### **Jasper County Board of Health**

Mission: Protecting and improving the health of Jasper County.

Thursday, November 14, 2024, at 11 AM

Jasper Co. Office Building, 315 W. 3rd St. N., Large Conference Room, Newton, Iowa

Zoom via the link at the end of the agenda

**Tentative Agenda:** 

**1. Call to Order** (by Chair) Time:

#### 2. Roll call

Jasper County Board of Health members.

- □ Julie Smith
- □ Dr. Andrew Cope
- Donna Akins
- □ Jody Eaton
- □ Denny Stevenson, New BOH member to be appointed by the Board of Supervisors.

#### 3. Introduction of others present:

#### 4. Approval of Minutes: (Action)

September 12, 2024 (Attachment, 3 pages)

- 5. Agenda, consider and approve: (Action) (Attachment, 2 pages)
- 6. Citizen comments: The public may comment on public health items. (Limit to 3 minutes)
- 7. Other Outside Agency Reports: (Information)
  - 1.) <u>Environmental Health</u>: (Attachment, 2 pages) September and October report Jamie Elam: Community Development, subcontract Environmental
  - 2.) <u>MICA:</u> Megan Thompson, Board of Health Report for September 2024. (Attachment, 2 pages)
  - 3.) <u>American Lung of Iowa:</u> Emma Krapfl (Attachments, 7 pages)

#### Old Business:

- 8. IHHS updates: Information Only
  - Iowa's Local Governmental Public Health System: Results of the 2023 Local Public Health Systems Survey. Dated 7/31/2024 Weblink: <u>2023 Iowa HHS Local PHSS 7.31.2024</u>
  - 2023 Local Public Health Structures. Dated 7/31/2024 Weblink: <u>2023 Local Public Health Structures</u>
  - Meetings: Becky attended the Administrator meeting in Des Moines on 9/25/2024. Public Health Office Hours on 10/1/2024 and 11/5/2024.

LPHS Administrator's regional meeting on 10/25/2024.

#### 9. Board of Health members: Information Only

The Board of Supervisors approved the following on 9/17/2024.

- New member term will replace Denny Stevenson's term. Expires on 12/31/2026.
- Julie Smith's current term ends 12/31/2024. Reappointed on 9/25/2024 by the Board of Supervisors for 3 years and will end on 12/31/2027.
- Dr. Andrew Cope's current term ends 12/31/2024. Reappointed on 9/25/2024 by the Board of Supervisors for 3 years and will end on 12/31/2027.

#### New Business:

10. Board of Health dates for 2025 (Action) (Attachment, 1 page)

11. Administrator report- Information only. Becky Pryor

- <u>Jasper County Health Department monthly report</u> (Attachment, 1 page) September/ October
- Local Public Health Services: will spend all grant funds by mid month.
- Jasper County Cares Coalition updates. Last meeting yesterday. Resource guide. Events
  - Subgroups MCH met on 10/9/2024 and discussed where to refer OB patients.
  - Schools: Red Ribbon Week is complete.
- <u>Community Health</u>: Leadership Advisory was held 11/13/2024. The report and plan are in progress.
- <u>Immunizations</u>: Grant complete for FY25.
- <u>PHEP</u>: Emergency Preparedness, no changes. EMA offering free EMT training and CERT volunteers
- <u>Kristina</u>:
  - Immunizations: schools and daycare audits complete except one daycare. Standing orders signed by Dr. Cope. New VFA (Vaccines for Adults) started. Employee influenza vaccines complete. Employee blood draw completed on 10/31/2024. Immunization Summit on 9/24 and was on TB Conference on 10/25/2024.
- <u>Melissa</u>: Homecare updates. CPPC projects, Trick or Treat safety bags, car seats being ordered, Child Abuse Prevention Month planning.
- 12. Next meeting: Date: Thursday, January 9, 2025, 11:00 AM.a. Elect chair

#### 13. Motion to Adjourn: (Action) Time:

Join Zoom meeting \*Note new Zoom link https://jasper.zoom.us/j/81049310464 By phone dial (309) 205-3325 Meeting ID: 810 4931 0464

The virtual meeting option is provided for convenience and cannot guarantee access; if a member of the public wishes to ensure participation in the meeting, they should attend in person.

