be equipped to protect yourself, your family, and your community.

# Ice Cream Social



**TUESDAY, AUGUST 20TH, 2024**

*Free to the community*

**DINNER AT 5:30 PM**

**ICE CREAM SOCIAL AT 6:00 PM**

**\*NO lesson this evening**

Discover Hope 617  
783 Tut Ave E  
Newton MA  
[www.discoverhope617.org](http://www.discoverhope617.org)



Today



# Science of Parenting

## Understanding Research and Reality

Thursday, August 8, 2024 12:00-1:00 p.m.

Register online: <https://go.iastate.edu/VOPH14>

(Approved for foster parent credit) How can parents use research to help inform the realities of parenting? Learn about how parenting realities are different and discover helpful parenting tools and techniques.

## Understanding Temperament

Thursday, August 15, 2024 12:00-1:00 p.m.

Register online: <https://go.iastate.edu/WV1VTO>

Every child is unique, and their individual temperament is one of the biggest reasons why! This workshop will introduce you the individual temperament traits and offer an opportunity to explore how your child's temperament can impact their feelings and behaviors.

## Children's Ages and Parenting Stages

Thursday, August 22, 2024 12:00-1:00 p.m.

Register online: <https://go.iastate.edu/KJKJMP>

Just like our kids grow through different ages, we go through stages as parents, too! Learn about those stages, your child's development, and tips for adapting your parenting to your child's age and abilities.

## Positive Discipline

Thursday, August 29, 2024 12:00-1:00 p.m.

Register online: <https://go.iastate.edu/LK5JPL>

(Approved for foster parent credit) Parents often say guidance and discipline is their number one concern. This workshop will help you see positive discipline as an opportunity to build positive parent-child relationships. Learn about the difference between discipline and punishment.



### QUESTIONS?

Contact Barb Dunn Swanson

[bdswanso@iastate.edu](mailto:bdswanso@iastate.edu)

563-886-6157



**FREE for ALL PARTICIPANTS! | [WWW.SCIENCEOFPARENTING.ORG](http://WWW.SCIENCEOFPARENTING.ORG)**

# A Journey Through **PARKINSON'S** DISEASE



If you are struggling with Parkinson's disease (PD) or know someone who is, it's helpful to know where to find support on the journey. Learn about the causes, symptoms, and treatments of PD and therapeutic activities that can be done in the home.

**THREE, ONE-HOUR  
VIRTUAL SESSIONS**

**NO COST**



**TO REGISTER**  
[extension.iastate.edu/human  
sciences/parkinsons](https://extension.iastate.edu/human-sciences/parkinsons)

**2024 UPCOMING DATES:**

**OCTOBER 14, 21, 28**

**Mondays at 3 p.m.**

**For more information, contact**

**Leah Brooke**

**[lbrokee@iastate.edu](mailto:lbrokee@iastate.edu) | 712-789-0372**

# GARAGE & BAKE SALE

When: Thursday, September 5: 8 AM-5 PM  
Friday, September 6: 8 AM-5 PM

Baked goods available until sold out

Where: Jasper County Community Center  
2401 1st Avenue East, Newton

Proceeds Benefit Jasper County Elderly Nutrition

What is Jasper County Elderly Nutrition?

Jasper County Elderly Nutrition serves anyone 60 years of age or older and their spouse (spouse need not be 60). Home delivered meals are provided throughout Jasper County. Congregate meal sites are available in Colfax, Monroe, & Newton. The program is funded by Aging Resources of Central Iowa, Jasper County, donations from clients, Medicaid, EFSP funds from United Way, memorials and fundraising events.

TO DONATE ITEMS AND/OR BAKED GOODS  
CALL 641-792-7102

(No clothing—non food donated items for the sale can be dropped off Wednesday, Aug. 28 and Thursday, Aug. 29 from 8 AM-4 PM or by appointment (please mark your items with a price)

Baked Goods may be dropped off Wednesday, September 5.

# Cookies for a Cause

August 5th - September 30th



For every Bakery fresh 12ct cookie package sold,  
\$1 goes to Open Arms Foundation of Jasper county

Progress Ind  
Date: 9/12/24

## TEE OFF FOR A CAUSE

Join us for a day on the green as we celebrate 45 years of dedicated service to individuals with disabilities. This milestone event is more than just an opportunity to play 18 holes of golf; it is a fundraiser that supports essential programs for people with disabilities. Your participation and support help us continue our mission, providing invaluable resources and opportunities to those who need them most.

## Celebrating 45 Years of PROGRESS

Since 1979, Progress Industries (P.I.) has been a Provider of Choice for services to support individuals with disabilities to achieve fulfilling lives in their communities. Through a variety of programs, P.I. supports people to live independently, secure meaningful employment, and engage in life enrichment activities.

For information or to get involved, email [melissa.butler@progressindustries.org](mailto:melissa.butler@progressindustries.org) or call/text 641-275-3392.



## OAKLAND ACRES GOLF CLUB

13476 Highway 6 E  
Grinnell, IA 50112

## MORE INFO

[melissa.butler@progressindustries.org](mailto:melissa.butler@progressindustries.org)  
Call or Text: 641-275-3392  
[www.progressindustries.org](http://www.progressindustries.org)



## PROGRESS GOLF OUTING

SEPTEMBER 12, 2024

**progress**

## EVENT DETAILS

REGISTRATION	9AM
SHOTGUN START	10AM
LUNCH AVAILABLE	11AM -1PM
SCORING/PRIZES	3PM

## CONTESTS

- 50/50 Raffle
- Longest Putt
- Longest Drive
- Closest to the Pin

**50/50  
Raffle**

## PARTICIPANTS

- INDIVIDUAL: \$75
- 4-PERSON GROUP: \$300

## SPONSORSHIP LEVELS

- LUNCH SPONSOR: \$1500

- Golf for four (4), including cart rental and lunch
- Logo recognition on event signage, website and social media
- Recognition at golf start and post-outing event
- Company banner displayed at the outing

- TEE SPONSOR: \$250

- Logo recognition on event signage, website and social media.

### Sign Up

**Online:** [www.progressindustries.org](http://www.progressindustries.org)

**Mail form and payment to: P.I.**

**Foundation, 202 N. 3rd Ave. W., Newton, IA 50208**

**[melissa.butler@progressindustries.org](mailto:melissa.butler@progressindustries.org)**

**Call or Text: 641-275-3392**

## REGISTRATION

Complete the registration form below to join P.I.'s 45th-anniversary golf outing.

FULL NAME

PHONE NUMBER

EMAIL ADDRESS

ADDRESS

PARTICIPANT NAME(S)

- 1.
- 2.
- 3.
- 4.



# My Pretty Pony Camp at Wolfe Ranch

September 7th  
9-12

Ages 5-10  
\$35 per child  
Limit of 15 Campers

**Crafts**

**Brushing**

**Riding**

**And More!**

For more info or to register email  
[syork@wolferanchquakerdale.org](mailto:syork@wolferanchquakerdale.org)

2932 240th Street, Marshalltown, IA 50158



2024 Issue

# RED RIBBON CAMPAIGN®

Parent / School Planning Guide

NATIONAL FAMILY PARTNERSHIP PRESENTS



**LIFE IS A  
MOVIE,  
FILM DRUG FREE.™**



COMING SOON

RED RIBBON WEEK® OCTOBER 23-31

[WWW.REDRIBBON.ORG](http://WWW.REDRIBBON.ORG)







WRITING TO READ  
(PEN-PAL)  
VOLUNTEER MEETING  
AUGUST 22ND, 2024  
10AM-12PM

PEN PAL VOLUNTEER MEETING TO  
DISCUSS UPCOMING PROGRAM  
DETAILS ARE RECEIVE NEW PACKETS

From RSUP

# Major Grants Master Class

PRESENTED BY



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Webinar, August 27, 2024

11 a.m. - 2 p.m.

Cost: \$25

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Whether you're looking for next-level funding for your organization or want to increase your competitiveness with federal, state, or large private-foundation applications, this deep-dive training with nationally-respected experts is for you.