Contact: Becky Pryor, <u>bpryor@jasperia.org</u> Posted on website, courthouse, and Health Department office bulletin board

### **Jasper County Board of Health- Minutes**

Thursday, September 12, 2024

Jasper Co. Office Building, 315 W. 3rd St. N., Large Conference Room, Newton, Iowa Zoom via the link at the end of the agenda

#### 1. Call to Order Time: 11:00 AM

#### 2. Roll call

Jasper County Board of Health members: Julie Smith, Donna Akins, Denny Stevenson. Zoom: Jody Eaton. Not present: Dr. Cope

- **3.** Introduction of others present: Staff: Becky Pryor, Kristina Winfield, Melissa Gary. Outside Agencies: Jamie Elam Community Development, Environmental Health
- 4. Approval of Minutes: July 11, 2024, meeting. See 2-page attachment.

Motion: Donna Akins Second by: Jody Eaton Motion passed: unanimously

5. Agenda: Consider and approve: Added the VFA 9/6/2024 agreement. See 2-page attachment. Add immunization policy and standing orders policy. See new attachments. **Motion:** Denny Stevenson

Second by: Donna Akins

Motion passed: unanimously

- 6. Citizen comments: None
- 7. Other Outside Agency Reports:

**Environmental Health**: July and August report. See 1-page attachment Jamie Elam: Community Development: Jamie stated it is a busy time of the year for him. They completed the FY24 Grants to Counties in July and are approved for FY25 Grants to Counties that started July 1, 2024.

#### Old Business:

- 8. **IHHS updates**: New behavioral health districts map 8.2024. Numerous meetings are scheduled. See 1-page attachment. Public Health System Alignment, IHHS, 2024 slides presented. Information only.
- 9. **Board of Health members**: Recommendations for the Board of Supervisors by the end of the year. See 1-page attachment.
  - Denny Stevenson will be departing the Board of Supervisors and the Board of Health in November. This will be Denny's last meeting.
  - Julie Smith's term ends 12/31/2024. Julie stated she would like to serve another term on the Board of Health.
  - Dr. Andrew Cope's term ends 12/31/2024. He also serves as medical director. In an email to Becky, Dr. Cope stated he would like to continue to serve on the Board of Health.
  - Becky will write to the Board of Supervisors with the Board of Health's recommendations for Dr. Cope (medical director) and Julie Smith to serve another 3-year term. Becky will also speak with the Board of Supervisors about recommendations for Denny's replacement on the Board of Health. **Motion:** Donna Akins

Second by: Denny Stevenson Motion passed: unanimously

#### New Business:

**10. Chapter 21, Open Meeting, IPIB changes:** Information only. See 11-page attachment. <u>https://ipib.iowa.gov/24ao0006-chapter-21-recent-law-changes</u>

11. Environmental Health: Motion to approve a new subcontract for Private Well grants due to staff change. Board of Supervisors approved the change on 8.27.2024. See 4-page attachment.

Motion: Jody Eaton Second by: Donna Akins Motion passed: unanimously

**12. Public Health Emergency Preparedness POD Plan** 9.2024, (See 1-page attachment.) Motion to approve the PHEP POD plan as presented by Becky Pryor.

Motion: Donna Akins Second by: Jody Eaton Motion passed: unanimously

**13. Public Health Emergency Preparedness NIMS Structure** 9.2024, (See 1-page attachment.) Motion to approve the newest NIMS for the PHEP grant as presented by Becky Pryor.

Motion: Denny Stevenson Second by: Donna Akins Motion passed: unanimously

**14. Annual report for FY24:** (See 1-page summary and presentation which included financial report.) Motion to approve the Jasper County Health Department Annual Report for FY24 as presented by Becky Pryor.

Motion: Donna Akins Second by: Denny Stevenson Motion passed: unanimously

**15. Strategic Plan for FY25:** (See 1-page attachment.) Motion to approve the Jasper County Heath Department Strategic Plan for FY25 as presented by Becky Pryor.

Motion: Jody Eaton

Second by: Denny Stevenson

Motion passed: unanimously

#### 16. Vaccine for Adults (VFA) agreement, along: (See Handouts)

Motion to approve the VFA agreement, immunization policy, and standing orders as presented by Becky Pryor and Kristina Winfield.

Motion: Donna Akins

Second by: Jody Eaton

Motion passed: unanimously

Note: Dr. Cope will need to approve and sign the standing orders also.

#### 17. Administrator report- Becky Pryor

- Jasper County Health Department monthly report (Attachment, 1 page)
- Foundational Public Health Services PHAB (Attachment, 6 pages) Info only.
- Local Public Health Services and Immunization grants for FY25 started.
- Community Health Assessment & Town Hall meeting 9.11.2024 (Attachment, 1 page) Strengths and Gaps of Service from meeting. Went over a few of the top needs in the community including lack of providers for mental health, OB, Medicaid dental. Mental health, substance misuse, lack of childcare providers, lack of affordable housing, lack of transportation, chronic disease and cancer prevention.

- Opioid Settlement new funding awarded. (Attachment, 1 page)
- Jasper County Cares Coalition updates. Online agenda, resource guide.
- Kristina: Immunizations: Back to school immunizations and scheduling school audits; will start next week, and daycare to follow. New VFA (Vaccine for Adults) added to agenda, enrollment complete. Planning employee influenza vaccines and blood draw for County.
- **Melissa:** Homecare updates. Working on CPPC projects, inventory and Stop the Bleed kits complete. Cares updates and events. Office coverage.

18. Next meeting: Date: Thursday, November 14, 2024, 11:00 AM.

Follow-ups: Dr. Cope needs to approve and sign the standing immunization orders, Environmental Health signed agreement back to Board of Supervisors, Environmental, and IHSS, Town Hall follow-up survey, meeting, and report, MCH meeting including OB information on 10/9/2024, POD plan to PHEP coordinator, NIMS due to State in October, State Administrators meeting on 9/17/2024 and regional meetings on 10/25/2024, email to Brandon about Board of Health reappointment of Julie Smith and Dr. Cope, along with Denny Stevenson leaving the Board.

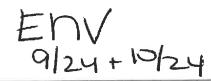
Next agenda: Set dates for 2025.

 19. Motion to Adjourn: Time: 12:01 PM Motion: Donna Akins
Second by: Denny Stevenson Motion passed: unanimously

Board Members Signature Minutes taken by Melissa Gary on 9/12/2024 Date

#### FY25 (7.1.2024 to 6.30.2025)

**Environmental Reporting to Jasper County Board of Health** 



¥.

Environmental Reporting	lut	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Septic Eval & Inspections	5	6	15	9									35
Time of Transfer Inspections	6	4	3	2									15
New Water Wells	0	2	0	1									3
Plugged Water Wells	3	5	0	1									9
Water Tests	3	2	0	0									5
Pool/Spa Inspections	0	0	0	0									0
Tanning Facility Inspections	0	0	0	0									0
Tattoo Facility Inspections	0	0	0	0									0
Septic Tank Pumper Inspections	0	0	0	0									0
Nuisance Complaints	4	4	2	2									12
Rabies / Dog Bites	0	0	0	0									0
Radon Test Kits Sold	1	1	1	0									3
Any Issues or Complaints	0	0	0	0						-			0
	22	24	21	15	0	0	0	0	0	0	0	0	8

	Grants to Counties					
	Wells Plugged	Wells Tested	Results of Test	Well Permits	GTC Quarterly Report	Amt Submitted
1st Quarter GTC 24/25	07/11 Chapman	07/02 Winn		08/09 Parks	Submitted 10/29/2024	\$ 7,796.47
	07/11 Chapman	07/05 Beyer		08/20 Daniels		
	07/23 Newberg	07/12 Hammond				
	08/12 Poole	08/26 Bowman				
	08/12 Poole	08/26 Davis				
	08/13 Dunsbergen					
	08/19 Roush					
	08/21 Key Coop					

Mid-Iowa Community Action (MICA)

Helping People. Changing Lives. Building Communities.

Serving Families in: Boone, Jasper, Poweshiek, Marshall, Story and Tama Counties.

### **Board of Health Newsletter September 2024**

WIC	August
Participation	2024
Marshalltown	1,398
Grinnell	192
Tama	232
Colfax	80
Newton	485
Settlement	24
Boone	244
Ames	1,079
Nevada	134
Traer	23
Brooklyn	28
Agency Total	3,919

\*WIC grant requires participation numbers in all BOH newsletters.