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**MAGGIE PERRY**  
PRE-PLANNING FOR  
LARGE GRANTS



**LISA GREEN**  
ALIGNING YOUR  
PROPOSAL TO  
FEDERAL BUDGETS



**RACHEL WERNER**  
BUILDING  
A STRONG  
COMPLIANCE TEAM

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**SCAN THE QR CODE FOR MORE  
INFORMATION AND TO REGISTER.**  
LINK = [TINYURL.COM/CN5H9RU6](https://tinyurl.com/cn5h9ru6)

**3 EDUCATION POINTS FOR CFRE AND GPC.**  
QUESTIONS? [CENTRALIOWAGPA@GMAIL.COM](mailto:CENTRALIOWAGPA@GMAIL.COM)



# JASPER COUNTY

## COMMUNITY HEALTH ASSESSMENT

# Town Hall Meeting

September 11, 2024 10:30 AM- noon

**Location:** DMACC Newton  
Conference Room, 600 N 2nd Ave W, Newton, IA

You are invited to join MercyOne Newton, Jasper Co. Health Dept. & numerous community partners are collaborating to launch the 2025-28 Jasper Co. Health Assessment.

RSVP for **lunch** by 8.30.2024

Email: [pr@mercyoneiowa.org](mailto:pr@mercyoneiowa.org)



**Jasper County**  
**Community Health Improvement Plan**  
**Dates: 2022-2025**

- 1. Mental Health**
- 2. Substance Misuse**
- 3. Wellness**
- 4. Homelessness**
- 5. Childcare**
- 6. Healthcare Staffing**
- 7. Update ER**
- 8. Health Transportation**
- 9. Primary Care**
- 10. Housing**

What will the "TOP"  
needs be on the next  
assessment?

# 4 AREAS- GAPS?

<b>1. Access to Medical Care</b>	<b>2. Mental Health/Disorders, Substance Misuse, Alcohol, Tobacco, Addictive Disorders</b>	<b>3. Active Living &amp; Healthy Eating, Lifestyle</b>	<b>4. Social, Economic, &amp; Environmental</b>
<ol style="list-style-type: none"> <li>1. Workforce Shortage</li> <li>2. Transportation</li> <li>3. Lack of Ins./ Medicaid</li> <li>4. Dental Care</li> <li>5. Lack of Preventive</li> <li>6. Medications</li> <li>7. Lack of Quality</li> <li>8. Home Care/Hospice</li> <li>9. Hospital</li> <li>10. Emergency Care</li> <li>11. Specialty Care</li> <li>12. Prenatal&amp;postpartum</li> <li>13. Long Term Care, Adult Day, Assisted living</li> <li>14. Other:</li> </ol>	<ol style="list-style-type: none"> <li>1. Workforce Shortage</li> <li>2. Crisis Intervention</li> <li>3. Suicide</li> <li>4. Drug overdoses</li> <li>5. Prevention</li> <li>6. Schools &amp; kids</li> <li>7. Treatment &amp; Inpatient</li> <li>8. Binge Drinking</li> <li>9. Alcohol-impaired driving deaths</li> <li>10. Jail &amp; legal issues</li> <li>11. Low reimbursement</li> <li>12. Stigma</li> <li>13. Support Systems/Peer</li> <li>14. Other:</li> </ol>	<ol style="list-style-type: none"> <li>1. Environment</li> <li>2. Wellness Programs</li> <li>3. Physical Activity</li> <li>4. Prevention Chronic Disease/Cancer</li> <li>5. Obesity</li> <li>6. Food Insecurities</li> <li>7. Fall Prevention</li> <li>8. Socialization</li> <li>9. Independent Aging</li> <li>10. Sexual Health</li> <li>11. Premature death</li> <li>12. Breastfeeding</li> <li>13. Stress</li> <li>14. Other:</li> </ol>	<ol style="list-style-type: none"> <li>1. Workforce Shortage</li> <li>2. Lack of Job Training</li> <li>3. Unaffordable Housing or Homeless</li> <li>4. Lack of basic needs, food, utilities, clothes, transportation, etc.</li> <li>5. Violence, Abuse</li> <li>6. Injury Prevention</li> <li>7. Childcare</li> <li>8. Parenting</li> <li>9. Education/College</li> <li>10. Health Equity</li> <li>11. Economic Instability</li> <li>12. Vulnerable Population</li> <li>13. Lack of Resources</li> <li>14. Other:</li> </ol>