### **Cavity Free Iowa**

*Cavity Free Iowa* is a medicaldental initiative, launched in 2017, focused on early oral health care and prevention of early childhood caries.

MICA's I-Smile Coordinator, Krissy Burma, can train local medical providers in oral health care services including fluoride varnish. Providers can then offer this service at children's well-child visits. The approach streamlines services for families and provides kids easy access to dental care regularly, improving oral health outcomes.

### Program Highlight: Breastfeeding Peer Counseling

During the month of August MICA's WIC Breastfeeding Peer Counseling Program was awarded the 2024 WIC Breastfeeding Award of Excellence for the Exemplary Breastfeeding Support and Practices. Nancy Ranieri, Lead Program Specialist from FNS at the Midwest Regional office and state staff from Iowa Health and Human Services presented the award to the MICA WIC Coordinator and Breastfeeding Peer Counselors on August 9<sup>th</sup>.



The MICA WIC program and the Breastfeeding Peer Counselors celebrated National Breastfeeding Month by hosting a breastfeeding family celebration on August 3<sup>rd</sup> at the Marshalltown Public Library. The event celebrated breastfeeding journeys, provided education related to car seat safety, conscious discipline, infant CPR and First Aid, oral health care, coloring sheets, a photo area, a craft, and cake. The MICA Facebook page highlighted the National Breastfeeding Month weekly themes as well.

The WIC Breastfeeding Peer Counselors continue to provide one on one breastfeeding support to families that are pregnant, breastfeeding and combination feeding. Support is also offered through virtual Breastfeeding Education classes and support groups.

### **Additional Health Program Updates:**

#### Child Care Nurse Consultant (CCNC)

MICA's CCNC Program provides health and safety guidance as well as technical assistance to local childcare providers. Centers and In-Home daycares can receive support from one of MICA's Child Care Nurse Consultants. CCNCs also help providers through the new IQ4K process by completing health and safety checklists.

#### WIC

MICA's WIC program had the opportunity to apply for additional funding through a partnership the state WIC office had with Coffective. Through the Coffective partnership we were offered technical assistance to address barriers breastfeeding families face, we then planned and implemented strategies to address some of the barriers. We partnered with MercyOne in Newton to offer the Iowa Lactation Education course through the Iowa Breastfeeding Coalition. The funding we received covered the cost of the course and the food provided which made the event free to attendees. We also hosted a World Breastfeeding Week event on August 3<sup>rd</sup> in Marshalltown to celebrate breastfeeding. We collaborated with other partners to provide educational opportunities including the Marshall County Sheriff's Department for car seat safety, MICA's Early Childhood Programs for conscious discipline, MICA's I Smile program for oral health information and MICA's Child Care Nurse Consultant for CPR/first aid education. Through the Coffective partnership, we were able to use our funding to provide cake and prize drawings for families who attended the event. Finally, we completed a breastfeeding needs assessment throughout the month of August to better understand the support available to families and the barriers they face. We will use this information to plan future strategies addressing breastfeeding barriers.

#### 1<sup>st</sup> Five

1<sup>st</sup> Five welcomes Dr. Kolker as the new Peer Consultant. Dr. Kolker works at McFarland Pediatrics in Ames. Through the 1<sup>st</sup> Five Peer Consultation program, Dr. Kolker is able to provide technical assistance and support to other pediatric and family practices implementing developmental screenings.

#### Maternal Health

The next Maternal Health Coalition will meet October 9<sup>th</sup> to coordinate local maternal health services. The coalition will meet in person with a virtual option as well. If you work with pregnant or postpartum individuals and are interested in joining the Maternal Health Coalition, contact Jana Larsen, jana.larsen@micaonline.org

#### Child Health

The Child Health Team has completed 115 lead draws since October 1, 2023. This is a gap-filling service for children who are at high risk. If children have a high lead level the nurse connects them to a medical provider for a follow up venous draw and will coordinate care as needed to address risk factors associated with high lead.

#### Pick A Better Snack

Pick A Better Snack is gearing up to start lessons in October, serving fresh pears as the first tasting. This year we will be providing lessons to 2<sup>nd</sup> and 3<sup>rd</sup> graders at MCSD and 1<sup>st</sup> and 2<sup>nd</sup> graders at South Tama Elementary.

#### I-Smile

The I-Smile @ School Team is currently completing oral health screenings at local Head Start classrooms and will be doing school sealants soon. They will be doing free sealants at schools with 40% or higher free and reduced lunch rates.

American Lung Association.

# FY2024 COMMUNITY PARTNERSHIP OVERVIEW

#### Jasper County

The community partnership grant is funded by the Iowa Department of Health and Human Services, Tobacco Prevention and Control.

> organizations implemented comprehensive tobacco and nicotine-free policies.

outreaches were conducted to local organizations for tobacco cessation resources and policy interest.

35

42

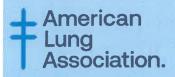
individuals utilized Quitline lowa for tobacco cessation resources and support.

organizations received resources and support to reduce tobacco use rates.

7

organizations who work with youth received vaping education and resources.

Please reach out to Emmaline.Krapfl@Lung.org with any questions or to request support or resources.



# YOU AND ME, TOGETHER VAPE-FREE CURRICULUM

The You and Me, Together Vape-Free curriculum, which is part of the Stanford Tobacco Prevention Toolkit, includes middle and high school programs composed of 6 lessons, approximately 50 minutes each.

Every lesson provides activities, online quiz games, and worksheets in addition to presentations, resources, and other materials aimed at addressing key factors associated with youth e-cigarette use.

#### med.stanford.edu

### The goals of this curriculum are for adolescents to:

Increase their knowledge about ecigarettes and the harms they can cause. Gain awareness of strategies manufacturers and sellers of ecigarettes employ to increase use among adolescents. Gain skills to refuse experimentation and use of ecigarettes. Reduce and prevent ecigarette use of any type, including nicotine, cannabis/THC, and/or nonnicotine products.

Contact Emmaline.Krapfl@Lung.org and Reshana.VanDeuren@Lung.org for more information.

#### **Coalition Meeting Report**

Use this template when reporting to your coalitions. It is expected that information will be shared even if you're not working on a particular WPAG. Upload this document for each coalition meeting in place of the meeting minutes in your lowa Grants Quarterly Report.

County: Jasper

Coalition Name: Jasper County Cares

Meeting date: October 9, 2024

Staff Attended: Emma Krapfl

#### WPAG 1

- ISTEP Updates and chapter registrations
  - ISTEP Chapters this quarter
  - ISTEP Chapters year-to-date
- Presentations scheduled or completed

ISTEP Updates	ISTEP Chapters this Quarter	ISTEP Chapters YTD	Presentations
ISTEP Summit is tomorrow, October 10.	1 chapter renewed	1 chapter renewed	0

#### WPAG 2

- Policies Adopted this quarter
  - TF/NF Policies
  - Smoke Free Homes policies
- Policies in the county total
- Presentations scheduled or completed

TF/NF Policies	SFH Policies	Total County Policies	Presentations
0 – FY25	0 – FY25	46 TF/NF, 24 SFH	0
46 total	24 total	70 total	

#### WPAG 3

- QL Enrollments this quarter
- QL Enrollments year-to-date
- QL program updates
- Presentations scheduled or completed

QL Enrollments Quarter	QL Enrollments YTD	QL Program Updates	Presentations
0	6	None.	0

WPAG 4

- Media sharing, social media posts that coalition members could post on their pages
- Event Updates does the CP need help and coalition members can participate

Media Sharing	Event Updates
Lunglowa on Instagram	No upcoming events, but if anyone would like more information on the initiatives I'm working on this year, please let me know.

Misc

- SFAA enforcement letters sent this quarter:
- Retailer Compliance Check results this quarter
  - Send thank you letters/ Awards to businesses who passed?

SFAA Enforcement Letters	Retailer Compliance Checks	Other
0	0	0

- 2025 Fight For Air Climb
  - o March 30, 2025
  - 4 downtown Des Moines buildings
  - o 85 floors; 1,796 stairs
  - Registration is only \$15 until October 15.
  - More details can be found at <a href="https://www.sethinten.org/DesMoines">FightForAirClimb.org/DesMoines</a>



# **TOBACCO CONTROL** Quarterly Newsletter

July-September 2024

# Iowa Students for Tobacco Education & Prevention

Our local ISTEP (Iowa Students for Tobacco Prevention and Control) chapters are excited to attend the yearly **ISTEP Summit**, where they are able to meet other students from across the state, learn about tobacco, and participate in fun activities!