For the CHA Town Hall  
9.11.2024

Jasper Co. Community Input Survey Summary- May 24					
Most important strengths for a healthy Jasper County (Free text-top themes)		#	#		
Healthcare	17.55%	1	Healthcare		
Sense of community	9.27%	4	Mental Health		
Housing	6.71%	4	Housing		
Mental health	5.72%	2	Mental Health		
Needed health improvements in Jasper County (Free text-top themes)					
Healthcare (including access to primary care & specialists)	21.71%	1	Healthcare		
Mental health	16.63%	2	Mental Health		
Substance misuse	7.39%	2	Substance Misuse		
Emergency room	6.70%	1	Healthcare		
1 ACCESS TO HEALTHCARE					
Barriers to healthcare					
Cost	49.07%	1	4	Healthcare	Economics
Work or school conflicts	39.44%	1		Healthcare	Economics
Difficult to get an appointment (wait list)	33.54%	1		Healthcare	Shortage
Lack of providers	29.81%	1		Healthcare	Shortage
The time of the appointment	28.88%	1	4	Healthcare	Economics
Lack of insurance or insurance coverage	23.29%	1	4	Healthcare	Economics
Don't want to seek care	12.42%	1	2	Healthcare	Mental Health?
Transportation	5.90%	1	4	Healthcare	Transportation
Getting out of the house	2.80%	1	3	Healthcare	Active
Healthcare					
Quality of healthcare delivery in Jasper County (out of 5)	3.3	1		Healthcare	Quality
Received services outside Jasper County	84.05%	1		Healthcare	
Dental visit in the last year	76.69%	1		Healthcare	Dental
Primary provider in Jasper County	69.54%	1		Healthcare	Primary care
2 MENTAL HEALTH, SUBSTANCE, ADDICTIVE					
Mental health & substance misuse					
Fair or poor mental health	30.73%	2		Mental Health	
Know someone who talked about/attempted/died by suicide	79.67%	2		Suicide	
Personally impacted by substance misuse	74.19%	2		Substance Misuse	
3 ACTIVE LIVING, HEALTH EATING/LIFESTYLE					
Health behaviors and risk factors					
Less physically active than peers	27.84%	3		Active	
Recommended fruit/vegetable intake	12.33%	3		Food	
Chronic disease & injury					
Individual in household has/at risk for a chronic disease	89.01%	3		Healthcare	
Experienced a fall with injury in the last year	9.73%	3		Active	
4 SOCIAL, ECON, & ENV					
Social and community					
Overall availability of support services in Jasper County (out of 5)	3.5	4		Resources	
Social contacts less than once a week	6.50%	4		Social	
Aware of community resources	56.45%	4		Resources	
Unable to get childcare when needed	23.71%	4		Childcare	
Economic stability & income					
Not enough money to purchase healthy food	17.52%	4		Food	Economics
Trouble paying for childcare	6.65%	4		Childcare	Economics
Trouble paying for food	17.17%	4		Food	Economics
Trouble paying for housing	12.74%	4		Housing	Economics
Trouble paying for medication	14.96%	4	1	Healthcare	Economics
Trouble paying for medical appointments	16.90%	4	1	Healthcare	Economics
Trouble paying for transportation	6.65%	4		Transportation	Economics
Trouble paying for utilities	15.51%	4		Housing	Economics
Trouble paying for something else	2.49%	4		?	Economics
Housing					
Have a steady place to live today, but worried about losing it in the future	3.80%	4		Housing	
Worried that in the next two months may not have stable housing	3.54%	4		Housing	

For the CHA Town Hall  
on 9.11.2024