If you have a youth group that is interested in creating an ISTEP Chapter, it's never too late to sign up to participate in activities all year! Please reach out to J<u>osie.Redman@Lung.org</u> to learn more!



# Youth Tobacco Control

Staff tabled at the **Annual Family & Youth Engagement Summit.** Staff shared My Life My Quit, ISTEP, prevention and cessation resources with those who work with foster youth and youth in the juvenile courts system. Thank you to the event planners for including the American Lung Association this year!

Staff also tabled at **Lincoln High School** in Des Moines for a Resource Fair during Lincoln's first conference event. Staff interacted with parents, teachers and students. Staff played Plinko trivia, answered questions and provided resources on ISTEP, My Life My Quit, and Quitline Iowa.





Website www.lung.org







# **Community Education**

In August, staff presented at a webinar titled, "Youth Vaping: Education and Support." Staff shared information on youth vaping trends and statistics, how tobacco and vaping companies market their products, and resources available to youth, families and providers. **Thank you to Blank Children's Hospital** for hosting and for inviting us to present and thank you to the 45 medical professionals who attended!



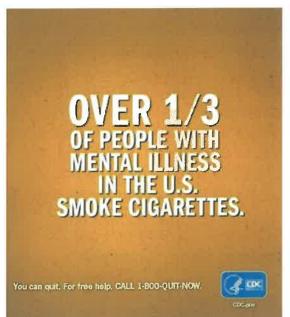
# **Tobacco & Nicotine Free Policy**

**Congratulations to New Beginnings Childcare & Preschool** in Waukee for implementing a comprehensive tobacco and nicotine free policy. This center puts the safety of their children, employees, and visitors first while providing wonderful learning opportunities for the children they serve.

If you are interested in implementing a tobacco and nicotine free policy for your worksite or childcare center, please reach out to <u>Beth.Timmerman@Lung.org.</u>



# Quitline



Quitting tobacco and nicotine is not easy. Congratulations to those who are working toward cessation and to those who are living tobacco and nicotine free!

**The American Lung Association offer frees trainings to providers on how to refer clients who wish to quit tobacco to Quitline lowa.** These trainings can be provided in as little as 15 minutes during a team huddle, or whenever fits your schedule! If you are interested in a training, please reach out to Josie.Redman@Lung.org.

If you are interested in learning more about tobacco and nicotine cessation, please contact Quitline Iowa for more information. Text "START" to 300500, call 1-800-QUIT-NOW (1-800-784-8669) or visit QuitlineIowa.org.









# **Board of Health dates 2025**

# **Second Thursday of odd months**

January 9

March 13

May 8

July 10

September 11

November 13

Time: 11 AM

**Jasper County Office Building** 

315 W 3<sup>rd</sup> St N, Large Conference Room, Newton, IA 50208

Meeting dates subject to change with Board of Health Approval

(Required to have 6 per year)

Jasper Co. Health Dept FY Public Health	July	Aug	Sept	Oct
Communicable Disease	5	3	4	7
TB medication per day	31	31	30	31
Immunization given	5	86	27	25
School Audits		N. a	1966	3414
Daycare Audits			321	229
Health Fair/Com Ed # people	27	56	91	3990
Car seat installed	2	2	0	4
Promotions/Outreach				
Instagram impressions	23	231	123	133
Instagram followers	509	512	514	519
Facebook impressions	14118	41221	17807	136658
Facebook followers	5105	5150	5162	5194
Twitter impressions				
Twitter followers	239	239	240	240
Media-articles, ad, mentions	6	9	8	4
Media reach: appr./15,000	90000	135000	120000	60000
Website reach	406	617	492	746
Home Care Aide - reimbursement				
Total Clients	7	7	6	6
Hours	66	56	48	56
Cost	\$2,310	\$1,960	\$1,680	\$1,960
Referrals Made				
# refertals	10	21	74	127
Grant billing				
Local Public Health Services	\$18,191	\$18,926	\$17,238	\$21,629
Emergency Prep- PHEP	\$5,059	\$1,967	\$1,655	\$1,227
Immunization grant	\$882	\$3,048	\$4,076	\$3,194
Other funding	\$500			
Total billed for month	\$24,632	\$23,940	\$22,969	\$26,051